Pause and Reflect



SAGITTA

005

Pause & Reflect

Pause & Reflect

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Pause and Reflect

Sagitta 2005







Suffield High School

1060 Sheldon Street
West Suffield, Connecticut 06093
(860)-668-3810

First Impressions to Lasting Reflections

Everyone can remember the first time they walked through the doors and entered into Suffield High School. Everything flashed through their heads from fear, to excitement, to curiosity, to dread. Every feeling that exists can be felt on your first day of high school.

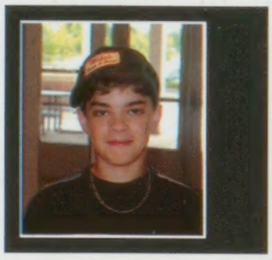
First impressions can stay with you forever, altering the way you think and act, although these impressions are not always true. Over the years many students change those views. Freshmen can be seen walking through the halls with a little less excitement than that of the average senior who has experienced both the highs and lows of high school.

In general, upperclassmen have gone through the more difficult stages and are now "blessed" with certain privileges. These advantages can completely change a student's view of high school. Knowing that graduation is finally approaching changes the outlook of going to school. It becomes more fun, spending these final times together with your friends before you all go to college and start a new life.

High school is the beginning of a long road ahead. And while you may not appreciate these four years now, they are the best years of your life, ones you will never forget about.



A Reflection for Every Year



"High school is great because it has a lot more freedom than middle school does."

- Scott Burnes
Freshman



"I thought high school would be fun and so far it has been."

- Chris Davis
Sophomore



"I thought each year would get harder but also fun at the same time."

- Chelsea Phillips
Junior



"When I first walked in I was scared, but I'm more relaxed now that I know more people."

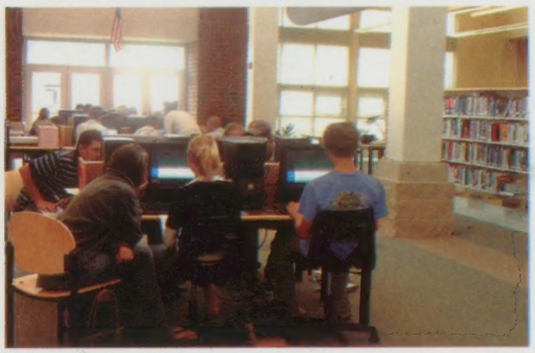
- Marissa Kiley
Senior





(left) The seniors reflect and look back on their past four high school years.

(below) A class congregates in the library for research on a recently given project.





(left) Students pass from class to class constantly throughout the day.

(above) A student athlete pole vaults with ease at one of the many school track meets.





(left) Students of every grade come together in the musical "Anything Goes."

Aunt Nance and Uncle Ned relax in front of the school after a long day of problem solving and class advising.



A Tribute to Aunt Nance and Uncle Ned

It is not often that a high school class is fortunate enough to be directed by such incredible minds. Nancy Lombard and Edward Sullivan are two of the most gifted class advisors in the school, and it has shown through the class's many accomplishments over our four years. Since freshman year, the Class of 2005 has raised thousands of dollars through several successful fundraisers, which would have been impossible without our advisors. From flower sales to Suffield on the Green, their influence ensures our triumph.

Mrs. Nancy Lombard has been a member of the Suffield High School Faculty for over twenty years. As the Title IX Coordinator and Life Education Curriculum Coordinator, as well as the chosen confidante of many Suffield students, she is an absolutely essential part of student life; without her, we would be lost.

Mr. Edward Sullivan has accompanied Mrs. Lombard in advising all three of their previous classes; they work impeccably well together and lead each class to success. Mr. Sullivan has been the head of the Guidance Department at Suffield High School for over twenty years and also advises the Giraffe Club, which generously provides aide to those in need around the community.

Both Mrs. Lombard and Mr. Sullivan have made an incredible contribution to the class of 2005. Over the past four years we have grown to love our class advisors; they have become the aunt and uncle of the class. We can not even begin to express our gratitude to Aunt Nance and Uncle Ned; without them, our four years of high school would have been a much less enjoyable experience. So thank you Aunt Nance. Thank you Uncle Ned. We will never forget the things you have done for us.

The Class Council
and
The Class of 2005







Clockwise from top: Aunt Nance and good friend Maurine Taravella keep in shape mentally and physically while reading on rollerblades.

Aunt Nance and Uncle Ned wait on the sidelines of the annual SHS Faculty vs. Suffield Emergency Services basketball game; one of the many events in which they participate.

The class advisors take time out of their busy schedules to pose with the class council in the Garden Club's floral area.



Joseph Abrams



Christine Adams



Daniella Andrade



Nicholas Balcezak



Holly Benard



Christy Biddlecom

Expect the Unexpected

Expectations for Senior Year

Senior year is the most exciting year of high school and along with that excitement comes many expectations. We are all happy to finally be moving on with our lives, but also sad to be leaving such a big part of it behind. Strong friendships have been formed, many memories have been created, and so much has been learned. In our senior year, we expected to have a break from all the stress and demands of previous years. There were many positive things to look forward to including easier schedules, senior privileges, and lots of free time. It was exciting to be taking another step in our lives and making decisions regarding plans for our future. Many people had their expectations met, while others were disappointed after finding out that senior year wasn't all that they thought it would be. At times, it was more stressful than we expected with college applications, deadlines, paperwork, and SAT's. We knew what we had to do though, and got it done by the end of the year. One thing nobody expected was that the year was going to fly by as fast as it did and come to a close so suddenly. Overall, senior year was an enjoyable year to look back on and reflect.



Kelly Blais



Jaclyn Blazy



Daniel Book



Kathryn Brewer



Christopher Bromson



Shaundre Brown



Catherine Brunette



Peter Brunette



Mitchell Buder



Brian Bujak



Seniors Colby Johnstone, Kristin Liquori, Dillon Tyman, and Taryn Ramsdell, Chris Rueli, and Laura Kehoe take advantage of their senior privileges by leaving school during their 7th period study halls.



Alex Munson relaxes in the Library after a hard day of school.



Kory Peterson checks his pocket watch and anticipates the end of the day.

Back to Old School

Our Freshman Year

Though the old high school had no air conditioning, and not as much technology as the new high school, everyone agrees that the old high school felt more like home. The lockers were broken and the books written in, but almost everyone loved being there with friends.

Walking through the old high school/new middle school one can remember the old high school even though just about everything has changed about the building.

Although we only had one year in the old high school, there were many unforgettable memories made. Many can remember their first year of high school, staring at the seniors in awe. The hallways of the old high school have filled students with memories of walking through the halls aimlessly or with purpose. There was a certain energy being able to walk where many successful people had gone. The class of 2005 had the great opportunity to see what was, to live what is, and to glance at what is to be.

Being the last freshman class in the building many will say was an honor, to experience the environment of the past years of Suffield. It is sad to know that the school has changed from what we knew, but there will be new memories made there!



Lauren Carroll



Nina Caruso



Lauren Chaplin



William Chapman



Victoria Christian



Lauren Cicitto



Heather Luzusky and Elizabeth Tittarelli made it through their difficult Freshman year of high school together.



This group of friends is smiling because they are headed to the new high school, but their memories of the old high school will remain.



Old Glory waves proudly outside our old high school before a busy day at school.



Jennifer Cmara



Michael Cocca



Jason Colapietro



Sarah Connolly



Zachary Connor



Christina Couture



Jennifer Crandall



Rachael Dardanelli



Cheryl Delaney



Tiffany Doane



Chelsea Donahue



Justin Drenzek



Allison Duni



Edwin Edwards, Jr.



Krystal Eisenhaure



Tom Emery

A Blast From the Past

Strolling Down Memory Lane

Do you remember Saved by the Bell or Full House? How about playing with Ninja Turtles or Nano Babies? These are just a few great memories from our past; things that no one could ever forget. Every once in awhile, these priceless memories are mentioned in passing, but they then begin a "stroll down memory lane." These conversations can go all the way back to the times when staying home on a Friday night for TGIF would bring satisfaction, to when playing Pogs was the "cool thing" to do. Whether the talk is about Nickelodeon shows like The Legend of the Hidden Temple, or favorite Disney classics like The Little Mermaid, everyone can agree that the memories are endless. Senior Nadine Wright states, "I love when my friends and I get together and talks about the past come up. One thing seems to trigger another and it brings up so many good memories from middle school." Chats about the past are without a doubt the most meaningful conversations friends can have. Not only do they bring about a sense of childhood, but they also make people realize how carefree and exciting everything was when they were younger. Memories are a way of reliving all of the great times from one's past, and they are something to be cherished.



Kayla Fahey



Ashley Fleming



Caylene Frechette



Christina Gancarz



Leah Garrapy



Stephanie Gauthier



Travis Gouvin



James Grant



Jana Haag



Lauren Hall



Robbie Poit has a great time playing in a castle with his favorite blanket from when he was a child.



Amber McFarland, Travis Gouvin, Liz Tittarelli, and Lauren Carroll get together to play a friendly game of Candyland.



Jason Luban stands tall and proud in his Teenage Mutant Ninja Turtle shirt.

A Year to Remember

Favorite High School Year

It is graduation day and upon looking back on your past four years, which year do you remember the most? Is it freshman year, filled with the worry of being in a new school? Or is it sophomore year, when the teachers are giving more CAPT pratice tests than anything else? Once completing these first two years, junior year is a reality check. Where will I go to college? What do I want to major in? What is my class rank? Will I do well on the SAT or ACT? Yes, junior year can be very stressful, but in the end the rewards are great.

Finally, senior year sneaks up on one with amazing speed. With senior year come the greatly anticipated replies from potential colleges, senior privileges, and a break from the recent stress. After graduation a senior can look back and say, "Wow, I finally completed school." Some will pursue their education at college, others will join the military, and even more will join the work force. Adults always say to cherish these years that all kids seem to dread, and it may be true. Now, it is our chance to find out the truth.



Ashlee Harnedy



Kevin Henderson



Amber Higley



William Hill, Jr.



Laura Hinckley



Benjamin Hunt

What's your favorite year?



Jenn Cmara and Wes Weber hang out at the beach during summer 2004. They used this time to relax before the stress of senior year.



Rachael Dardanelli and Tara Kirkland show their confidence of completing freshman year. Looking ahead they can see two more seemingly easy years of school.



Erin McHugh and Sarah Padegimas share a good time on New Years night 2002. Thinking back on freshman year, Erin McHugh admits "As a freshman I was really intimidated by upperclassmen, but I loved the attention, whether it was good or bad."



Brianna Hunt



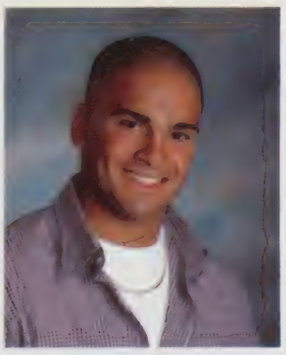
Julie Jenkins



Colby Johnstone



Shawna Jones



Nicholas Jubrey



Alex Justesen



Laura Kehoe



Jameson Kerr



Marissa Kiley



Haley Kirkland



Tara Kirkland



Jonathan Kozloski



Eric Lacivita



Brian LaFlesh



Nathan Lamagna



Steve Lapane

Diagnosis: Senioritis

A Common Epidemic

As the end of the year approaches, or for some even the first day of school, the yearning for graduation begins. The contagious disease commonly known as Senioritis spreads rapidly among the class. Dr. Shultis states "Officially there is no such disease as Senioritis, but hypothetically if there were such many of us are well aware of the symptoms." Symptoms are brain malfunctions, procrastination, claustrophobia, and narcolepsy. Unfortunately, this is just the beginning. Not only are the students affected by this serious disease but also the teachers. Señor Steven Shultis is one out of the many teachers who has experienced this disease first hand. "Once they get their college acceptance letter they think they're done. The seniors basically end up like they began in kindergarten. Hopefully their paintings have improved since then." Many hope that this disease will vanish, but many doctors within these walls have lost all hope. Many wonder what the cure to senioritis is, but after numerous studies the only answer found is graduation. As the seniors throw their caps in the air after the ceremony, they look back and wonder where the time has gone.



Jennifer LaPlant



Andrew Laureno



Katelyn Lavoie



Chelsea Lawrence



Kelie Lee



Kristen Lefferts



Emily Leveille



Kristin Liquori



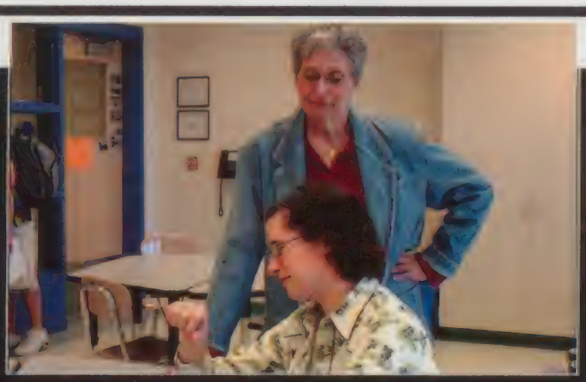
Sarah Loveland



Jason Luban



Amber Higley and Ralph Otero take their last glance behind before Mr. Garvey and Mr. Jones catch another senior cutting the day short.



Gloria Roy peers down upon the unfortunate Emily Leveille. Emily sits and wonders if her watch has stopped because time certainly feels like it has.



Steve Monteleone and Robyn Smith unfortunately suffer from a severe case of narcolepsy that prevents them from learning the day's lesson.

Let the Good Times Roll

Night Life in Suffield

It's Saturday night and you're in Suffield, Connecticut. Where will you be? In a town with so many exciting options, the possibilities are endless. Whether we find you sitting in Atlas Coffee House waiting to discover what the night has in store, or enjoying a delicious frozen treat at Scoop DuJour, you're guaranteed a thrilling evening in our town.

In this party city, anything is possible. From bonfires to dance parties, secret agent missions to renting a good flick, we always have fun together.

Several of us enjoy dining out, and others love to frequent the bowling alley. Some play poker, and others partake in intense games of trivial pursuit. Many visit the mall, and others work out at the gym; these are only a few of the widespread options at our fingertips.

The truth is, here in Suffield, imagination is key; one must make his or her own fun. On some nights, when no one can think of anything worthwhile to do, sitting at someone's house with your closest friends can be enough.



Matthew Makaravitz



Ryan Maliga



Timothy Mandirola



Christina Marek



Rebecca Marronn



Jeffrey McBride



Lisa Patstula, Mary Robinson, Selena Starr, and Elianna Starr discuss the latest gossip over a delicious cup of hot tea at Atlas Coffee House.



Katelyn Willoughby, Rachael Dardanelli, and Holly Benard enjoy an exciting night at Rachael's annual slumber party.



Andrew Laureno and Kristin Liquori enjoy a relaxing evening at a friend's house after a long fall day of picking pumpkins.



Amber McComas



Amber McFarland



Sean McGuinness



Erin McHugh



Ashley McMann



Samuel McMurray



Emily Merrick



David Moriarty



April Morrison



Michael Morton



Jillian Moser



Alexander Munson



Scott Murdock



Thomas O'Brien



Rafael Otero, Jr.



Sarah Padegimas

Looking Up

People We Admire

During childhood, many children look up to the people around them; talking like them, dressing like them, and acting like them. As you grow up you begin learning the things in life that are important to you, and start becoming your own individual. As you start to explore your own life... listen to your own music, hang out with your own friends, choose the books that you want to read, and watch the station that entertains you the most, you begin to gain your own role models. These people inspire you, and in times of need or times when you just need a good laugh, something to watch, something to read, or just someone to talk to, these are people that you can look up to. We asked a few people who they looked up to and why; in response Edwin Edwards said, "I look up to Eddie George because he's a good role model and a very good football player that has many achievements. He's broken many records and I'd like to have the same success." Besides sports, many people also have family and entertainment role models. Christina Couture said, "I look up to JRR Tolkien because he's an incredible author and he uses experiences from the war and his knowledge of language to create the Lord of the Rings. He's a highly intelligent person with a great love of nature." So as you grow up and keep learning, ask yourself... are you "Looking Up?".



Rachel Panasiewicz



Ashley Parker



Lisa Pastula



Jaime Pearsons



Kara Pellin



Timothy Pepler



Kory Peterson



Siena Picchioni



Robert Poit



Devin Potter



"I look up to my brother because...

"... my brother has gotten his life together and has turned into a good example that I have the opportunity to look up to." - Kelsey Sheehan

"I look up to my mother because...



"...she's always been there for me and I know I can always turn to her."- Janna Haag



"I look up to Van Halen because...

"...Van Halen has shown me how much music can offer a person." -Dan Sablotny

Destination: Graduation

To Do List for Senior Year

With Junior year finally in the past, havoc begins to reign as seniors begin their final and most demanding year of high school. Students must manage sports, extracurriculars, school, and work, in addition to completing their applications before each college deadline. Many seniors will succumb to the plight of senioritis and come January are overwhelmed with their never-ending to- do list.

To avoid such anxiety, it is key to have manageable classes, while maintaining a somewhat rigorous schedule, especially with such a competitive national class of 2005. On the other hand, a demanding schedule can be difficult to handle with an overload of extracurriculars.

The majority of our student body is active in the school community and participates in a number of organizations and events, such as class council, the musicial, sports, newspaper, senate, and FFA. In addition, most of the senior student body has jobs, putting in from ten to forty hours each week! Having various responsibilites can be difficult to keep up with at times, but don't give up!

In the end, it is important to enjoy your senior year and have fun, for June will sadly and quickly approach and our class will then go on to bigger things. It is our duty and our responsibility, as the Class of 2005, to keep our school spirit alive past graduation and with us for the rest of our lives.



Stephanie Raducha



Taryn Ramsdell



Leroy Robinson



Mary Robinson



Nicolas Roder-Hanna



Teresa Rogers



Nick Roder-Hannah and Josh Saviski must manage school with their busy work schedule. Both seniors work in the meat and seafood department at Highland Park Market.



As a member of Class Council, Chelsea Lawrence works the Class of 2005 booth, selling delicious snow-cones and raising money for our class.



April Morrison gladly accepts Leroy Robinson's late class dues from freshman year. Without paying the last of his dues, Leroy would not be able to go to prom among other senior class traditions.



Melanie Romano



Christopher Rueli



Daniel Sablotny



Joshua Saviski



Rebecca Schnaarz



Michael Schorr



Chelsea Seabury



Kelsey Sheehan



James Sheridan III



Katelin Sherman



Aaron Smith



Robyn Smith



Lanze Spears



Kelly Spremulli



Stephen St John



Elianna Starr

The Doctor Is In

Giving Advice to Underclassmen

Whether it is doing your homework or getting to class on time, many pieces of advice can be passed on to the underclassmen. Over the years we have learned so much about the high school experience, and though we will never know everything, we can still give many good hints and tips for the years that will follow us.

Jaclyn Blazy advises that the underclassmen should never procrastinate. She adds that when a student is given an assignment they should get it done as soon as possible. Another senior, Lisa Muscarella states, "Pick your classes wisely, until you get older, you'll never understand how important these classes are."

While some fear being an underclassman, one senior, Victoria Christian, eases their worries by saying, "Enjoy being an underclassman while it lasts, because when junior year comes around, you'll miss it." Also, upon entering high school, many students become involved in co-curricular activities. "The best thing to do when you're in high school is to get involved with clubs and activities," as Emily Leveille states.

Although we can advise the underclassmen on certain topics, the only way to fully experience high school is to make your own choices. Choose your decisions wisely and you will succeed.



Selena Starr



Aaron Stepanek



Steven Sutton



Megan Sweeney



Whitney Tagliavini



Ashley Taylor



Elizabeth Tittarelli



Joseph Todd



Jason Trombly



Anthony Trout



Riel Hoffacker, an SHS junior, jots down some important pieces of advice from senior, Victoria Christian.



John Gancarz looks to his older sister, Christina Gancarz, for some helpful tips on his upcoming years.



Lauren Chaplin advises a group of freshmen girls on what classes to take while in highschool.

Looking Ahead

Future Goals

Many students can not wait to get out of high school. Some will go to college and others will join the military or the work force. They will become tomorrow's doctors, lawyers, and businessmen. Some students in our class will go on to become heroes and protect our country.

Many students have goals that they will accomplish after they graduate. High school is just another stepping stone on the way to their goals. These goals have fueled their hard work during high school and will continue to push them through the years ahead. Dreams of who they will become have filled their heads since they were young but, hours of hard work are still ahead.

There are many opportunities for growth in college. Studying abroad and internships are only some of the tools are needed to accomplish these goals. The people you meet along your journey will affect your path more than you think.

Other students will leave high school with no idea of what they want to. Indecision is just another part of growing up. Eventually, they will find their paths and realize their goals. Ten years from now many students have accomplished their goals. Others will have made new ones. Just remember, life is the journey and not the destination.



Dillon Tyman



Scott VanHaltern



Ara Washington



Jennifer West



Christina White



Katelyn Willoughby



Holly Benard puts her future nursing skills to use by helping out fellow classmate Daniela Andrade.





Laura Kehoe writes notes on her sheet music like she will have to do when she becomes a music teacher

Sitting at a teachers' desk in the front of a classroom full of students Kara Pellin puts her future teaching skills to the test.



Ryan Wilson



Nadine Wright



Lindsay Bertrand



Heather Luzusky



Morgan VonEisengrein



Christina Banas



Brian Boglisch



Andrew Burks



Caitlin McGunigle



Nicole Engel



Steven Monteleone

Couldawouldashoulda

What would you change?

Is it possible to finish high school without any regrets? Sometimes we wish that something would have happened differently, that we could go back in time, to make everything right. Many seniors would like to have joined more clubs, participated in sports, or simply tried harder. It is nearly impossible to experience all of the components of high school, especially because of the busy schedules. But things always seem to work themselves out with time, and now, leading up to the end of our senior year, we have a moment to reflect.

Oftentimes we have enough accomplishments which overcome our disappointments. A student who didn't have the chance to join a sports team may have been the newspaper editor or vice versa. One other regret that many people have is that they chose the wrong classes. This could be taking classes that weren't of interest, too difficult, or even too easy. Some students who like a challenge may not have gotten that from certain courses, while others who expected simple courses found out that they weren't so easy after all.

Despite any regrets that seniors have, everyone has had the opportunity to enjoy high school. Hopefully in the future, as everyone changes, they will find out that they really didn't need to change anything at all.



Robert Howe



Carmen Lucarz



Wesley Weber



Nathaniel Slater



Chritine Pepka

Not Pictured:

Matthew Baker
Richard Bernard
Miroslav Colburn
Allen Collins
Caitlin Cooley
Paul D'Elia
Michelle Fugerson
Lisa Muscrarella
Robert Price
Daniel Thomas



Nicole Engel and Lauren Carroll said that they would have spent more time hanging out together over the previous three years at SHS.



Andrew Laureno and Dan Sablotny ponder what would have made their high school careers more interesting, only to come up with, "We should have shaved more."



Haley Kirkland, Brianna Hunt, and Teresa Rogers strike a crazy pose, and reply that they would have "had more fun playing in the cubbie hole."


PERIOD
BONUS
PLAYER FOULS
FOULS
1978
SUFFIELD HIGH SCHOOL
STATE DIVISION II
ICE HOCKEY CHAMPIONS
1978-79
1981
SUFFIELD HIGH SCHOOL
STATE 'S' CHAMPIONS
BOYS BASKETBALL
1984-85
Class of 2005


1998
SUFFIELD HIGH SCHOOL
STATE CHAMPIONS
CLASS 'S'
GIRLS SOCCER
1998
1998
SUFFIELD HIGH SCHOOL
STATE CHAMPIONS
CLASS 'S'
BOYS INDOOR TRACK
1999
1999-2000
SUFFIELD HIGH SCHOOL
STATE CHAMPIONS
DIVISION II
ICE HOCKEY
1999-2000
2000
SUFFIELD HIGH SCHOOL
STATE CHAMPIONS
CLASS 'M'
GIRLS SOCCER
2000

(below) A little friendly competition between Mr. "G" and Mr. Gotto never hurt anyone, right "G"?



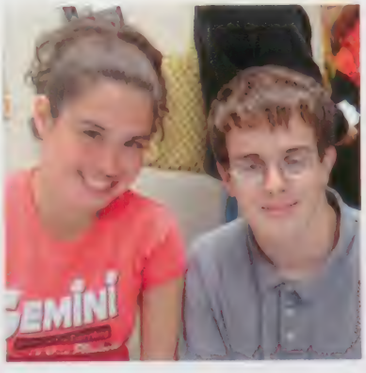
(right) group of friends: Shawna Jones, Tiffany Doane, Krystal Eisenhaure, Shaundre Brown, Christy Biddlecom, and Edwin Edwards know how to have a good time together everyday!

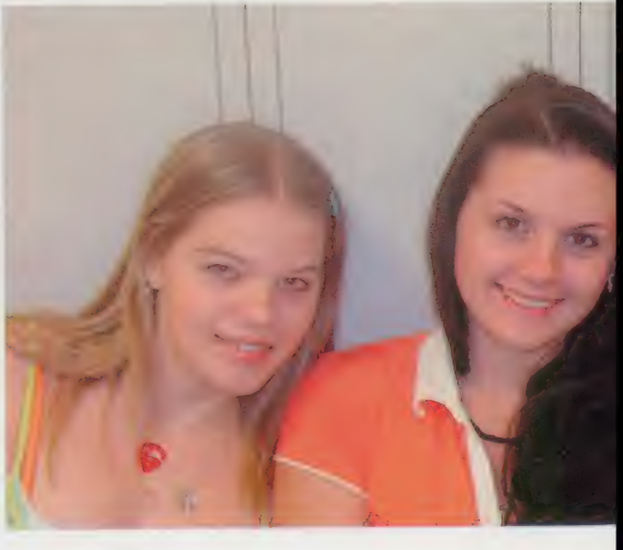




(above) Kelly Spremulli and Jennifer West take time out of their hectic schedules to pose for a beautiful picture.

(right) Siena Piccioni and Peter Brunette know how to help each other in and out of class.





(right) Kelie Lee, Nicole Engle, and Lindsey Bertrand know to that they can find each at their lockers if they ever have a problem.





You and Me, *ME AND YOU*

FRIENDSHIPS THAT LAST

You're having a bad day and you don't know what to do...so what do you do? You go talk to your best friend of course! Friends are people that can lift your spirits when they are low, and make you laugh when you are frowning. A friend will give you a shoulder to cry on or a pat on the back for doing a great job. These days, trusting someone is often a hard thing to do but knowing that you can confide in a friend is easy. Whether you and your friend are going to the movies or just hanging around the house you know that you'll have fun being around each other.

Everyone has their little quirks in life, and you know your best friends by heart. Some signs of friendship: Your best friend borrows a shirt and does not give it back until a few months later; when going to a friend's house you do not ask what to is to eat, you open the fridge and find out for yourself; you know when a friend is sad even though they say they are OK; you can act crazy without feeling stupid.

There are many friendly people at Suffield High, so when you see someone smiling, be sure to pass that smile along!

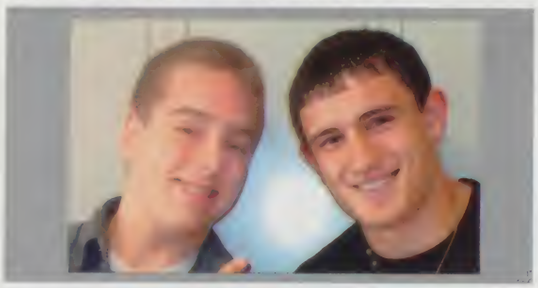
A friend is someone who...



Jennifer Cmara and Lauren Caroll

" Jenn's the kind of person that makes a bad day better, who will catch your tears and help conquer your fears"
-Lauren Carroll '05

"A friend is someone who knows the song in your heart, and can sing it back to you when you'd be forgotten the words. Someone who knows everything about you and still loves you!"
-Jennifer Cmara '05



Ryan Wilson and Kory Peterson.

"Ryan is the greatest friend of friends. He's the kind of guy that will let you bum a couple bucks, invite you to swim, teach you how to grind, lend you his truck and just always be there for you. I OWE A LOT TO YOU MAN. Love ya'"
-Kory Peterson '05

"Kory is the perfect example of a best friend who is always there to help no matter what the problem. Kory is also a person who you can't help but laugh when you hang out with him. He is also the type of person that would help you meet the perfect girlfriend, which I owe him BIG for. Thanks for being there Kory!"
-Ryan Wilson '05

Superlatives

Best Friends Male/Male



1. Nicholas Jubrey
2. Kory Perterson
3. Brian Laflesh

1. Scott VanHaltern
2. Ryan Wilson
3. Devin Potter

Best Friends Female/Female



1. Holly Benard
2. Christina Marek
3. Kelly Blais

1. Katelyn Willoughby
2. Taryn Ramsdell
3. Krystal Eisenhaure

Best Friends Male/Female



1.Kristen Lefferts
2. Siena Picchioni
3. Victoria Christian

1. Mitchell Buder
2. Peter Brunette
3. Justin Drenzek

Most Spirit



1. Whitney Tagliavini
2. Kristen Lefferts
3. April Morrison

1. Mitchell Buder
2. Christopher Bromson
3. Kory Peterson

Teacher's Worst Nightmare



1. Brianna Hunt
2. Caitlin McGunigle
3. Tara Kirkland

1. Robert Price
2.Thomas O'Brien
3. Edwin Edwards

Best Looking



1. Jaclyn Blazy
2. Kelly Spremulli
3. Emily Merrick

1. Michael Schorr
2. Chris Rueli
3. Joseph Todd

Class Flirt



1. Scott VanHaltern
2. Nicholas Jubrey
3. Christopher Rueli

1. Christina White
2. Jennifer Cmara
3. Caylene Frechette



Best Hair

1. Tiffany Doane
2. Lauren Chaplin
3. Kelly Spremulli

1. Christopher Bromson
2. Nathan Lamanga
3. Daniel Sablonty



Best Smile

1. Sarah Padegimas
2. Megan Sweeney
3. Kelly Blais

1. Michael Schorr
2. Scott VanHlatern
3. Chris Bromson

Most Notable Laugh



1. Allison Duni
2. April Morrison
3. Whitney Tagliavini

1. Andrew Laureno
2. Joeseph Abrams
3. Sean McGuinness

Most Talkative



1. April Morrison
2. Allison Duni
3. Whitney Tagliavini

1. Christopher Rueli
2. Sean McGuiness
3. Thomas O'Brien

Class Cutie



1. Eric Lacivita
2. Brian LaFlesh
3. Devin Potter

1. Jennifer Cmara
2. Caylene Frechette
3. Kelly Spremulli

Best Dressed



1. Michael Schorr
2. Christopher Bromson
3. Christopher Rueli

1. Elianna and Selena Starr
2. Emily Merrick
3. Jaclyn Blazy

Best Personality



1. Christina Gancarz
2. Chelsea Seabury
3. Kristen Lefferts

1. Ralph Otero
2. Joshua Saviski
3. Mitchell Buder

Shyest



1. Elianna Starr
2. Selena Starr
3. Jillian Moser

1. Peter Brunette
2. Daniel Book
3. Robert Poit

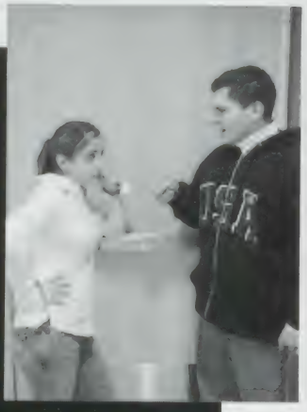
Class Clown



1. Kristen Lefferts
2. Teresa Rogers
3. Allison Duni

1. Paul D'Elia
2. Joshua Saviski
3. Ralph Otero

Most Argumentative



1. Kayla Fahey
2. Chelsea Donahue
3. Jaclyn Blazy

1. Timothy Pepler
2. Sean McGuinness
3. Mitchell Buder

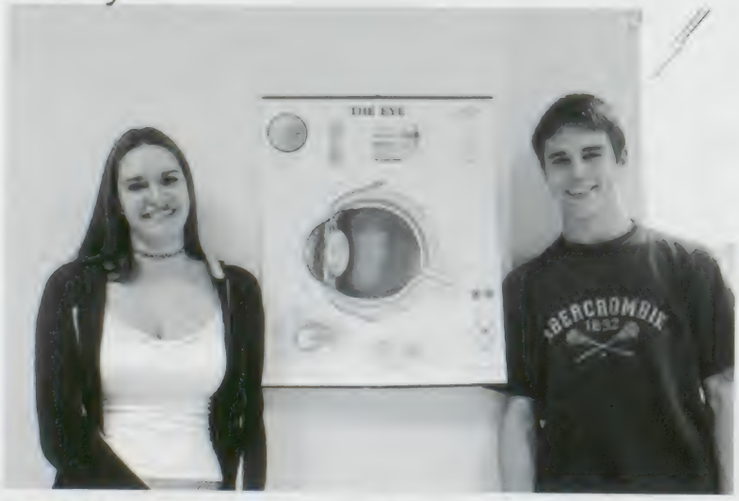
Class Individualist



1. Melanie Romano
2. Brianna Hunt
3. Haley Kirkland

1. Joshua Saviski
2. Stephen St.John
3. Daniel Sablotny

Best Eyes



1. Rachel Panasiewicz
2. Jennifer Cmara
3. Kelly Blais

1. Colby Johnstone
2. Joseph Todd
3. Andrew Burks

Changed The Most



1. Brianna Hunt
2. Haley Kirkland
3. Catherine Brunette

1. Joshua Saviski
2. Stephen St. John
3. Travis Gouvin

Dazed and Confused



1. Christina Merrick
2. Nina Caruso
3. Jennifer Cmara

1. Dillon Tyman
2. Thomas O'Brien
3. Christopher Bromson

Class Athlete



1. Whitney Tagliavini
2. Megan Sweeney
3. Kristen Lefferts

1. William Hill
2. Edwin Edwards
3. Aaron Smith

Class Musician



1. Laura Kehoe
2. Jamie Pearsons
3. Lauren Cicitto

1. Joeseph Abrams
2. Daniel Sablotny
3. Alexander Munson

Most Likely To Embarrass Themselves In Public



1. Victoria Christian
2. Christina White
3. Kristen Lefferts

1. Thomas O'Brien
2. Christopher Rueli
3. Paul D'Elia

Most Likely To Stay In Suffield



1. Victoria Christian
2. Emily Leveille
3. Ashley McMann

1. James Sheridan III
2. Justin Drenzek
3. LeRoy Robinson

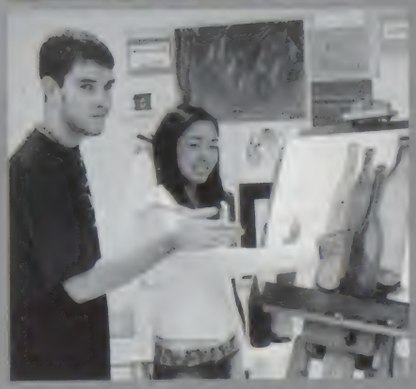
Most Likely To Make A Million



1. Robyn Smith
2. Laura Kehoe
3. Lisa Muscarella

1. Christopher Bromson
2. Daniel Book
3. Mitchell Buder

Class Artists



1. Selena Starr
2. Elianna Starr
3. Lauren Cicitto

1. Alexander Munson
2. Peter Brunette
3. Shaundre Brown







Clockwise from top:
Stephanie Henao and Zack Voncummer enjoying a game of chess in the library.

Kieran Kirkland testing his basketball skills in Physical Education class.

Donya Salei, Lauren Smith, Andrea Ruotolo, Lauren Cohonick, Tracy Minch, Kathryn Betts enjoy their lunch time togehter.

Underclassmen

A group of Junior girls prepare for the night ahead at the Vollyball Marathon.



The word "underclassman" may take on many definitions. One may interpret the word to mean any student in the High School who is not a senior. To others, it may connote inexperience or immaturity. Though most underclassmen are not immature, all are inexperienced in one way or another. The high school atmosphere is much different than middle school, and for some, it is a difficult adjustment.

Though at times it may seem as though there aren't enough hours in the day, or that the workload is too much to bear, the senior class is proof that we can all make it through. Your hard work will most definitely be rewarded in years to come.

Underclassmen

The majority of the school is made up of underclassmen, whether they are freshmen, sophomores, or juniors. In high school it is about growing, as many of the underclassmen learn. As underclassmen, they are expected to pass the required classes in order to move up a grade, also, they have to start to plan their future by the time they reach senior year. Freshmen are just learning what high school is really all about. While sophomores are now starting to get the hang of high school, as the classes are getting tougher. Juniors are in their hardest year, while also trying to prepare for the up coming hectic senior year. From the day they first step into high school until the day they leave, many have been taught new lessons.



(below) Courtney Bednaz and Lauren Kochanek dancing during the Freshman/Sophomore Semi-Formal.





(above) Freshman, Luke Anderson , concentrating on his soccer game.
(left) Patrick Cooper, Brian Lareau, Mike Zepp and Mike Dzioba gather for a picture.

Juniors

Beth Alaimo
Jessica Anderson
Michael Ansman
Joseph Antelmi
Gillian Baxter
Jason Beck
Mark Beltramello



Julie Blair
Christopher Bologna
James Bouchard
Matthew Bouchard
Jamie Brause
Ashley Bridgman
Melanie Brown



Shante Brown
Sarah Brueno
Kyle Brunault
Daniel Bryll
Sean Burlingham
Daniel Candella
Christine Cannon





Ryan Cappa
Rachel Chittenden
Kasey Christian
Lauren Christofori
Lea Collins
Emily Corallo
Elena Corsair

Rachel Cosker
John Cummins
Shaina Cunningham
Leah Czarnecki
Jaclyn Czerniak
John Daly
Michael Deedy

Michael Devine
Sean Devlin
Katherine Donovan
Alexander Doran
Meredith Doyle
Timothy Dupuis
Michael Dzioba

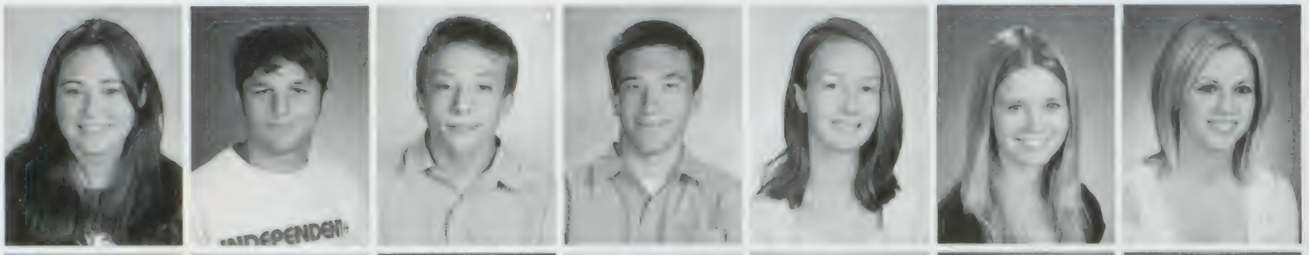
Christopher Ewald
Nicholas Fasano
Erik Ferguson
Jason Fletcher
Brianna Flynn
Dallas Flynn
Ryan Forcellina

Samuel Forster
Justin Foss
Elizebeth Fuller
Angela Giallanza
Catherine Giallanza
Jessica Giller
Jill Grakowsky

Cassandra Gutkowski
Douglas Hackenyos
Jacklyn Harris
Jonathan Haslam
Kelly Heath
Stephanie Henao
Joshua Hirst

Muriel Hoffacker
Jeffrey Holmes
Gabrielle Howe
Justin Hutchins
Nicholas Jansen
Meaghan Kennedy
Nicole Kenney

Kristine Kiely
Robert Kingman
Matthew Kozaczka
Zachary Kozaczka
Anna Kubetin
Aimee LaBarre
Karah Laprade



Kristen Lareau
Joseph Lawrence
Ryan Lee
Nicole Lemire
Shane Lewis
Valerie Longhi
Danielle Loughrey



Nicole Lussier
Dionna Macari
Matthew Makaravitz
Nicholas Marin
David Marryat
Ross Marx
Peter Masso



Derrick Mathieu
Ashley Mattsen
Kevin Maynard
Rayshelle Mazur
Kimberly McGann
Lauren McGuinness
Katherine McKeon



April McWha
Heidi Michalewicz
Mallory Mitchell
Amanda Moler
Evan Moreau
David Morel
Madison Munson



Shannon Murphy
Emily Nilson
Kalina Nowak
Veronica Nunes
Brenna O'Brien
Jessica O'Leary
Matthew Olson



Jessica Orr
Richelle Ouellette
Michelle Owens
Colin Packard
Betsy Pagan
Thomas Parise
Eric Parsons





Chelsea Phillips
Jaron Pioggia
Christopher Poit
Melinda Polek
Robert Price
Christopher Puerta
Heather Reed

Jamie Regan
Katrina Reynolds
Nathan Rheault
Amber Riccio
Brian Richardson
Kaitlyn Rickard
Matthew Rigby

Laura Rinaldi
Andrea Roccanti
Iris Said
Michelle Salamone
Ann Santaniello
Alex Sauter
Lindsay Schultz

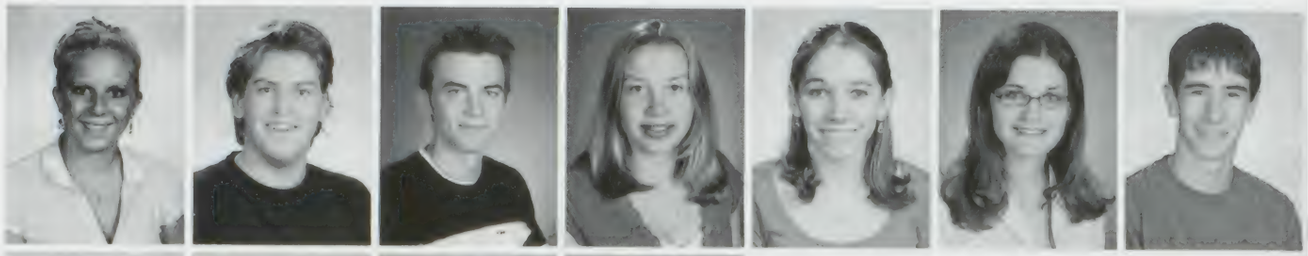
Dane Scozzari
Jennifer Senofonte
Ryan Shea
Aaron Shelanskas
Thomas Sheridan
Stephanie Shimmel
Emily Sikes

Charlotte Simmons
Michael Sirois
Danielle Sitler
Chelsea Skawski
Lindsay Small
Kathryn Smith
Jessica Springsteen

Alisha Stafford
Krista Stepansky
Kelly Sullivan
Jonathan Tautic
Jason Thresher
Gregory Tower
Michael Trippodo

Matthew Tyo
Tyfani Unger
Katherine Vaughan
Zachary Vonkummer
Givanina Vono
Joshua Waddell
Courtney Walker

Erin Waters
Adam Weathers
Paul Werth
Emily Willoughby
Carla Wilson
Christine Wilson
David Wilson



Shawna Withee
Nicholas Wosko
Eric Zaczynski
Benjamin Zavisza



not pictured: Stay-C Cauley, Francesca Cordi, Amy Dombrowski, Steven Kozacka, Christopher Kwiat, Christopher Markowski, Kelly Pagano, Cory Reino

Sophomores

Ashley Adams
Jacquelyn Adams
Tyler August
Katlin Baker
Matthew Banak
Jessica Banks
Thomas Barker



Michael Barten
Alicia Baumann
Courtney Bednaz
Christopher Benson
Peter Bermani
Lauren Bernstein
Scott Berry



Paul Berube
Brian Betts
Kathryn Betts
Gina Bianchi
Samantha Bieleski
Aaron Bielonko
Michael Binczewski





Joshua Block
Ivan Bojic
Brooke Boucher
Nicole Boudreau
Caitlin Brault
Anastasia Breault
Matthew Breese

Matthew Brew
Alexandra Bromson
Benjamin Brown
Keriann Brunault
Adam Bulgajewski
Richard Burke
Jessica Burnham

Jonathan Calderone
Leah Camilleri
Rachel Campion
Brian Carney
Alexander Carroll
Adam Cascio
Derek Chapin

Melanie Chapman
James Chmiel
Michelle Clayton
Kelley Cmara
Jeffrey Colapietro
Sara Coleman
Nico Connor

Matthew Conway
Michael Cooper
Patrick Cooper
William Craven
Erica Cross
Timothy Crouse
Gregory Daley

David Dardanelli
Christopher Davis
Shannon Delaney
Morgan Denno
Kimberly Denue
Brian Depray
Tyler Diprato

Christina Doane
Zachary Donais
Stephanie Doucette
Kimberly Dupuis
Christina D`Orazio
Gretchen Eastman
Kyle Eisenhaure

Robert Emery
Adam Fields
Chloe Fortin
Andrew Gabel
John Gancarz
Arianna Garcia
Sara Gardocki



Lauren Gates
Wayne Gates
Patricia Graham
Sydney Grout
Jason Halse
Laura Hawk
Brian Hays



Nicole Henao
Kyle Henry
Shannon Heyse
Robert Hill
Daniel Holmes
Erin Horanzy
Jeremiah Hunihan



Sara Jackson
Resha Jacquier
Tanya James
Danielle Jarinko
Alyssa Johnson
Thomas Johnston
Andrew Jones



Shawn Jordan
Dylan Keenan
Michelle Kelly
Kyle Kennedy
Sean Kennedy
Kaitlyn King
Kieran Kirkland



Bethany Klose
Lauren Kochanek
Sara Kubetin
Ashley Labarre
Paul Laflesh
Elizabeth Lancaster
Stephanie Landry



Brian Lareau
Shelia Leary
Joel Lee
Runyon Lewis
Amanda Lineweber
Anthony Longhi
James Lord





Wesley Lowderback
Patrick MacNeely
Diana Mark
Andrew Martin
Natalie Mazzetta
Shannon McCann
Adam McFarland



Chloe McKay
Noah Mealy
Maxwell Merrill
Christina Mikkelsen
Nicole Mitchell
Traci Mnich
Danielle Monsiegneur



Krystal Montgomery
Danielle Moores
Vincent Morelli
Sean Morrison
Shelien Muratori
Bryanna Neale
Carly Neilson



David Newell
Lydia Nicoll
April Nicotera
Ayesheh Nims
Alexandra O'Halloran
Shaun O'Hara
Patrick O'Kane



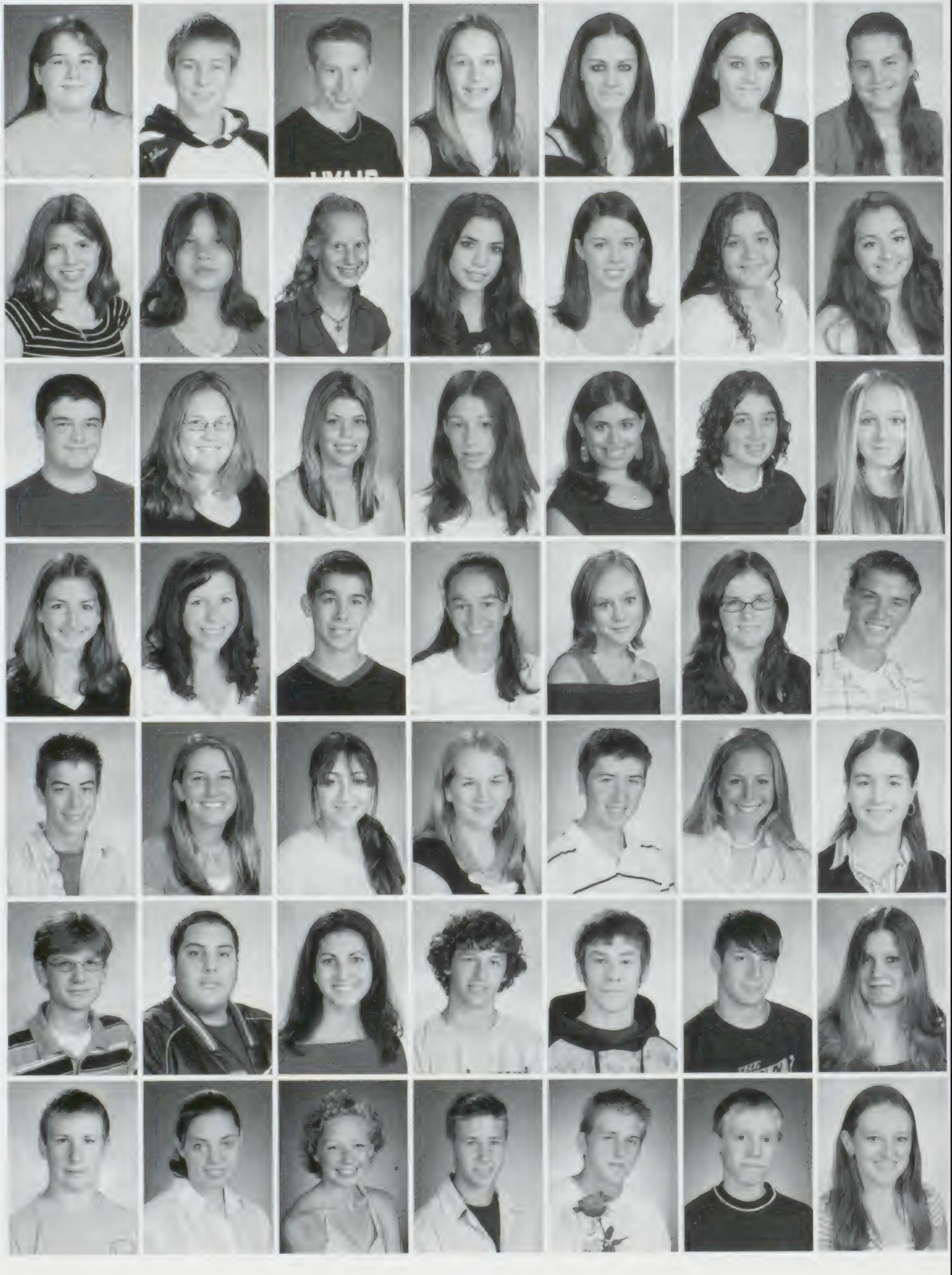
Patrick O'Malley
Stephanie Ocasio
Amy Padrevita
Joseph Panasiewicz
Marissa Parker
Roydel Patterson
Cassandra Pavel



Patrick Pease
Carrie Perkins
Kyla Phelps
Richard Pianka
David Pianki
Brandon Piastka
Mark Provera



Chelsea Ranstead
Mary Remotti
Simone Remy
Kellen Rice
Lauryn Richmond
Samantha Ridley
Alicia Ripoll



Anna Rollet
Dale Rollet
Michael Romano
Crista Rookey
Alaina Rossetto
Angela Rossetto
Shaina Rostek

Gina Roy
Johanna Ruckey
Andrea Ruotolo
Dunya Saleh
Jennifer Sansom
Michele Santiago
Nicole Santiago

James Sanville
Crystal Saunders
Lauren Scandura
Nicole Schools
Amanda Scozzafava
Brynn Scozzari
Keri Senter

Elizabeth Shamy
Sara Shea
Justin Sheridan
Aneisa Sherman
Rachel Sherwood
Heather Short
Nicholas Shute

Matthew Silva
Kathryn Simison
Whitney Simons
Carina Slimm
Kyle Smith
Lauren Smith
Maureen Smith

Ryan Smith
Eric Soto
Kathryn Spencer
Anthony Sperrazza
Scott Spremulli
Joseph Stepansky
Samantha Suitter

Patrick Sullivan
Steffani Summerlin
Eleanor Sutton
Bennett Sweeney
Sergi Switalski
Erik Taylor
Ashley Thibodeau



Christopher Topor
Kimberly Toussaint
Steven Treglia
Nicole Turgeon
Jami Turner
Alyssa Ullmann
Tierney Vandervoort



Mark VanHaltern
Navina Vemuri
Sebastian Venegas-Martinez
Robert Venturo
Corey Vogt
Justin Washburn
Ashley Wells



Benjamin Wilkinson
Matthew Williams
Sean Willoughby
Christine Wilson
Travis Wilson
Allyson Winne
Alexander Wright



Jeanette Yuodis
Allison Zaczynski
Lyndsey Zavisza
Peter Zywiak

not pictured: Larry Cauley, Brian Herring, Sara Jackson, Gregory Moser, Sara Seekins, Tung Tran

Freshmen



Ashley Agudelo
Kirstie Albert
Nathan Allard
Luke Anderson
Jeremy Antiuk
Emile Backes
Steven Barthen

Taylor Bartini
Mary Bauchiero
Lauren Beaulieu
Breana Beck
Lisa Beltramello
Ashley Biddlecom
Kelly Bielonko



Bojan Bojic
Nicholas Bologna
Lisa Bornas
Tammy Bosley
Ashley Boudle
Brett Boudreau
Alicia Boyd



Elizabeth Breen
Jeffrey Brightman, Jr.
Brittany Brown
Edgar Brown
Kayleigh Brown
Rachel Brueno
Joshua Burnham



Scott Burns
Kaitlin Butterfield
Sean Cain
Stephen Cannon
Ashley Carra
Maxwell Carroll
Christopher Cascio



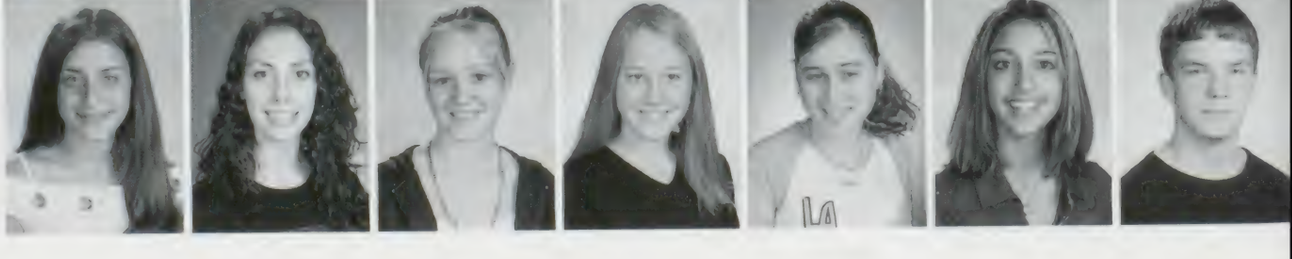
Jennifer Case
James Cecere
Edward Cerri
Kara Chamberlain
Kelly Christian
Jessica Christofori
Samantha Cieri



Christopher Coates
Meghann Cocca
Dominic Colarusso
Chavon Coleman
Amy Collins
Sean Congden
Kevin Connelly



Margaret Cooper
Jessica Corallo
Samantha Coventry
Brittany Crosby
Tayler Crosby
Alexandra Czerniak
Justin Dailey





Kyle Dalrymple
Siobhan Davis
Alexandra DeLeon
Shawn DeFord
Brianna Deluco
Rosa Devito
Laura Dorman

Dustin Doyon
Christopher Drake
Emily Droney
Michael Duncan
Adam Dwelley
Amanda Elcock
Kelsey Emmons

Eden Ettienne
Tiffany Fellows
Jenevieve Ferguson
Nicole Ferland
Meghan Fletcher
Alyssa Frechette
Victoria Furgerson

Michael Fusick
Katelynn Gay
Devon Gibson
Bianca Glass
Brian Gracey
Kyle Groszyk
Jameson Grout

Alexander Guminiak
Jessica Haffner
Jessie Harbold
Eric Heaney
Patricia Herring
Rebekah Higginbotham
Jerome Hill

Christopher Holtzman
Bryan Hull
Melissa Jenkins
Kyle Johnston
Alannah Justesen
Elizabeth Keenan
Cody Keller

Kathryn Kenney
Taylor Kerr
Drew Kirkland
Alexandra Kuras
Chelsea Lacafta
Pebbles Lacross
Jacob Lavalley

Travis Lavalley
Matthew Lefcheck
James Lemire
Amanda Loveland
Christina Luban
Thomas MacBeth
Whitney MacKay



Kevin Mannino
Teashia Marion
Kristin Martin
Nicholas Mavis
Jordan Mazur
Jennifer McGuire
Meghan McGunigle



Charles McKeon
Alexandra Messmer
Matthew Miga
Mitchell Moody
Krystal Morganweck
Chelsea Moser
Nicholas Moskwa



Jason Moyer
Alison Murray
Erin Murray
Kevin Muscarella
Amber Nadeau
Jessica Nadeau
Taylor Neale



Michele Niejadlik
Michael O'Brien
Amylia O'Neill
Alicia Olschafskie
Aaron Olson
Christopher Oprica
Peter Pagnoni



Andrew Parent
Robert Parise
Randall Parker
Regena Parker
Lauren Parley
Kristen Pepler
Grace Perrin



Alex Peterson
Kalleigh Peterson
Justin Phillips
Michael Presnick
Melissa Pruitte
Sarah Regan
Ryan Rempfer





Katelynn Rice
Julia Roder-Hanna
Allison Rodgers
Sarah Rollins
Daniel Rozman
Frank Ruggiero
Thomas Ruzbasan

Vincienzo Santos
Brittany Saunders
Laura Sauter
William Schnepp
Wilhelm Schon
Kane Seaha
Joshua Severns

David Shelanskas
Nathan Sheridan
Zachary Shoemaker
Ian Shulman
Nicole Silkey
Jennifer Silva
Kera Simons

Jillian Sipperly
Alexander Slimm
Sean Smith
Shannon Smith
Samuel Smyth
Skip Sneath
Allison Spadorcia

Kacey Srubas
Scott St. George
Rebecca St. John
Samantha Stafford
Christopher Stein
Chelsea Sterling
Jamell Stevenson

Lauren Stockton
Brett Sullivan
Danielle Sullivan
Rachael Sullivan
Christina Szczepanski
Michael Tassinari
Amanda Thibedeau

Jennifer Thresher
Melissa Tittarelli
Nicole Tittarelli
Justin Torone
Emily Tracey
Elizabeth Treiber
Joshua Tunstall

Ashley Turkowski
Jacqueline Tyman
Stephanie Tyman
James Ullmann
Richard Vaughan
Cassandra West
Matthew Willett



John Williams
Alexandra Wilson
Matthew Winne
Gregory Wright
Daniel Wrobel
Braidy Zavisza



not pictured: James Coates, Allison Corbosiero, Bryce Cyr, Alyssa Nigro, Megan Wesolowski, James Wilson, Max Wiosha

...and we owe it all to...

Faculty at Suffield High School







Without the faculty of any school, it would be impossible to learn anything. Without the faculty at SHS, it would be impossible to enjoy school. The faculty at SHS is definitely memorable, ranging from new teachers, all the way to some that our parents had. Many of the teachers at SHS enjoy having fun, and it shows. When walking around the halls one can always see groups of teachers talking and laughing with each other. These teachers then go into their classrooms and share a good time with their students. The faculty at SHS is easy-going, but they still manage to help us learn.

(clockwise from left) Ms. Katz poses for a picture with some of her favorite students.
Mr. Therrien teaches his honors physics class about projectile motion.
Mr. Garvey and Mr. Jones prove that they rule the school.



Thomas Jones
Fairfield University BS
Univ. of Rhode Island MS
Rhode Island College CAGS
Principal
5 years



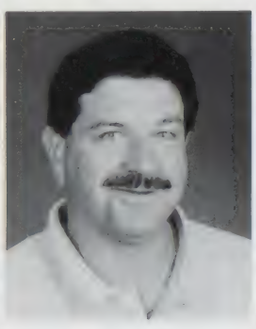
Edward Garvey
Westfield State College MS, CAGS
Assistant Principal
17 years



Sharon Akkouris
Educational Assisstant
5.5 years



Paula Anderson
Bay Path College Associates
Secretary
6 years



Fran Aniello
Springfield College BS
Physical Education
28 years



Molly Baumann
Curry College BSN
Nurse
9 years



Mark Beigel
University of Rochester BA
UMass MED
Science
3 years



Karima Belemlih
Jacksonville State BA
Spanish/French
3 years



Kimberly Bernard
Eastern Illinois Univ. BA
English
1 year



Miriam Blackaby
Mid-Herts College BS
Media Center Educational Assistant
14.5 years



Luis Bosch
Ramapole BS
Amherst MS
Science
4 years



Celeste Cannon
Montclair State BA
CCSU MS
Special Education
6 years



Sue Carlson
Rockford BS
CCSU MS
Lesley College MS
Business
15 years



Carl Casinghino
Princeton BA
NYU GFP
Union Institue & Univ. MA
French
8 years



Domenico Casolari
Boston University BS
Simmons College MA
Mathematics
4 years



Christopher Cosma
Stonehill College BA
Mathematics
5 years



Diana Cunningham
CCSU BS
Lesley College MS
St. Joseph's College MS
Physical Education
21 years



Libby Deedy
Bryant BS
Rensselaer at Hartford MS
Business
12 years



Steve Dudeck
WNEC BS
Westfield State MS Ed.
Business
Cambridge College C.A.G.S. - 6 years



Paul Dumais
Assumption College BA
CCSU MS
History
2 years



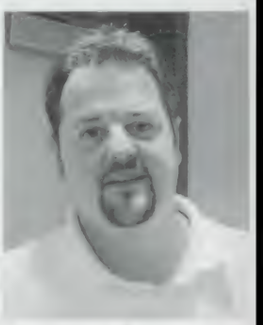
Beatrice Duni
Secretary
39 years



Michael Duni
St. Anselm College BA
Westfield State College MA
UMass Amherst Ph.D
English-34 years



Noreen Egan
UConn BA
Permanent Substitute
4 years



Robert Eggleston
Westfield State College BS
Physical Education
5 Years



Gina Fasoli
SUNY
English
1.5 years



Guy Fortunato
Sacred Heart University
BA, MS
English
2 years



Greg Gaillard
Keene State College BA
Social Studies
3 years



Daniel Gatto
Springfield College BS
Physical/Life Education
2 years



Beth Goulding
Providence College BA
Immaculata MA
Special Education
2 years



Jeffrey Gowdy
CCSU BS, MS
Social Studies
34 years







Not Just Teachers, Friends

Here at Suffield High School, one can see a special bond between teachers and their students. Many teachers here coach some of the sports teams and get to know their students very well. This student-teacher relationship is then shown in the classroom, which creates a more enjoyable atmosphere.

One teacher that comes to mind when talking about student teacher relationships is Doc Duni. He is well-known for being a strict teacher that is also funny. Some people say that the more sarcasm he uses when talking to someone, the more he likes them. Obvioulsy, this can be very confusing for some people.

Other teachers are known for sitting down to lunch with some of their students and dicuss everyday topics. The faculty at SHS is a friendly one, which creates an enjoyable learning environment.

(clockwise from left) Senor Shultis is on his way to lunch to talk with his favorite students; Mr. Gaillard sits at a faculty meeting; Mr. Wanat, Ms. Carlson, Mrs. Lombard, and Mr. Migliore pay attention at a faculty meeting.



Harrison Griffin
UConn BS, MA
Agriscience
35 years



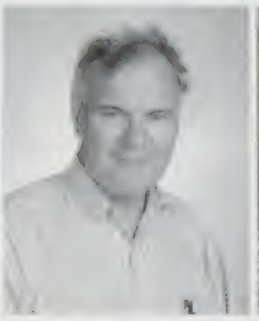
Joseph Grimard
CCSU BS, MS
Champlain College AS
Earth Science
4 years



Darlene Harris
STCC Associates
Secretary
13 years



Noreen Harnett
English
1 year



Alan Hoffacker
Middlebury
English
1 year



Christine Hoffacker
Royal Conservatory of Music ARCT
Royal Schools of Music LRSM
Hartt School of Music
Music-4 years



Edward Huppe
CCSU BS, MS
Mathematics
3 years



Charmane Jacobs
Asnuntuck Comm. College
Educational Assisstant
2 years



Rick Jensen
Rutgers BS, MS
Earth Science
29 years



Jean Johnson
Physical Education
1 year



Kristin Johnson
UConn BA
Southern Connecticut MLS
Librarian
5 years



Sarah Kaplan
Uconn
Social Studies
1 year



Justin Kaput
UMaine BS
Agriscience
2 years



Lawrence Katulka
CCSU BS, MS
Social Studies
29 years



Gail Katz
NYU BA
Yale MA
Trinity BA
English/Latin-6 years



Alan Kaufmann
University of Albany BS
Viginia MA
Science
1 year



Virginia Keith
Uconn BS, MS
Agriscience
5 years



Nancy Kelly
Trinity BA
SUNY Albany MA
Spanish
7 years



Cathy Kerr
Bay Path College Associates
Secretary
7 years



Ron Kilby
CCSU BA
Westfield State College MS
Special Education
8 years



Ann Marie Kimmet
UConn BA
Wesleyan Univ. MALS, MS
Mathematics
5 years



Barbara Klaus
Smith College
Westfield State College
Special Education
3 years



Harold Larson
Westfield State College BA
Permanent Substitute
13 years



Ann Lewis
Educational Assistant
2 years



Nancy Lombard
CCSU BS
Southern CT St. MS
Life Education
24 years



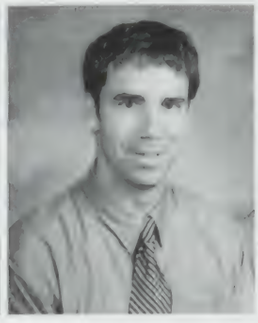
Robert Lowell
Head Custodian
22 years



Norah Lusignan
UMass Ed. D
Psychologist
18 years



Margaret Majewski
Clark University BA
English
1 year



Kyle McCullogh
American University BS, BA
University of Hartford MED
History
6 years



Katherine McGurn
University of Delaware BA
History
7 years



Robin Mentzer
Wheaton BA
Univ. of Hartford MA
Math
1 year



Maryellen Mercik
Asnuntuck Associates
Secretary
4 years



Joseph Migliore
UConn BS
CCSU MA
Music
22 years



Deborah Miner
Hillsdale BS
Bowling Green St. College
Family/Consumer Science
7 years



Kristina Miszko
Springfield College BS
AIC MS
Guidance Counselor
4 years



Dave Nelson
Network Administrator
4 years



Sherry Paquette
Manchester Comm. AS
UConn
Academic Support
5 years



Cathy Peerless
Univ. of North Carolina BS
UHartford MAE
Art
32 years



Diane Phelon
Secretary
6 years



Dennis Picard
Rhode Island College BA
Catholic University MFA
English
28 years



Deborah Pierce
Bay Path Associates
Westfield St. College BS, MS
Mathematics-8 years



Sandy Plourde
Univ. of Rhode Island BS
Secretary
18 years



Janice Potter
CCSU MS
English
22 years



Selina Quirion
St. Michael's College BS
Mathematics
2 years



Kim Radziewicz
Bates College BS
Tufts University MAT
Biology
12 years



Karin Riordan
Bates College BA
Elms College MAT
Spanish
6 years



Marge Schmidt
Washington University MS
History
2 years



Steve Shultis
Westfield State College BA
Madrid San Luis MA
Spanish
4 years



Lori Silva
Salem State College
Educational Assistant
8 years



Barbara Smith
Western Connecticut St. BS
Educational Assistant
10 years



Susan Smith
Wake Forest BA
Lesley College MS
Mathematics
21 years



Robert St. Amand
Westfield State College BA
UMass Amherst MS, CAGS
Guidance Counselor
6 years



Ned Sullivan
Westfield State College MS
Guidance Counselor
25 years



Richard Therrien
Case Western Reserve University BS
Univ. of Bridgeport MS
Science
5 years



Judy Tower
Western New England
Educational Assistant
15 years



Lou Wanat
CCSU BS, MS
Technology Education
34 years



Anne Willard
UConn BS, M. Ed.
CCSU MS
Agriscience
12 years



Janet Grasso

Not pictured:

Jeremy Meade
Custodian

Jeffrey Toft
Custodian

Go Big or Go Home

TAKING SPORTS TO A NEW LEVEL

High School is not just about school sports and school events. Being an athlete does not mean that you're the captain of the football team. Many of us don't realize the athletic talent that is in our school simply because there are no teams that support extreme sports.

Many of our students take part in sports that some of us have not even heard of, such as luge. Megan Sweeney, a newcomer to our school, has been luging for six years and is heading for the 2010 Olympics. Another student, Joe Todd, has been dirt jumping for many years and has won many awards. Jimmy and Justin Sheridan, Heather Luzusky, Rachael Chittenden, Dan Holmes, and Matt Williams all take part in motocross. "It's a really great expereience, but it's also a lot more work then most people think," says Jimmy Sheridan.

Many of our students, such as Paul D'Elia, Travis Wilson, Matt Banak and Jim Grant take part in skateboarding. Travis says "Skateboarding is a lot of fun. I like it because I get to go and hang out with my friends."

Many of these students dedicate hours of their lives to these sports. Whatever the sport may be, it is evident that there is a large amount of hidden talent in our school.



What do YOU think?



John Daley says "Riding my bike is a lot of fun. It's something I love to do."



Aaron Shelanskas says "Progression in BMX relies on taking risks and improving style."



Right: Matt Banak shows off his grinding skills on his skateboard.



Right: Jimmy Sheridan goes big off of a jump during a race.





Left: Joe Todd does a sick turndown off of a huge gap at the local dirt jumps.

Below: Jason Luban catches a lot of air off of a downhill jump on his snowboard.





Left: Megan Sweeney careens down the track on her luge duing a competition.

Top: Heather Luzusky (#905) gets ready to roll into the starting gate before the start of her race.





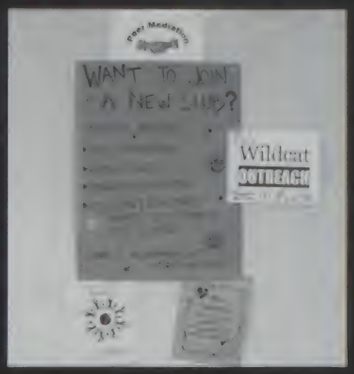
Left: Mark Vanhaltern pulls off an eleven stair gap on his rollerblades.


THE
EUROPA
WORLD
YEAR
BOOK
1994
VOLUME
K-Z


YAMAHA



Clubs & Organizations



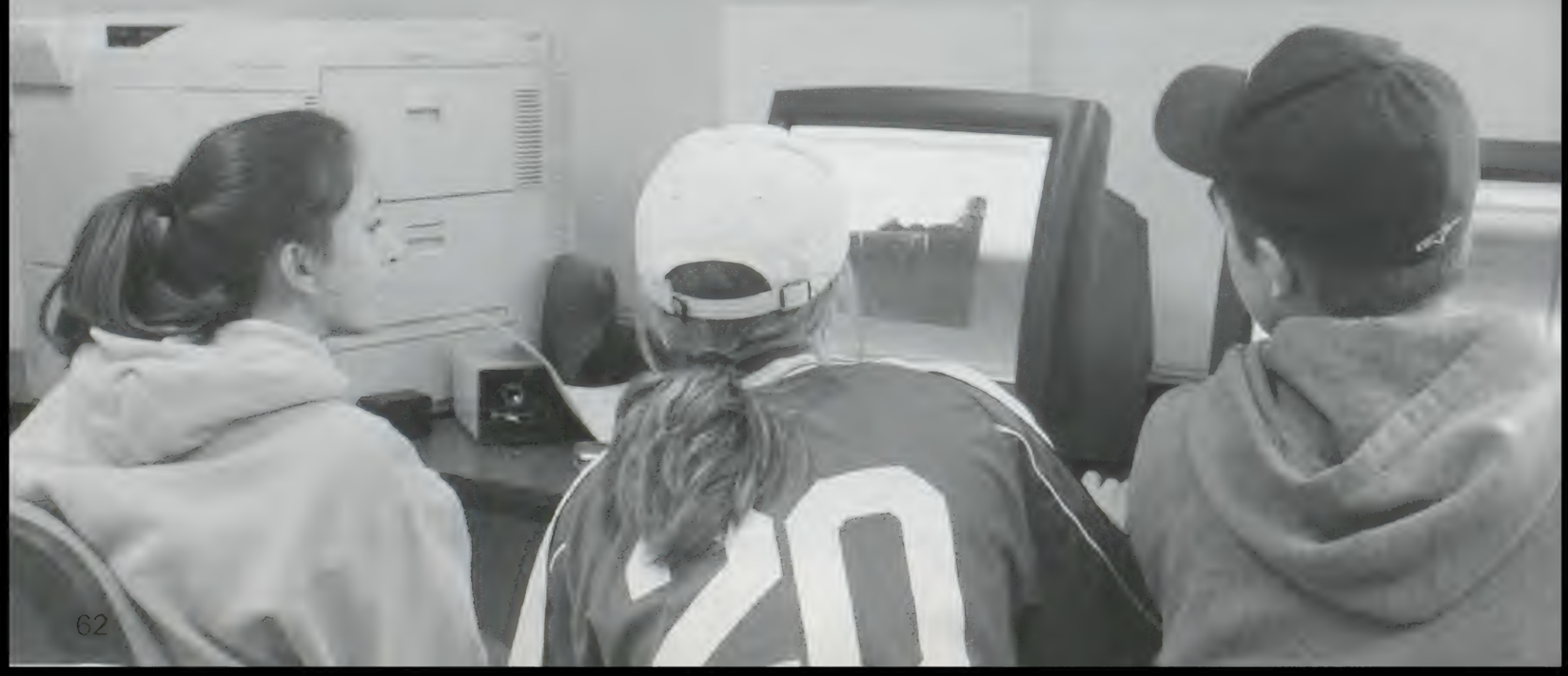
When the bell rings at 2:10, many students head home. However, for some the day is not quite over. Suffield High School provides a numerous amount of co-curricular activities. The wide range in the clubs and organizations allows the students to explore their many interests. From the political Student Council to the creative Art Club and the great variety in between, everyone can find their place.

While many think that clubs are only for interests, they also include a lot of learning. Such groups as Interact teach the members the importance of community service. Peer Mediation provides assistance for students who are experiencing difficulties. All of these groups are experiences that can be used in everyday life.

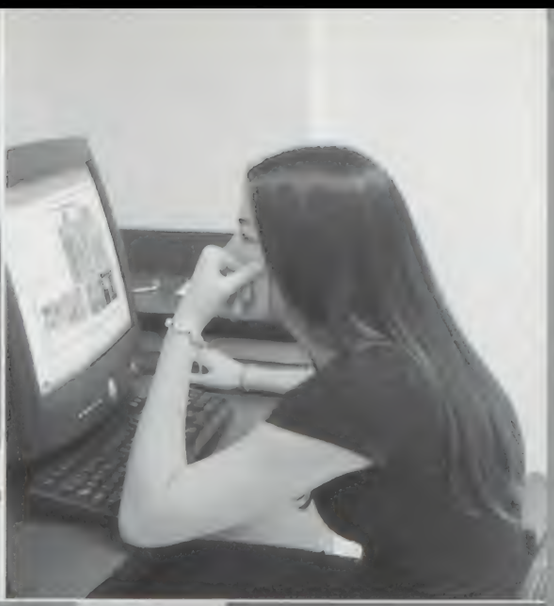
Clubs and organizations are a wonderful way to meet new people who have similar interests. New friendships can grow out of the club interactions. Clubs are also a fun way to be with your friends while still in school. The school day does not provide enough time to relax and talk with friends. Joining a club allows new and current friendships to flourish.

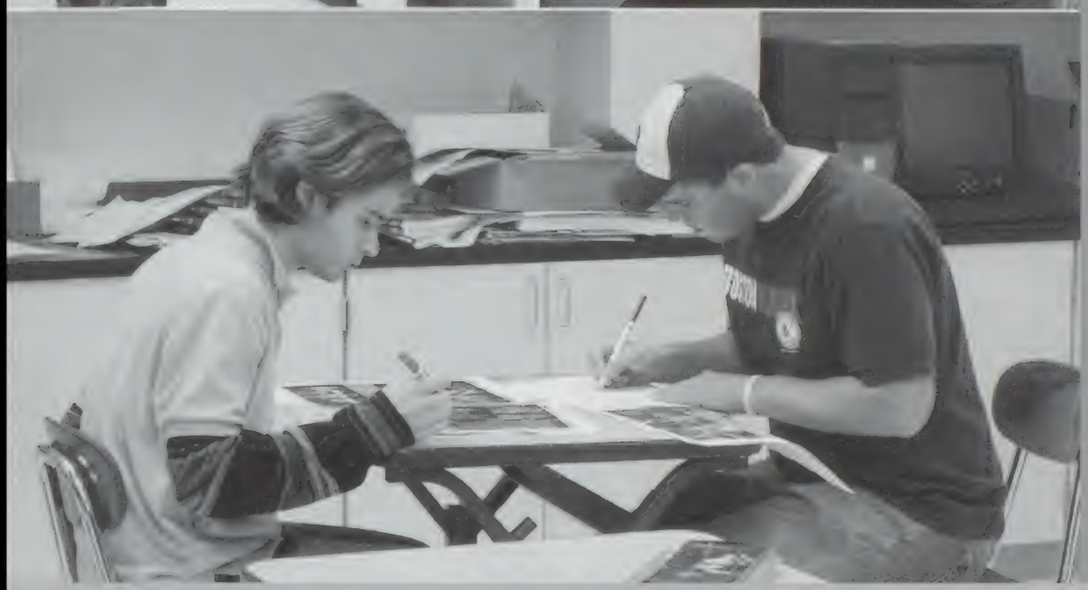
Clubs and organizations are a very important part of every student's school life. It offers experiences, friendships, and so much more that cannot be taught in a classroom.

Students in yearbook work hard during and outside of class to make this yearbook the best it can be. Deadlines and stress are all too familiar to us, but no one seems to realize all the work we do for this book. Constant work and no time to play is basically what we must live by. If there is ever a school event at least two of us are there taking pictures and making sure they are good enough for the book. In yearbook there is no "late" work, if it is not done, it is not in the book. Like Mr. Dudeck always says "There isn't enough class time to get this book completed!" But putting together the yearbook is not just about good pictures and deadlines. It's about commitment and sacrifice. Students must be committed to geting their work done. We have to miss out on the "big game" or the trip to the mall with our friends just to stay after school for a couple of hours to make sure everything is done. Yearbook is not just about getting an A, but making something the school will be able to look back on forever, and it has to be perfect. Although the yearbook takes a lot of hard work, there is also the pleasure of capturing the unforgettable moments of 2005 and being able to let everyone have the chance to remember them forever. We've worked hard for our classmates and we are confident that we have made the best yearbook that we could and we are happy to present you with the 2005 Suffield High School yearbook.









The Artists

(Clockwise from top left)
The entire yearbook staff stops work for a quick second to pose for a class picture.

Lauren Hall and Jen LaHaie browse through model yearbooks for some inspiration.

Kaselin Sherman works on her cross country layout to make it perfect for the upcoming deadline.

Editors Christopher Bromson and Aaron Smith work constructively to correct all of the second deadline pages.

Editor Ashley Taylor shows her frustration after having to create many of the business and parent advertisements in the book.

Krystal Eisenhaure sits in the cafeteria for all three lunches handing out students' school pictures and student IDs.

Jimmy Sheridan helps Whitney Tagliavia and Erin McHugh fix a picture and make it presentable enough for the yearbook.

Minds Behind the Masterpiece





"It's a lot of work, a lot of effort, and a lot of staying after school, to get this Mona Lisa completed."
-Kelly Blais

ANIME CLUB



Left to Right: Aaron Olson, Nathan Sheridan, Mike Barten, Greg Moser, Nathan Lamagna, Mr. Gowdy, Laura Rinaldi, Peter Brunette, Chris Benson

ART CLUB



Front row: Cassie Pavel and Elena Corsair
Back row: Heather Short, Steve LaPane, Siena Picchioni, Heather Reed

ANIME CLUB

&

ART CLUB



Nathan Lamagna, president of Anime Club, gets everyone discussing the movie they had just watched.



Chris Benson, memeber of the Anime Club, adds to the group discussion.



Steve LaPane uses his imagination to create his next masterpiece.

JAZZ BAND & QUOTES



Senior Laura Kehoe, plays her heart out on the piano.



Lauren Cicitto, senior, perfects her part as a trumpet player for the Jazz Band.



These are beautiful examples of the art works that the art club creates.



Front row: Jaime Pearsons, Laura Kehoe, Christine Cannon, Dane Scozzari
Middle row: Liz Treiber, Liz Breen, Katie Donovan, Nadine Wright, Lauren Cicitto, Daniel Book
Back row: Ricky Burke , Aaron Bielanko , Derrick Mathieu, David Wilson, Rayshelle Mazur, Steven Cannon



"Art Club, where imagination runs wild..."
- Heather Reed

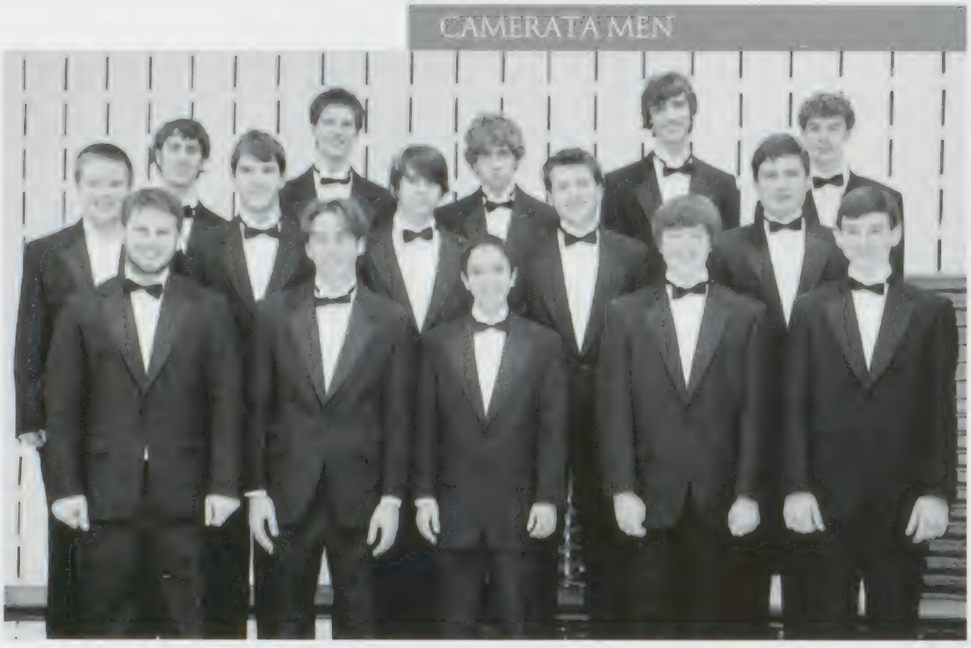


"The first rule to follow, when your in Anime Club is don't let anyone know you are in Anime Club."
- Nathan Lamagna



"Music is my life and I enjoy being in jazz band, it's a lot of fun."
- Dane Scozzari

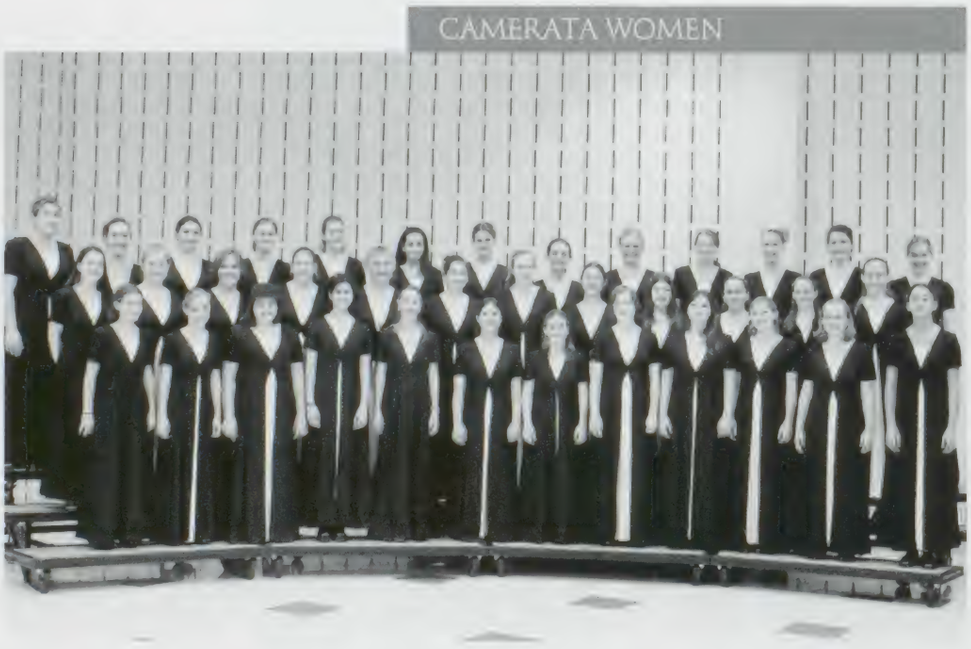
CAMERATA MEN & CAMERATA WOMEN



Back row: Evan Moreau, Benjamin Zavisza, Alex Sauter, Matthew Tyo, Jordan Mazur
Middle row: Stephen Cannon, Alexander Munson, Christopher Benson, Justin Drnzek, Dane Scozzari
Front row: Aaron Stepanek, James Grant, Joseph Antelmi, Michael Cooper, David Shelanskas.



"When you think you're trying your hardest...try 10 times harder"
-Benjamin Zavisa



Back row: Shelia Leary, Kelly Blais, Madison Munson, Jaime Pearsons, Victoria Christian, Veronica Nunes, Alexandra O'Halloran, Amanda Lineweber, Traci Mnich, Chelsea Phillips, Braidy Zavisza, Muriel Hoffacker, Elizabeth Lancaster.
Middle row: Shannon Smith, Shawna Withee, Christine Cannon, Krista Stepansky, Katelynn Gay, Brynn Scozzari, Chelsea Seabury,Cassandra West, Laura Sauter, Laura Rinaldi, Emily Tracey, Elizabeth Treiber.
Front row: Margaret Cooper, Rachel Sherwood, Ann Santaniello, Kathryn Spencer, Julia Roder-Hanna, Johanna Ruckey, Kara Chamberlain, Laura Kehoe, Lauren Cicitto, Brianna Flynn, Elizabeth Breen, Alexandra Czerniak.



Hanging out after a hard nights work Alex Sauter and Aaron Stepanek really know how to make things more fun.



These girls are all very proud of being in the select choir, Camerata.

CHAMBER ENSEMBLE & CAMERATA BRASS



"Being in the Chamber Ensemble was one of this year's best experiences!"
-Madison Munson

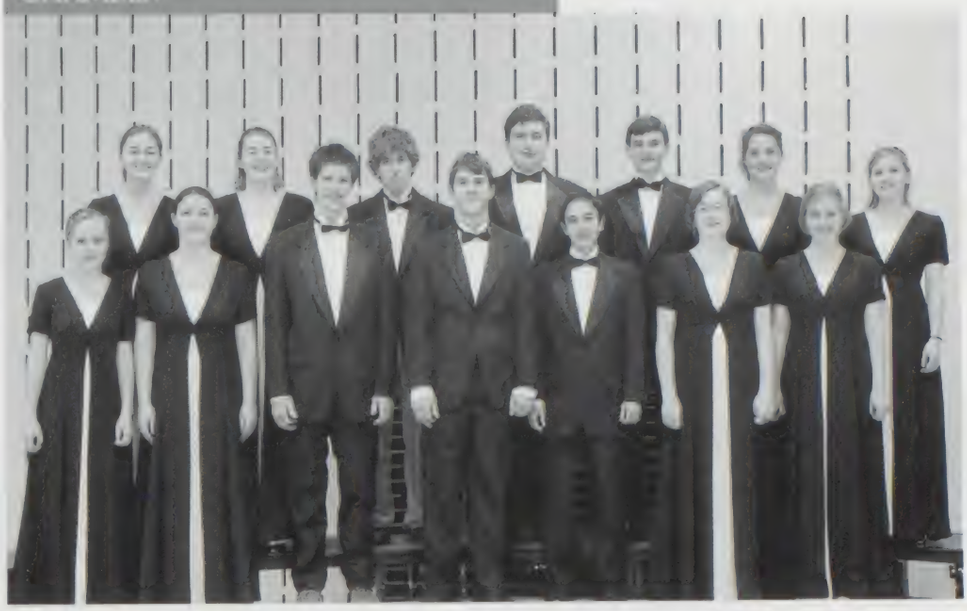


The only tuba player in Camerata Brass, Julia Roder-Hanna, does a great job making sure that she is heard.



Christine Cannon practices very hard to make every note perfect for Camerata Brass.

CHAMBER



Back row: Jaime Pearsons, Victoria Christian, Alex Sauter, Dane Scozzari, David Shelanskas, Muriel Hoffacker, Brianna Flynn.
Front row: Rachel Sherwood, Madison Munson, Benjamin Zavisza, Alexander Munson, Joseph Antelmi, Laura Kehoe, Elizabeth Lancaster.

CAMERATA BRASS



Back row: Gregory Daley, Michael Cooper, Amanda Lineweber, Stephen Cannon, Julia Roder-Hanna, Muriel Hoffacker, Benjamin Zavisa, Jennifer Sansom, Taylor Kerr
Front row: Laura Kehoe, Christine Cannon, Brianna Flynn
Not pictured: Alex Sauter and Sean Congden

DRAMA CLUB



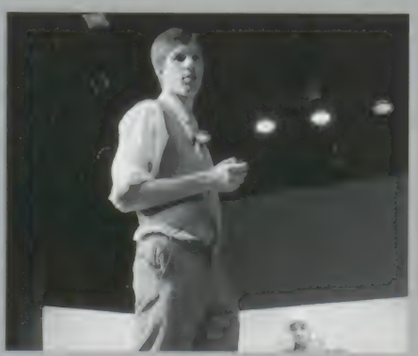
Front row: Heidi Michaelwicz, Michelle Santiago, Meghan Fletcher, Laura Rinaldi, Kim Toussaint,
Middle row: Sara Kubetin, Lauryn Richmond, Samantha Bieleski, April Nicotera, Laura Hawk, Chelsea Skawski, Rayshelle Mazur, Sienna Piccioni, Peter Brunette, Nicole Santiago, Michelle Kelly
Back row: Josh Hirst, Aaron Stepanak, Victoria Christian, Sean Morrison, Ben Zavisa, Kelly Blais, Madison Munson, Richelle Ouellette, Ben Hunt, Lisa Pastula, Lanze Spears



Ben Hunt and Madison Munson perform on the set of "Our Town."



"This play was a blast to be involved with. I loved everyone that was in the show with me! " -Kelly Blais



"This was one of the hardest roles to play, but I am very glad that I had the chance to do it!" -Benjamin Zavisza

GIRAFFE CLUB

&

GSA



Katherine Brewer, Chelsea Seabury, Robyn Smith, and Stephanie Raducha talk about what to do for the next Giraffe Club project.



Ashley Fleming, and Erin McHugh pose for a picture after discussing thier most recent Giraffe Club meeting.



"I'm amazed at how many people my age come out to be in the Giraffe Club ." - Colin Packard

GIRAFFE CLUB



Front row: Angela Giallanza, Bryanna Neale, Katelyn Willoughby, Sean Kennedy, Michelle Salamone, Ashley Fleming, Charlotte Simmons, Andrea Roccanti, Rayshelle Mazur, Cathy Giallanza, Sean Willoughby, Kevin Mannino
Second row: Michelle Owens, Jill Grakowsky, Holly Benard, Jess Giller, Chealsea Seabury, Robyn Smith, Emily Willoughby, Jason Fletcher, David Wilson, Kayla Fahey, Nate Rheault, Colin Packard, Erin McHugh, Danielle Loughrey, Mike Schorr, Katherine Brewer, Chelsea Lawrence, Mellisa Pruitte, Braidy Zavisza, Steph Raducha, Jennifer Thresher, Kara Chamberlain, Liz Treiber, Shannon Smith, Meghan Fletcher
Not pictured: Lauren Beaulieu, Ashley Agudelo, Stephanie Landry, Andrew Parent, Sarah Padegimas, Chole McKay, Lindsay Small, Alexandra Wilson, Ali Bromson, Kevin Manniho, Arianna Gercia, Luke Anderson, Crystal Saunders, Mike Ansman, Sean Kennedy, Sarah Brueno, Rachel Brueno, Meghan Fletcher, Devon Potter, Christine Wilson, Alexandra Messmer, Jessica Nadeau, Chelsea Phillips, Samantha Bieleski, Ashley Mattsen, Karah Laprade, Emily Corralo, Alison Zaczynski, Chrstina Doane, Amber Higley, Taylor Kerr, Lisa Beltramello, Caylene Frechette, Emily Nilson, Annie Santaniello, Mark Beltramelo, Liz Shamy, Brittany Crosby

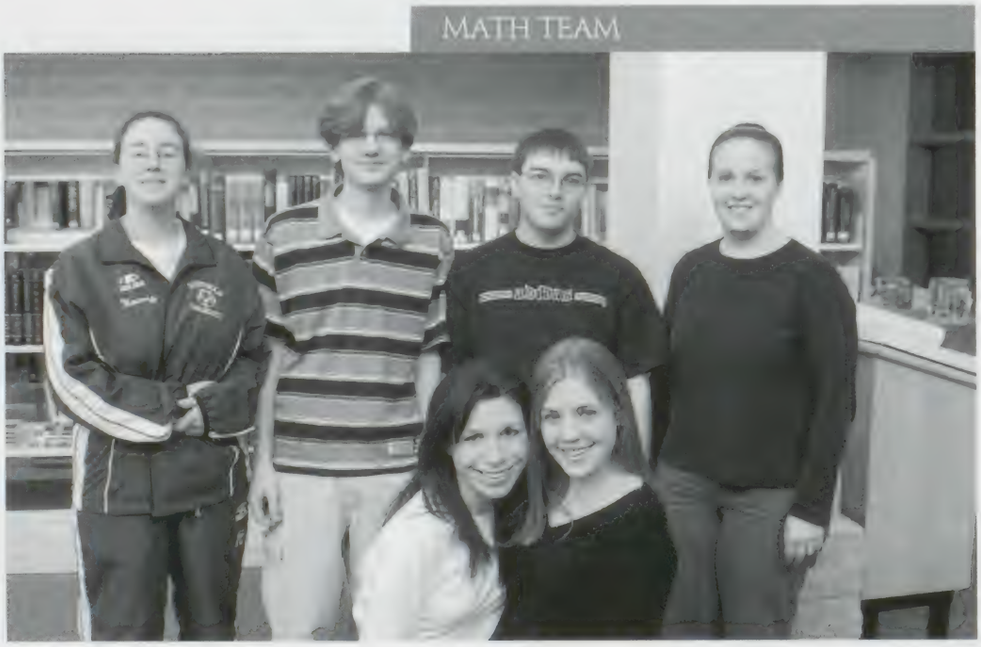
GSA

Gay Straight Alliance

The GSA is a club in pursuit of many goals. They try to create a safe environment in school for students to support each other and learn about homophobia and other oppressions. They also educate the school community about homophobia, gender identity, and sexual orientation issues. Lastly, this club tries to fight discrimination, harassment, and violence in schools. This student organization, working with Mrs. Christine Hoffacker, continues to strive to promote these goals here at SHS.



Left to Right: Luke Anderson, Whitney Tagliavini, Lauren Chaplin, Caitlin McGunigle, Lauren Hall, Chelsea Seabury, Michelle Salamone
Not Pictured: Sarah Brueno, Richelle Oullette, Brianna Flynn, Riel Hoffacker, Melanie Brown,Shannon McCann, Emily Leveille, Aaron Shelanskas, John Tautic, Advisors: Mr. Garvey and Mrs.Lombard



Top Row: Erin Horanzy, Ryan Smith, Noah Mealy, Advisor: Mrs. Quirion
Bottom Row: Sara Shea, Lydia Nicholl
Not Pictured: Megan Wesolowski

INTERACT CLUB & MATH TEAM



Mr. Garvey shows Interact Club President , Caitlin Mcgunigle, how to dip the perfect caramel apple.



The Interact girls decide how to make the best caramel apples for their fundraiser.



"Math team is challenging but fun and Mrs. Quirion is a great advisor." -Erin Horanzy

MOUNTAIN BIKE CLUB & PRAYER GROUP



Captain Jason Trombly stops for a moment and says "Thanks to the commitment and dedication of Mr. Cosma we are able to have a great team."



Shannon Murphy says "I'm looking forward to a successful season, well, that is, if I can keep the bike in a vertical position-wait-forget it-let's just say I'm in it for the thrills!"



"It's a lovely way to start the week and the seniors will miss it next year." -Chelsea Seabury, Jaime Pearson, Lauren Cicitto

MOUNTAIN BIKE CLUB



Left to Right: Shannon Murphy, Jimmy Sheridan, Aaron Shelanskas, Shane Lewis, David Marryat, Jason Trombly, and Coach Cosma.
Not pictured: Chris Poit

PRAYER GROUP



Front row: Chelsea Seabury, Jaime Pearsons, Lauren Cicitto, Whitney Tagliavini, Ryan Cappa
Not Pictured: Emily Merrick, Christine Cannon, Laura Kehoe, Robyn Smith, Advisor: Dr. Lusignan

NATIONAL HONOR SOCIETY & NEWSPAPER



NHS Members: Joseph Abrams, Joseph Antelmi, Mike Ansman, Mark Beltramello, Julie Blair, Kelly Blais, Daniel Book, Kathryn Brewer, Chris Bromson, Melanie Brown, Peter Brunette, Mitchell Buder, Christine Cannon, Ryan Cappa, William Chapman, Victoria Christian, Lauren Christofori, Lauren Cicitto, Michael Cocca, Christina Couture, Chelsea Donahue, Allison Duni, Timothy Dupuis, Thomas Emery, Chris Ewald, Kayla Fahey, Brianna Flynn, Caylene Frechette, Christina Gancarz, Angela Giallanza, Cathy Giallanza, Jessica Giller, Doug Hackenyos, Lauren Hall, Riel Hoffacker, Laura Kehoe, Anna Kubetin, Nathan Lamanga, Kristin Lefferts, Emily Leveille, Danielle Loughrey, Peter Masso, Ashley Mattsen, Lauren McGuinness, Caitlin McGunigle, Erin McHugh, Emily Merrick, Alex Munson, Madison Munson, Colin Packard, Sarah Padegimas, Thomas Parise, Jaime Pearsons, Chelsea Phillips, Robert Poit, Melinda Polek, Devin Potter, Stephanie Raducha, Jamie Regan, Nathan Rheault, Matthew Rigby, Mary Robinson, Andrea Roccanti, Nicolas Roder-Hanna, Melanie Romano, Michelle Salamone, Alex Sauter, Michael Schorr, Chelsea Seabury, Kelsey Sheehan, Aaron Shelanskas, Lindsay Shultz, Chelsea Skawski, Aaron Smith, Robyn Smith, Elianna Starr, Selena Starr, Aaron Stepanek, Megan Sweeney, Whitney Tagliavini, Ashley Taylor, Erin Waters, and Carla Wilson

Advisors: Mrs. Miner and Mrs. Pierce



Newspaper Members: Samantha Bieleski, Julie Blair, Kim Dupuis, Anna Kubetin, Sara Kubetin, Stephanie Landry, Anthony Longhi, Lisa Muscarella, April Nicotera, LeRoy Robinson, Gregory Wright and Nadine Wright

Advisors: Mr. Casolari and Mrs. Klaus



Stephanie Raducha and Christina Gancarz wait patiently to pick out a book for the "Readers are Leaders" project; one of National Honor Society's most popular.



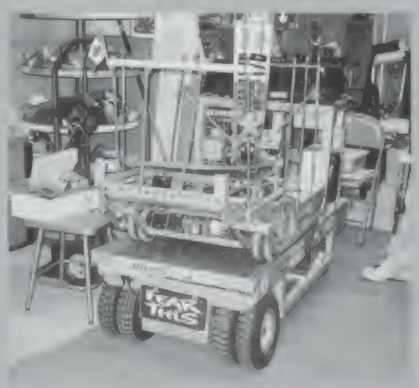
As the president of National Honor Society, Laura Kehoe plays a major role in the success of each project the society completes this year.



Nadine Wright works very diligently on a piece submitted to *The Times*. As Editor, Nadine must go through various articles and correct them so they can be published.



Danielle Monsiegneur mediates a "mock dispute" with member Matthew Rigby and volunteer David Wilson. Peer mediation is a very important organization in our school, aiding students in every grade.



The conjoined Suffield- Windsor Locks team created this massive robot, "Wild Bill". The robot cost $25,000 to build, and together the team placed second at the National Robotics Convention.



Daniel Book and Patrick Pease discuss the latest scrimmage at their weekly meeting. Both members play key roles in the development of the robot and in the group itself.

PEER MEDIATION

Peer Mediation

Members: Brian Carney, Laura Kehoe, Kristen Lefferts, Danielle Monsiegneur, Alexandra O'Halloran, Devin Potter, Matt Rigby, Robyn Smith, Ryan Smith and Steve Sutton

Advisors: Ms. Miszko and Mrs. Fasoli

ROBOTICS



Suffield Members: Daniel Book, James Cecere, Melanie Chapman, Sean Congden, Mike Cooper, Christoper Davis, Justin Foss, Christopher Holtzman, Alannah Justesen, Kieran Kirkland, Ryan Maliga, Ross Marx, Patrick Pease, Francis Ruggiero, David Shelanskas, Brett Sullivan, Emily Tracey, Matt Willett and Pete Zywiak

Suffield Adult Advisors: Michael Book, Marc Davis, Ronald Horn, Leslie Marx, Bill Pease, Stephen Sullivan and Louis Wanat

STUDENT ACTIVITY BOARD & STUDENT SENATE

STUDENT ACTIVITY BOARD



Front row: Kelly Blais, Shaundre Brown, Ralph Otero
Second row: Colin Packard, Sarah Brueno, Anthony Longhi, Allyson Winne, Alexandra O'Halloran, Allysa Johnson, Randy Parker
Third row: Advisor Mrs. Parker, Michelle Salamone, Tiffany Doane, Krystal Eishenhaure, Ashley McMann, Gregory Wright, Kyle Johnston, Advisor Mr. Gatto
Fourth row: Michael Ansman, David Wilson, Gregory Tower, Jennifer West, and Victoria Christian



Shaundre Brown stops to give S.A.B the thumbs up. Shandre also made all the S.A.B. shirts for the members to wear during Spirit Night.

STUDENT SENATE



Front row: Matthew Brew, Thomas Parise, Aaron Shelanskas, Emily Willoughby, Joe Antelmi, Carla Wilson, Anna Kubetin, Caitlin Butterfield
Back row: Leroy Robinson, Elizabeth Lancaster, Adivsor Mr. Casolari, Kalleigh Peterson, Rob Parise, Emily Levielle



Michelle Salamone stops and gives a quick smile while on her way to an S.A.B meeting



LeRoy Robinson and Ashley Mattsen count the money that Senate had collected for the Tsunami Relief Fund.

WILDCAT OUTREACH & GARDEN CLUB



Allyson Winne and Diana Mark take time out of their busy day to smile for the camera.



"Garden Club is my life"
-Kristen Lefferts



"When I'm in the garden, it's like nothing else matters; I'm in my sanctuarty."
-Chris Bromson

"BECOMING- ME" THEATRE

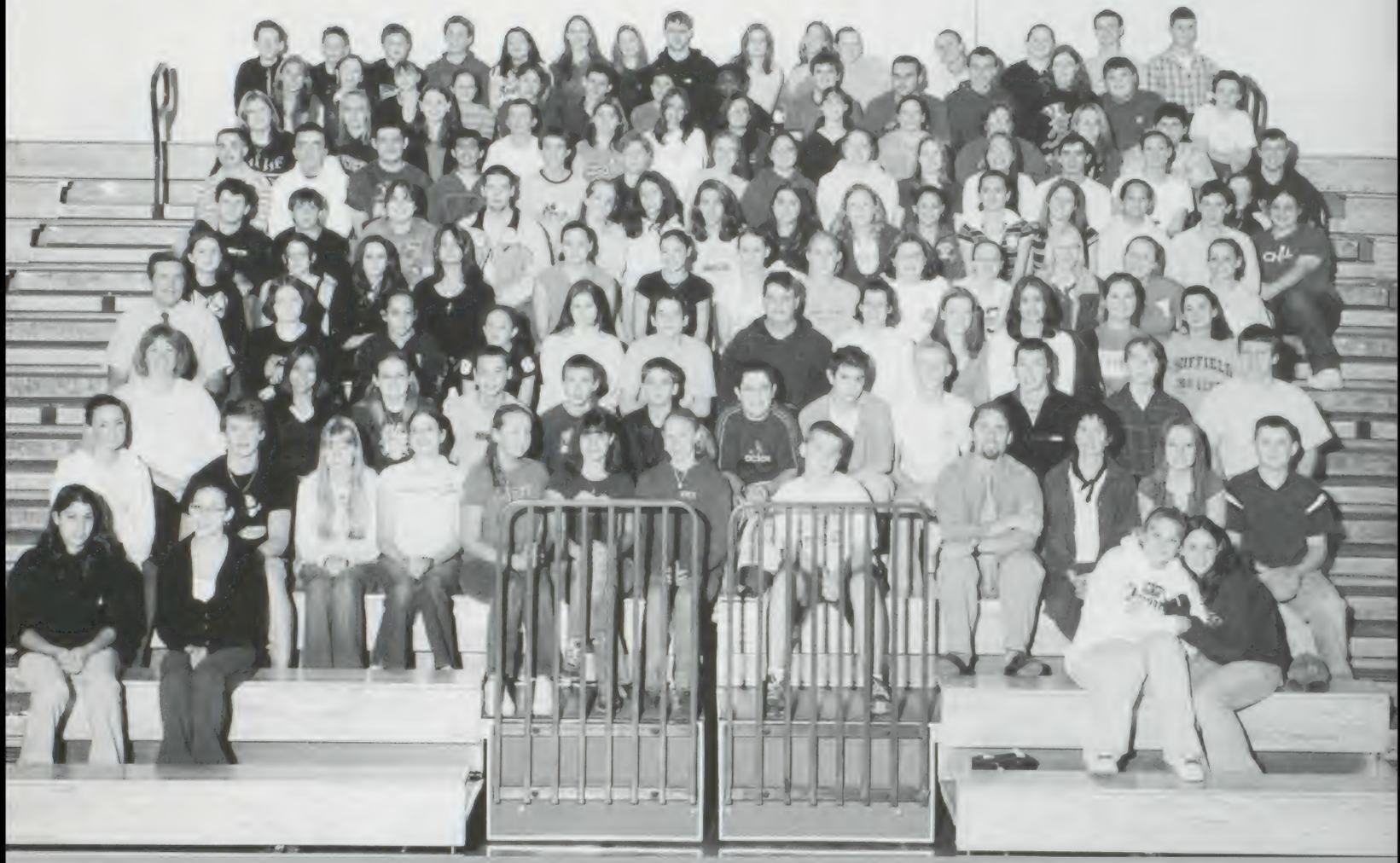


Front row: Thomas O'Brien, Diana Mark, Allyson Winne, Sean Kennedy
Back row: Ashley Mattsen Ms. Miszko, Mrs. Radziewicz, Nicole Santiago, Michele Santiago, Sara Colemen
Not pictured: Ryan Smith, Matt Rigby, Veronica Nunes

GARDEN CLUB



Front row: Christopher Bromson, Advisor Nancy Lombard, and Kristen Lefferts



The FFA is the largest and most prominent organization in the entire school. It promotes diversity and involves students from more than just Suffield. Over 150 students are involved in the FFA at our school. It is not just a club that meets once a month, but it involves a different curriculum from the rest of the student body. The students involved in FFA flock in the 500 hallway and attend classes that focus on specific topics that will help them advance their knowledge in agriculture, mechanics, and so on. Each class is very involved and the students retain a great deal of information about each topic. Many of the FFA members participate actively in the society and choose to display their vivacious personalities through their many activities. The Big E is one of their major events of the year. The members prepare for events such as animal display and floral arrangements. Many of Suffield's FFA members bring home ribbons and other awards to signify their mastery of certain areas. After spending many hours working on various projects, they are finally rewarded. Another important event of the year is the annual trip to Nashville, Tennessee to the FFA National Convention. A select few members from the club travel to the convention to meet with others from the prominent society. This is a great learning experience for the members that are able to participate and it is certainly a memory that they will never forget. This event is only one of the many affairs that contribute to the members' education. The FFA not only provides its members with knowledge but also life and work experience.









FFA



Future Farmers of America

(clockwise from top left)

All of the FFA members gathed together for a group picture.

Becky Schnaars grooms her prize steed as she prepares him for a show.

Heidi Michalewicz washing her Hereford Cow for the Eastern States Exposition.

Senator Christopher Dodd, Tyler August and Emily Leveille pose for a picture in The Russell Senate office building.

(left to right) Tyler August, Shaina Rostek, Kalye Resha, Resha Jacquier, Lindsay Schultz, and Nicole Kenney are volunteers at the Summer Classic Horse Show.

Victoria Christian receives an eighth place ribbon for the Floral Design Competition at the Big E.

John Cummins and Tom MacBeth take part at the Regional FFA Landscape design competition at the Big E.



"FFA provides students with the opportunity for personal growth, premier leadership and carrier success that will help provide the roots for American Agriculture in the future."

-Vicky Christian





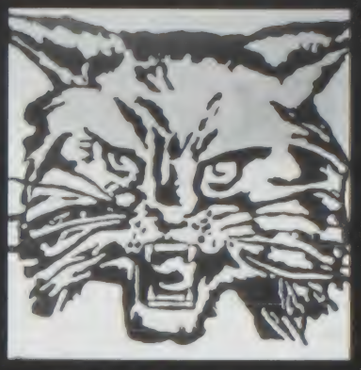


Clockwise from top:
Robert Hill demonstrates qualities of a true athlete, as he focuses on each play and his coaches.

Samantha Bieleski prepares for the ball to be pitched during a tight game. This run is dependent on a victory or loss and the pressure is on.

The track team claps-it-in for a cheer before the Journal Inquirer Invitational, one of the most important meets.

Wildcat Pride



Fall, winter, spring. No matter the season, when it comes to sports Suffield is a force to be reckoned with. Almost every sport in our school's history has won either NCCC or the State Championship. Since the majority of the student body participates in at least one sport, school spirit is remarkably high. Whether it is a game, match or meet, students and supporters are guaranteed to pack the stands or sidelines. In Suffield, we pride ourselves on good sportsmanship and team unity. Each team victory would not be possible without such traits.

Some people do sports to be a part of a team, some for the thrill of the game, either way we share the title of a Wildcat. But what is it to be a Wildcat? First off, you have to have heart. It is important to work hard and not lose hope. Each season is filled with triumph and loss; however, the teams that overcome hardships come out on top. Second, sportsmanship. Suffield is known for being a competitive school, as well as, for respecting their opponents. Such a quality is acknowledged and appreciated by the town, other towns, parents, as well as, faculty.

Overall, Suffield has gained a reputation of being a talented sports town. We owe a great deal of this success to wonderful coaches, team leadership, and even the fans! It is important to support our sports and as our school motto states, "You can't hide that Wildcat Pride!"

(right) Janna Haag and Beth Alaimo give it their all to reach the end of a very long run.





(right)Danielle Monsiegneur and Nivena Vemuri run together in an effort to win the meet for Suffield.

(below) The girls begin strong hoping for a lead from start to finish.



Scoreboard

Opponent	Score
Enfield	15-50
Ellington	43-18
Avon	38-23
Canton	35-22
Stafford	37-23
Somers	21-36
Granby	27-30
Tolland	37-20
East Windsor	15-50
East Granby	30-23
Windosr Locks	12-41
NCCC	8th Place

(left to right)
Mr. Dougherty,
Danielle Monsiegneur,
Beth Alaimo,
Navina Vemuri,
Kayla Fahey,
Janna Haag,
Jen McGuire





"This was an incredible season. I have never seen a team with so much heart! All the girls worked together and compromised for our small size."
-Cpt. Kayla Fahey '05





"Overall it was a great season. Everyone bonded and worked so well together."
-Cpt. Janna Haag '05

Crossing the Finish Line

Strength, endurance, and power are only some of the traits that each and every girl of the Suffield High School cross country team possesses. Every year these young women strive to do their best in the long runs they compete in. They race against many other towns, from Avon to Windham and every town in between. No matter how large the town is or how good they may be, intimidation plays no role in the eyes of the Suffield High cross country girls.



Any good team can't win without the guidance of an equally good leader. The cross country team has definitely got that covered with team captains being, Kayla Fahey and Janna Haag. These two seniors have really led the team to a good season this year winning five out of eleven. However, captains aren't the only influence on the team, the girls were also led by their coach, Mr. Dougherty, an extremely supportive and inspiring person.

It's amazing what this team can accomplish on an ordinary day. The determination you see in them is outstanding. They can run such great distances and make it look as if it were a brief jog.

The senior girls are very proud of their team and the accomplishments of this season. The cross country girls trained very hard to cross the finish line and for this the girls are very proud.





(left) The team's captains Kayla Fahey and Janna Haag show how close the group really is.

(above in text) The girls of the Suffield High School team wait anxiously for the start of the meet.

(above) Beth Alaimo and Beth Klose watch as fellow teammates compete in their race.

"I'm proud of everyone on the team who put their best effort in the races. Good luck to those who join next year."

-Cpt. Billy Chapman '05





"Cross country is all about boundaries: discovering they exist, and then breaking them."

- Joe Antelmi '06



The Drive to Run

The sun in your eyes, the sweat dripping down your face, those are only some of the obstacles that the boys on the Suffield High School cross country team face and overcome to win their races. Each and every meet the team prepares to win.



Led by Coach Casolari, a true motivator to the team, the boys are able to fufill their true potential. The team is also led by Senior Captain Billy Chapman, who gave his teammates the enthusiasm they needed. This was shown through the meets that they won this past year. Out of eleven meets, the cross country team emerged victorious, winning eight of them.

Through the season, the team became very close to one another; in some ways, they resemble a tight knit family. Even though the team is made up of freshman, sophomores, juniors, and seniors, everyone is treated equally. This is a true example of a team and what better place to have this then Suffield High School.

Overall, it was a great season for the boy's cross country team. Everyone worked independently in order to increase the value and unity of the team. The team members worked very hard to achieve the drive to run.



(above) Tom Parise conducts the team in a warm-up stretch.

(above in text) Tom Parise and Matt Rigby have some fun after the meet is over.



(right) Billy Chapman leads the way for the pack of runners.



(left) Alex Sauter pushes himself as he nears the finish line.



(left) David Wilson concentrates in his current race.

(below) The runners take a break before their upcoming event.





(left to right)
Billy Chapman,
John Gancarz,
David Wilson,
Michael Tassinari,
Colin Packard,
Alex Sauter,
Coach Casolari,
Dale Rollet,
Dustin Doyon,
Matt Rigby,
Rob Emery,
Matt Brew,
Joe Antelmi,
Joe Panasiewicz

Scoreboard

Opponent	Score
Enfield	18-45
Ellington	33-22
Avon	21-37
Canton	31-24
Stafford	16-47
Somers	17-42
Granby	27-29
Tolland	36-22
East Windsor	15-48
East Granby	18-45
Windosr Locks	19-34
NCCC	5th Place

(right) Freshman Taylor Bartini fights to win the ball against a Somers player in the attacking half of the field.



(right) After many seasons together over the years, six of the seven seniors gladly smile and display their affection for one another.



(below) Senior captain Erin McHugh wins the battle for the ball and passes it to her teammate down the sideline.



Scoreboard

Opponent	Score
Canton	08-00
Granby	03-00
East Granby	07-00
Avon	05-01
Ellington	05-00
Windsor Locks	07-00
Enfield	07-00
Somers	04-00
Stafford	02-03
East Windsor	07-00
Tolland	03-00
Granby	05-00
Canton	05-00
Avon	02-01
Windsor Locks	00-00

(left to right) Jennifer Thresher, Danielle Loughrey, Lauren Smith, Lindsay Small, Jennifer Silva, Coach Tracie Zavisa, Megan McGunigle, Chloe McKay, Taylor Bartini, Jessica Orr, Lisa Beltramello, Kelly Christian, Alexandra Bromson, Megan Sweeney, Erin McHugh, Sarah Padegimas, Kristen Lefferts, Allison Duni, and Nina Caruso. (not pictured) Coach Sullivan, Teresa Rogers and Ashley LaBarre





"Words cannot describe our team."

-Captain Kristen Lefferts '05





"There is such satisfaction in knowing that we came together so well this season."

-Ali Bromson '07

Come On, Let's Go!

"Come on, let's go!" is a familiar phrase that the 2004 Girls Varsity Soccer team heard from Coach David Sullivan all season long; the team certainly followed the coach's orders. Starting off the season with a 8-0 win over Canton, the Wildcats never slowed down. They ended the season with the impressive record of 14-1-1, which allowed the team to share the NCCC league title with Stafford; something that hasn't been done since 1999.



Entering the season, many people questioned the team's ability because of the many younger players but, they certainly carried their weight. The underclassmen were put in a difficult position as the starting outside defenders and did a terrific job. Lisa Beltramello and Jenn Thresher allowed opposing teams to score a total of only five goals. The offense was no slouch either. At the end of the season, the team scored a total of seventy goals led by Chloe McKay, who scored twenty-four.

With the team's tremendous record, they went into the tournament ranked third for Class M. This placed the team in the best bracket possible, allowing them to play only teams they had not before.

With a bye for their first game, the team went into the tournament with high hopes. Plainville was their first opponent and Suffield ended the game with a 5-2 win. The girls then took on Stonington, who they beat with out a problem 7-0. Their next competitor was Darien, and they pulled through with a 1-0 win. Finally, the girls were off to the finals where they lost 2-0 to New Canaan and gained the runner up title. That was the best way to end their incredible 2004 season; with high hopes for next year.





(left) Junior Lindsay Small fights hard to dribble away from pressure and make her way into the attacking half of the field.

(above in text) The entire team huddles together to give motivation to one another before the game starts.

(above) Senior captain Sarah Padegimas uses her strength to throw the ball safely to her teammates.

"We put our egos aside and played some quality football."
-Cpt. Michael Schorr '05





"I do my best to lead by example for the younger players on the team."
-Cpt. David Moriarty '05



Headed to Success

Boy's Varsity Soccer proved to be a challenge this year, but, even so, the boys showed a distinct understanding of team work and team spirit; they never backed down. The season started off a little rough with the boys having difficulty with scoring. Nevertheless, we didn't let a team get away with scoring more than four goals, thanks to senior goalie David Moriarty. As the season progressed, the team looked more and more united as they began scoring and beating higher ranked teams such as Stafford and Ellington. The end of the season caused a few disappointments, due to the injuries of Bobby Kingman, Mike Ansman, Kasey Christian, and Chris Ewald. Even with these injuries, the boys held it together and all four injured were determined to make it back on the field before the season was over. With the attitude this team held out the season it was apparent they were capable making it to the tournament. Sure enough, the boys tied the last two games of the season to make it into the tournament. The night before, the team came together for a pasta dinner to celebrate their season, and dyed their hair in team spirit for the oncoming game. Although the boys lost during tournament, they proved to be stronger than expected and gave a new meaning to the words team spirit.





(above) Kasey Christian and Anthony Sperazza hug each other after scoring a goal.

(above in text) The five seniors pose together for their last season together.



(right) Mike Devine runs to beat his opponent.



(left) Andy Martin beats his opponents to the ball and gives possesion back to Suffield.



(left) Anthony Sperazza strides to the ball to get himself a goal.

(below) Bobby Kingman takes a penalty kick and clears it over the wall of Granby.





(left to right) Mike Devine, Mike Deedy, Mike Ansman, Jason Thresher, Doug Hackenyos, Mitchell Buder, Colby Johnstone, Coach Beigel, Ben Brown, Sebastian Venegas, Mike Schorr, David Moriarty, Kasey Christian, Bobby Kingman, Mike Presnick, Chris Ewald, Josh Severns, Andy Martin, Ben Sweeny, Anthony Sperazza, Eric Lacivita.

Not Photographed: Wayne Gates

Scoreboard

Opponent	Score
Canton	0-1
East Granby	1-1
Avon	0-1
Ellington	2-1
Enfield	3-1
Granby	2-1
Somers	0-4
Stafford	2-1
East Windsor	2-2
Windsor Locks	2-1
Tolland	2-1
Granby	0-3
Canton	0-1
East Granby	2-1
Avon	1-2
Windsor Locks	3-3



(above) After getting possesion of the ball, Nicole Boudreau gets ready to score a goal.

"We had one of the best JV seasons in years, with a record of 6-13-2."



Katie Donovan '06

"JV soccer was great this season, we had lots of fun playing."



Aneisa Sherman '07

"Our team worked really well together and never gave up during any of the games."



Whitney Mackay '08

The JV girl's soccer team has proved that they have serious talent. Their team was solid and each player contributed to every game. They paid attention to their strengths and weaknesses and helped each other improve.

The team was much better than it has been in previous years and it really showed through in their games. Their success this season was due in part to the fact that they had such a love for the game. When the games were close, they put up a strong fight until the end and never thought once that they couldn't win. They always had high spirits and encouraged each other on and off the field. The girls have improved tremendously from the beginning of the year and developed important skills for playing which will help them through their soccer careers.

Just for Kicks



(Top- left to right) Whitney Mackay, Dany Andrade, Liz Shamy, Carrie Perkins, Erin Horanzy, Alexandra Messmer, Katie Donovan, Chloe Fortin, Coach Mackinnon
(Middle- left to right) Christina Luban, Elizabeth Treiber, Julia Roder-Hanna, Aneisa Sherman, Brittany Crosby, Melissa Jenkins, Shelien Musatori,
(Bottom- left to right) Shannon McGann, Kara Chamberlain, Margaret Cooper, Andrea Rutolo, Melanie Chapman, Nicole Boudreau, Shannon Delaney, Ashley Boudle
Meghan McGunnigle

Reaching Our Goals



Top Row (left to right) Jerry Hunihan, Wayne Gates, Nick Shute, Matt Bouchard, Dane Scozzari, Mike Bincabwski, Sergi Switalski,
Bottom Row (left to right) Greg Daly, Andy Gable, Bryan Hull, Andy Parent, Chris Coates, Kevin Muscarella. Drew Kirkland, Alex Guminaiak
Not Pictured: Sebastian Venegas, Sean Willoughby, Billy Craven, and Luke Anderson

This season's Boys JV Soccer team has really set the standards for future team members yet to come. The team has really stepped up and shown their opponents that they are not a force to be reckoned with.

With the incoming freshmen along with veterans of the team, they came together to make an unforgettable season. As the season progressed their abilities grew and they began to work together as a team. This teamwork along with persistence has led the team to many victories and although the team, like every other team, had their differences at times, they always came together at the end to show everyone what they were made of. Hopefully next year's team will have as many talented players as it did this year.



"Our team has greatly progressed since the beginning of the season."

Sergi Switalski
'07



"We had a great time this year. Not only did we have a winning record, but we had a lot of fun too."

Luke Anderson
'08



"We were the baddest JV team ever. I never won ten games in a season before. I think my pre-game raps had something to do with it."

Dane Scozzari
'06



(above)
Sebastion Venegas flys by the opponant during one of the teams toughest games.

"It has been a hard year, but all together I'm, glad how my senior year turned out. We all played with our hearts. Good luck to next years team and coach you were the best."

-Cpt. Edwin Edwards Jr. '05





"There's no greater task you can achieve unless you put both mind, heart, and hardwork into it, and thats exactly what the football team has done these last two years, thanks team."

-Cpt. William Hill '05



The Raiders' Rumble!

Combined with Windsor Locks, Suffield makes up the Raiders, who won the Pequot Championship in 2003. This year with seniors, William Hill, Edwin Edwards Jr., Nathanel Slater, Aaron Smith, Nicolas Jubrey Richard Bernard, and Michael Morton; they hope to win the championship for a second year, and go to states!



This year all the players have worked extremely hard, to get where they want to be. Every day after school they would take a bus to the Windsor Locks High School to go to a three hour practice. Shortly after school started the team was already scrimmaging to get ready for their first game against Hyde. They fought hard against all their opponets, and in the end it has payed off.

In the third week of the season, the team unfortuantly lost thier coach Ted Netoch. He was only sixty-nine years of age, and he had dedicated part of his life to the High School football team. He has been the assistant coach from 1977 to the present. He passed away on Friday October 1, the day before the teams first home game of the season. They played Cromwell who was undefeated in the regular season since they became a varsity team, two years ago. But for their coach they pulled together and beat them in over time. They had a little meeting in the middle of the field to deidcate the game to coach. The captains each said something special about their coach. He meant a lot to the players and through the rest of the season they dedicated each game to him!

The team has gone through tough times, physically and emotionally. But when the season came to a finish their season ended with great accomplishments, that they all can be very proud of.



(above) Shawn Jordan is ready to tackle the oppponet.

(above in text) Captains Aaron Smith and Nick Jubrey walk off the field knowing they did a great job.



(right) Nate Slater waits in anticiaption of the next play.



(left) Aaron Smith blocks for Robert Hill as he runs down the field.



(left) Jonathan Haslam runs for a touchdown.

(below) Edwin Edwards Jr. trys to break the tackle for another great run.





Front Row:
Aaron Smith, Nicholas Jubrey,
Nathanal Slater,
Edwin Edwards Jr.,
William Hill, Michael Morton,
Richard Bernard,
Second Row:
Coach Scleza, Robert Hill,
Tony Trout
Last Row:
Jonathan Haslam,
Shawn Jordan

Scoreboard

Opponent	Score
Hyde	19-26
Old Saybrook	38-37
Cromwell	48-46
Ellington	36-27
Valley Regional	14-20
Tolland	22-07
Gilbert	28-06
Coventry	56-28
Housatonic	55-21
Stafford	48-00
East Lyme	29-53



(above) Dylan Kennan gets the hand off from the quaterback.

"I believe we have a very strong JV team. We will have a strong back field in the future. We need to improve on the line but I strongly believe we had a great season"



Lawrence Cauley '07

"It was a great season , with a great team. We lost a big part of the team this year but we will still be the greatest."



Jerome Hill '08

"We played like a team and came out as champs."



Christopher Drake '08

Suffield is combined once again with Windsor Locks to make our JV football team. They have had a rough season with 2-5 as their record. All though they have not had a great season, all players are learning how to work and play harder for when they play Varsity. T to practice with Varsity as one team. At the Varsity games the JV is always there on the side lines cheering on their upper classmen, as well as learning at the sametime. For a couple of games this year the JV was fortunate enough; to play the Varsity games, when the they had a big enough lead. JV may have not had a good season but they all learned more about the game of football, so they can play better next year. So it was a productive season even if they won only two games.

The Little Raiders



Second Row: Pat Sullivan, Jerome Hill, Eric Haney, Sean Smith, Matt Conway, Dylan Keenan
Back Row: Brian Betts, Chavov Colman, Chris Drake, Bryce Cyr



Front Row: Shannon Hyse, Ali Kuras, Alyssa Johnson, Kalleigh Peterson, Rachel Sherwood, Kelsey Emmons
Second Row: Rachelle Campion, Kimberly Denue, Lara Sauter, Diana Mark, Kathryn Kenney, Sara Shea, Amanda Scozzafava
Last Row: Trisha Herring, Nicole Ferland, Ally Winne, Ayeshah Nims, Naty Said, Coach Kristin

Hit And Run Girls

The girls Junior Varsity Field Hockey team has had a wonderful season. These girls worked hard to accomplished all that they have achieved and are happy with the results. They have improved alot this season as well. Throughout the whole season they were winning games and played more like a team. Some of the girls say that the reason they had a better season was because of their new coaches. They pushed them harder and harder every practice and at games too. The team came together also by no hogging the ball, they passed alot more. They also communicated during the plays that were going on. But winning did help bring this team closer together to play better. These girls worked hard for their season and they deffinatly deserved it.



"Field hockey has made me a better driver. It taught me how to hit and run."

Nicole Ferland '07



"Playing a sport definatly made me a better person on the inside and out, I love being apart of a team."

Amanda Scozzafava '07



"When you play field hockey, it's not a dress rehersal, you got to get out there and play."

Rachelle Campion '07



(above) Suffield players wait for the action to start, in anticipation of the next play.

"I'm so proud of the team this year, we've made some great improvements."

-Chelsea Phillips '06





"FINALLY... WE WON"

-Carly Neilson '07



The Field Hockey team had a great comeback this year when they won the majority of their games this season. This is the first time that the girls have succeeded in getting into the state tournament in the last fifteen years. This positive change was due to the girls' determination and spirit. They gave it their all in every game which helped them to get into the state tournament. All of the girls on the team are very committed. As a result of their commitment to the team, they managed to win more games than they usually do. The team managed to win six of their games, and to tie their second game against Canton.



Although there were only three seniors on the team, the juniors certainly did their part to help run the team. The three captains were in a large part responsible for the enthusiasm that the girls had. Before every game they made sure to pump up the team and to encourage the girls to try their best. Many of the younger players had a chance to improve on their skills this year, since it was important for each team member to do her part. The team looks promising for next year, since they will only be losing three seniors. The sophomores and juniors will step up and their season will reflect the great one that the girls had this year. Good luck girls!

Sweeping Our Opponents



(above) Courtney Bednaz and Carly Neilson jog in for a time out during a home game.

(above inset) Brynn Scozzari, Sheila Leary, and Jessica Giller take a water break and watch their teamates play.



(right) A determined player flies by the opposing teams players while she is playing offense.



(Left) Brianna Flynn approaches the ball with determination in order to prevent the other team from getting to it first.



(left) Holly Benard hugs her co-captains, seniors Katelyn Willoughby and Nadine Wright.

(below) Brooke Boucher practices her shooting skills while they are warming up for the game.





Coach Amy, Jessica Anderson, Braidy Zavisza, Sheila Leary, Riel Hoffacker, Lyndsey Zavisza, Jessica Giller, Kathryn Simison, Emily Nilson, Coach Paula, Brooke Boucher, Courtney Bednaz, Carly Neilson, Chelsea Phillips, Sam Cieri, Brynn Scozarri, Bryanna Neale, Brianna Flynn, Katelyn Willoughby, Holly Benard, Nadine Wright, Elizabeth Lancaster, Morgan Denno

Scoreboard

Opponent	Score
Stafford	00-01
Enfield	02-03
Somers	03-01
Windham	03-00
Granby	01-02
Canton	01-05
Windsor	02-00
Stafford	01-00
Enfield	01-02
Windham	02-00
Avon	01-01
Granby	00-04
Farmington	00-02
Avon	00-03
Canton	00-00
Somers	02-00

(right) Allie Rodgers swims the butterfly in the 100 yard butterfly.





(right) Kristi Albert breathes during the 100 yard breast stroke.

(below) Captains Ashley Fleming, Katelin Sherman and Christina Gancarz pose for a picture just before a meet.



Scoreboard

Opponent	Score
Sacred Heart	93-84
Watertown	95-90
Farmington	86-95
Berlin	99-85
Rocky Hill	95-86
St Paul	95-78
Holy Cross	97-84
Middletown	94-90
Enfield	84-69
Plainville	84-97
H-K	87-99
Windsor Locks	99-82
East Catholic	88-93

Lizz Titteralli, Jen West, Haley Kirkland, Ashley Fleming, Katelin Sherman, Christina Gancarz, Rachel Panasiewicz, Nikki Henao, Gretchen Eastman, Coach Motolo Alicia Baumann, Lydia Nicol, Whitney Simons, Kellen Rice, Alisha Stafford Sarah Brueno, Michelle Salamone, Nikki Lemire, Amy Padrevita, Coach Beck, Natalie Mazzetta, Keri Ann Brunault, Kathryn Spencer, Sara Gardocki, Eleanor Sutton, Stacie Breault, Kathryn Betts, Traci Minch, Michele Niejadlik, Jen Case, Allie Rodgers, Sam Stafford, Kera Simons, Shannona Smith Kristi Albert, Alex Wislon Grace Perrin





"This year was the best! The team was so close and supportive of each other, helping us win as much as we did. I'm going to miss everything about it."

-Senior Haley Kirkland '05





"This was the best seasons in the four years I've been on the team. These girls are amazing and I'm going to miss them all."

-Senior Lizz Tittarelli '05

In the Fast Lane

Suffield's girl's swim team has made some impressive waves here at Suffield High School. Starting the season with one of the best records in Suffield's history, the girls were determined to keep their success going strong. Senior Jen West says, "Winning our first couple of meets really gave the team the confidence and drive to do our best throughout the season." Another key factor in the team's success was the unity between all the girls. "The closesness between us all was really amazing. Being able to be best friends with all your teammates makes everyday really fun. Our success would not have been possible without the unique unity we had", says Captain Christina Gancarz. The team was able to break numerous records this year as well. Sophomore, Natalie Mazzetta broke Griffin O'Conor's record in the 200 individual medley. Sarah Brueno broke Melanie Brown's diving record this season as well. The season was not based on all work and no play however, the success of the team was brought by constant fun during practice. Games of water polo and candy practices made the season more enjoyable and lessoned pressure. The ending record was 9 wins and 4 losses. Overall the season was excellent, ending with an emotional senior night, where the seniors were presented with numerous gifts and a fish to have forever to remember the good times spent with the Suffield Swim Team.





(left) Alex Wilson, Eleanor Sutton, Sarah Brueno, Stacie Breault and Nikki Henao pose for a shot.



(above center) Eleanor Sutton is mid-air on one of her dives in a meet.

(above)Alicia Baumann, Natalie Mazzetta and Gretchen Eastman smiling before a race.

"Our team has become close during the season and we pulled together to play great. Next season is going to be even better."

-Jenn Thresher '08





"It's been a great season, we can't wait to go into states with a good record."

-Lindsey Zavisza '07

To New Heights

Basketball is a sport where strength and accuracy are not only good skills to have, but rather vital traits. These traits can be easily found in the gymnasium of Suffield High School during any practice or game of the girl's varsity basketball team.

This team is an amazing group of young women who play thier hardest during each and every game no matter how hard or challenging the competition may be.

This season the team had the great leadership of their longtime coach, Mr. Sullivan . He adds so much energy and will power into the hearts of the girls leading them to a great season.



In a game against their rival, Windsor Locks, the team was behind in the beginning of the game but were determined and managed to come back for the win. Even with all of the pressure the team worked together and played their best.

Any spectator can have a great time watching the varsity girls play. They can control the ball so well and have perfect plays that result in amazing baskets. The team is so in sync with one another, when playing, they know exactly where to go and every player is aware of where their teammates are on the court.

This season the Suffield girl's varisty basketball team was at a new height.





(above) Taylor Bartini battles for possession after an opposing player looses the ball.

(above in text) The team proudly stands for the singing of the National Anthem.



(right) The Suffield girls show their excitement and support for their starting lineup.



(left) Kelly Heath gives it her all to win the tip off for Suffield.



(left) Chloe McKay drives the basketball around one of the Canton girls for a basket.

(below) Kelly Heath concentrates hard while shooting a foul shot for her team.





Kelly Heath,
Chloe McKay,
Lindsay Small,
Taylor Bartini,
Bethany Klose,
Lindsey Zavisza,
Jenn Thresher,
Shannon McCann,
Lauren Smith,
Jill Grakowsky,
Michele Niejadlik,
Whitney Mackay,
Coach: Dan Sullivan

Scoreboard

Opponent	Score
Coventry	51-42
Avon	42-33
East Granby	60-27
Canton	62-44
Stafford	41-25
Plainville	53-41
Amity	48-44
Windsor Locks	41-34
Granby	64-39
Enfield	48-37



(above) Sophomore Lauren Smith dripples in for a shot.

"Our team has accomplished a lot this year; we are a really strong team."



Nicole Mitchell '07

"Throughout the season our team has become really close on and off the court."



Kelly Christian '08

"Our coach has taught us a lot and has really brought us together."



Chloe Fortin '07

The Girls Junior Varisty Basketball season, for 2004-2005, was outstanding and successful. Through late practices and tough games the girls improved their skills on and off the court. Individually, they all approved their basketball skills. Together, as one, they learned how to respect each other and play as a team. The girls would like to thank the parents and students, of Suffield High School, for all the support they received this season.

Movin' On Up



Back row: Kelly Bielonko, Kelly Christian, Katelynn Rice, Whitney Mackay, Jennifer Silva, Coach Perry
Middle row: Michelle Niejadlik, Lisa Beltrmello, Shelien Muratori, Ashley Thibodeau
Back row: Lauren Smith, Nicole Mitchell, Chloe Fortin.



Back row: Coach Katie McGurn, Amber Nadeau, Jessica Nadeau, Erin Murray, Sam Cieri
Middle row: Amy Collins, Melissa Jenkins, Brittany Crosby, Christina Luban
Front row: Nicole Ferland, Alexandra Messmer, Braidy Zavisza
Not pictured: Emily Droney

A Fresh Start

After school, with Coach Katie McGurn, you can find the Freshmen Girls Basketball team spending endless hours working towards success. Many of the girls on the team have had little or no experience playing the tough and challenging game. During practices the team works on mastering their dribbling skills to scoring their foul shots. Being on the Freshmen Girls Basketball team, it prepares you to move to a more challenging level of either Junior Varsity or Varsity. Attending one of their games, you would see how their hard work and dedication has paid off. "We improved every game. There was a lot of good athletes who learned the game of basketball for the first time so it was challenging, but fun!" Coach Katie McGurn



"We all came in at the same level, with different goals, that we will accomplish."

Emily Droney '08



"Every game and practice we would try our hardest and in the end we always won."

Alexandera Messmer '08



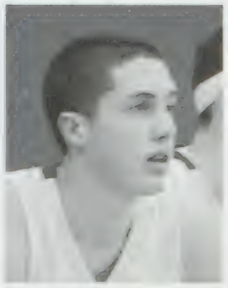
"When we played with our whole hearts we always had the victory...win or lose."

Braidy Zavisza '08



Sam Cieri looks for an open pass.

"Our team triumphed in several games after overcoming the loss of many seniors last year."
-Mark Beltramello '06





"It was a good season.... but next year the class of '07 is taking it to the next level."
-Alex Carroll '07



Basketball is not only a fun game to play, but it is also hard work. The boys had intense practices everyday for two hours learning new plays and going over techniques. The coach, Mr. McCullough, and assistant coach, Mr. G, drilled them until they showed him what they were made of. Even though the practices were tough, their hard work showed through at the games. They worked together, played together, and learned how to function as one.



This year's captains, Will Hill and Billy Chapman, showed great leadership skills and guided the rest of the team to many victories. They really came though as captains and pulled everyone together even though there were some rough times. This winter, the basketball players impressed us all once again. They showed determination and skill in each and every one of their games. During one of the most memorable games this year, against Windsor Locks, the team came through in the clutch to win the game by a few points.

Each year there is a different team with new players and every year the team adjusts and works together to achieve what they are striving for. "Learning how to play the game isn't the hard part, its learning how to play together," said Mike Devine. They came together to make an awesome **team** because you know the famous saying "Together Everyone Achieves More!" And that's what they are, a team. All the players lived for the thrill and excitement they got while playing the game. It gave them an addictive rush of adrenaline that kept them coming back for more.

Bring it to the Court, Suffield!



(above) Dave Pianki maneuvers through the opponents and makes a quick pass.

(above in text) Captains Will Hill and Bill Chapman take time out of their busy practice time to take a picture.



(tight) Alex Carroll does some fancy footwork while dodging his opponent.



(left) Robert Hill goes big during the Canton game, scoring for the team.



(left) The team gets pumped up before one of their games.

(below) The seniors, Bill Chapman, Aaron Smith, Tom Emery, Will Hill, and Dave Moriarty get together for a quick photo before the game.





(left to right)
Gretchen Eastman, Mr. Gatto, Jonathan Haslam, Alex Carroll, Bill Chapman, Tom Emery, Robert Hill, Will Hill, Mr. McCullough, Sara Shea, Alex Wright, Mark Beltramello, Aaron Smith, Dave Moriaty, Mike Devine, Dave Pianki

Scoreboard

Opponent	Score
Tolland	45-48
Canton	56-54
Fermi	36-56
Plainville	52-61
Plainville	48-36
Windsor Locks	52-40
Granby	55-62
Enfield	65-70
Somers	57-46
Ellington	53-63
East Windsor	52-46
Tolland	56-63
Stafford	65-70
Avon	68-50
East Granby	
Canton	
Windsor Locks	
Granby	
Avon	
East Granby	



(above) Matt Silva makes a drive down the court.

"I enjoy the feeling of getting tired during a game, because I know that I have worked to my full potential."



Matt Banak '07

"My first high school season was a great success but, I couldn't have thrived in this environment without my teammates."



Sean Smith '08

"Sports don't build character, it reveals it. (Coach G)"



Billy Craven '07

This season the JV boys basketball team has been a success. The hard work and effort that this puts in at their practices really paid off. They have gained many wins and a reputation as an up and coming team. Many of these players work their hardest in hopes that they will some day become a star player on the varisty team. Being on the JV team gives these players the advantage of sharing practice witht the varsity players and learning how to handle certain situations. As time goes on more and more people attend the JV boys basketball games to watch the exciting playing that goes on. Everyone should watch out because next year the stars on this team will be playing on the court with the varsity team, and prove that they too, can hold their own on the court.

Taking It To The Court



Top row: Coach Gaillard, Matt Banak, Joel Lee, Steve Treglia, Chevon Holman, Jeff Colapietro, Matt Silva
Bottom row: Tyler Diprato, Brian Hull, Sean Smith, Mike Presnick, Devon Gibson, Billy Craven

Swoosh!



Top row: Coach Bielonko, Matt Winne, Chris Stein, Skip Sneath, Josh Tunstall, Chris Drake, Mike Fusick
Bottom row: Chris Coates, Alex Guminiak, Jerome Hill, Josh Severns

The freshman boys basketball team has tried their best to keep up with all the other teams. They have worked really hard to perform their best while on the court. As being freshmen this is their first year at the high school and their chance to learn what Suffield basketball is all about. This team is about learning about teamwork and determination. They started their season off well with two wins, which boosted morale. Every practice they can be seen working hard to better themselves at the sport that they dedicate themselves to every winter. Next year they will be on the JV or even the varsity team, learning from their peers on how they too can become stars of the team.



"It was a great experience to be on a high school team. It really taught me a lot about teamwork."

Alex Guminiak
'08



"I have made a lot of strong friendships with my teammates."

Josh Tunstall
'08



"This team has really helped me get better at this great sport."

Chris Stein
'08



Both teams watch as Chris Drake puts up a free throw to tie the game.

"When in doubt, the headlock comes out!"
-Captain Nick Jubrey '05





"Top, bottom, neutral, or defer? Doesn't matter to me."
-Shane Lewis '06



We Pin to Win

Every winter, a handful of students at SHS spend countless hours of their weekdays and weekends competing on the wrestling team, pitting themselves against numerous opponents, and working their hardest to improve their ability.

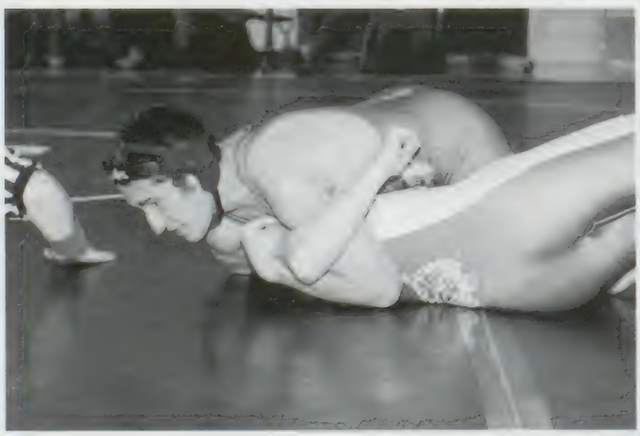


This years wrestling season got off to a good start. Winning the first match of the season proved to be a good stepping stone for the predominantly freshman and sophomore team team. With only three returning seniors and two juniors it proved that hard work and determination were a deciding factor in many of this years matches. Every wrestler has to perform well, both for themselves and the team. One wrestlers folly can spell disaster for the team's success in a meet or tournament.

Wrestling is not an easy sport, it takes many hours of drilling and conditioning to become a well-rounded wrestler. Wrestling is also an individual and team sport.

Captain Colby Johnstone can always be seen encouraging fellow wrestlers to work there hardest at practice, so that their matches will be easy. Having wrestled since the fifth grade, Colby is a well-respected athlete, earning many wins for the team.

Next year is looking to be a tough one, with only a handful of returning veterans who will hopefully pass on their skill to the newcomers of this great sport.





(above) Jaron Pioggia squeezes his opponent with all of his might in an attempt to pin him.

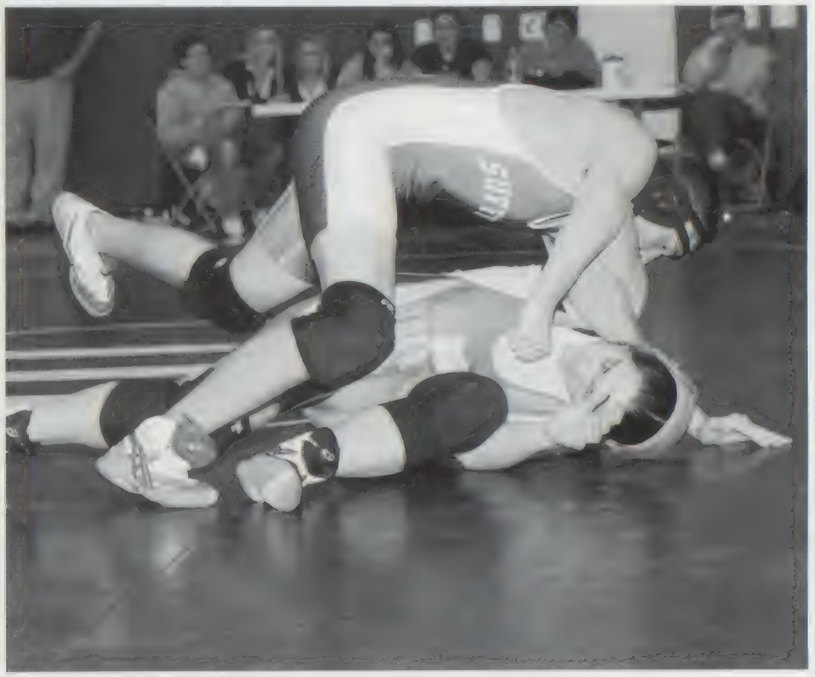
(above in text) Captains Colby Johnstone, Jimmy Sheridan, and Nick Jubrey pose for a quick picture.

(right) Colby Johnstone tries to keep his opponent on the matt.



(left) Justin Sheridan puts his kid in a headlock on his way to a pin.

(below) Matt Conway runs works a move on his opponent in a tough match.





Top row: Coach Potter, Sean Kennedy, Dave Shelanskas, Paul Laflesh, Jay Halse, Kyle Kennedy, Kalina Nowak, Stephanie Shimmel
Middle Row: Jimmy Lemire, Bojan Bojic, Matt Conway, Vinny Morelli, Justin Sheridan, Larry Cauley, Jamell Stevenson, Eric Haney, Kevin Mannino
Bottom row: Shane Lewis, Jimmy Sheridan, Colby Johnstone, Nick Jubrey, Dale Rollet, Jaron Pioggia
Not Pictured: Ivan Bojic, Sergi Switalski, Pat Sullivan

Scoreboard

Opponent	Score
Lyman Memorial	38-36
Farmington	36-41
Doug Parker Tourn.	5th
at Enfield	60-24
at South Windsor	60-22
Stafford	60-24
at Fermi	00-00
Granby	35-31
East Hartford Tourn.	8th
Canton	37-34
Windham Tech	
Thomaston	
Gilbert	
at Avon	
at Housatonic	
at New London	
at Northwest Regional	
Somers	
at Morgan	
at Griswold	
at Derby	
at Rocky Hill	
at Cheney Tech	

(right) Jaclyn Blazy stretches with the hurdle to prepare herself for her first hurdle race of the season.





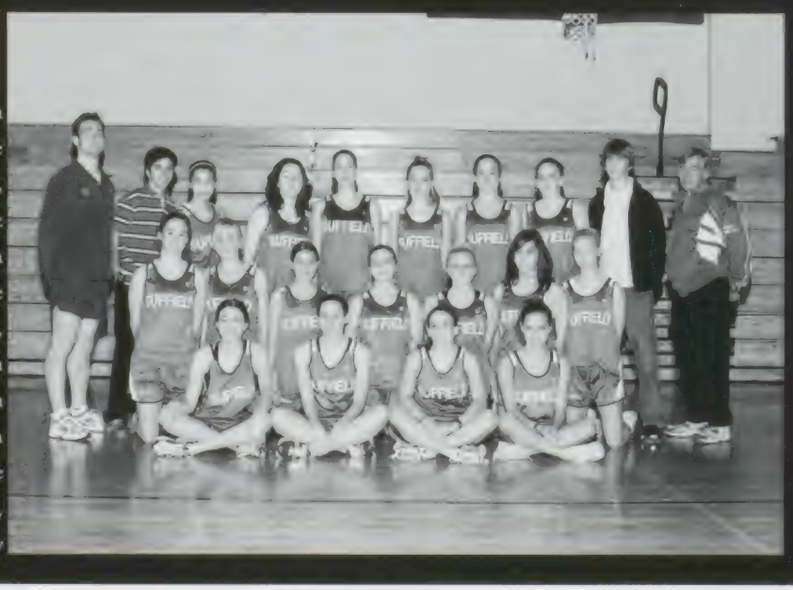
(right) Nicole Boudreau clears the first high jumps setting with ease, great job Nicole!

(below) Navina Vemuri, Danielle Loughrey, and Lauren Beaulieu wait for the sound of the gun at the starting line.



Meet Schedule

Developmental @ Hillhouse
Developmental @ Central
Developmental @ Yale
Dartmouth Relays
Developmental @ Glastonbury
H.K. Invitational
SCC Coach's Invitational
NCCC
State Championship Class S
State Open
New England Championship
NSIC Championship



(left to right - top row) Coach Winiarski, Chris Ewald, Danielle Monsiegneur, Lauren Beaulieu, Alex Wilson, Kirste Albert, Liz Treiber, Meghan Cocca, Colin Packard, Coach Sinicrope (middle row) Jess Giller, Nicole Boudreau, Margret Cooper, Kara Chamberlain, Erin Waters, Navina Vemuri, Andrea Ruotolo, (bottom row) Chelsea Lawrence, Danielle Loughrey, Whitney Tagliavini, Jackie Blazy



"I had a lot of fun. It was really hard, but it helped me excercise and do well."

-Dany Andrade '05





"I'm really glad I did indoor this year. I met a lot of cool people and got excercise too!"

-Kara Chaimberland '08

I Am Woman, Hear Me ROAR

With only four seniors on the team this season, fans of the Girl's Track team were a bit weary at the get-go. Although the team was young, the girls slashed through the challenges that lied before them with surprising force and admirable spirit.

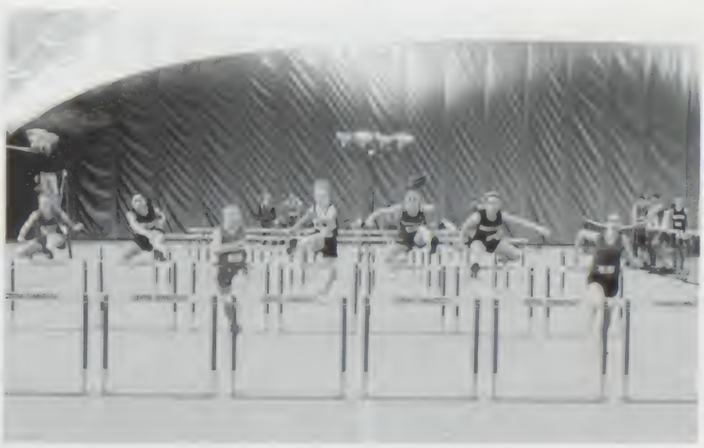
The first meet of the season was full of excitement. Captain Whitney Tagliavini sweeped the finish in the long jump to beat Ellington's top long jumper. Freshman Margret Cooper showed vast potential in the middle distance events.



The meet at Central Connecticut State University greatly helped to boost the team's confidence levels. The girls took home many good time records, and even though the meet didn't count towards Suffield's standing in the Northern Central Connecticut Conference, it was great practice for the girls and it most certainly gave them reason to look foward to a rewarding season.

This season's team spirit was quite outstanding. The team members came home with not only wins, but the satistfaction of knowing their worth on and off the track.





(left) Danielle Monseniur waits for Coach Winarski to tape her ankle so that she can participate.

(above in text) Captains Whitney Tagliavini and Danielle Loughrey are ready to face the challenges of the meet!

(above) Jessica Giller hurdles over the obstacles as she races the less qualified runners to bring home a win!

"We worked really hard this season, and I didn't always want to stick with it, but I'm glad I did; it all paid off."
-Shawn DeFord '08





"It's fun."
-Brian Gracie '08



Run, Forrest, Run!

If you have ever stayed after school during the winter, you may have encountered a truly talented group of young men striding through the corridors of our beloved school building. These are the boys of the Suffield High Indoor Track Team. These dedicated young men spend hours every day after class training for one of the most grueling, competitive activities to grace the world of high school sports.



Not only do the boys train physically, but they train mentally as well; indoor track is extremely demanding in both respects. Many believe that it only takes muscles to run, but athletic ability is not the most important aspect of a runner. Mental stability is the building block to success as an indoor track participant.

Unlike most sports, the competition is not only team-oriented, but individual as well. When an indoor track team member hears the gun signaling the beginning of a race, he is not just racing against the other team's runners, he is racing against the clock. As the seconds tick on, the runner approaches the finish line; a restful oasis in a desert of speed.

The success of the SHS Boy's Indoor Track Team was demonstrated over the course of this season. Their hard work, dedication, and determination shined through and the team finished with resilience.



(above) Michael Ansman leaps over the bar in the dangerous high jump competiton.

(above in text) Max Wiosna sprints to the finish in a three hundred meter race.

(right) Wesley Lauderback uses all of his might to hurl the heavy shotput far.





(left) Team member Andrew Martin takes a break after a long and successful race.



(left) Captain Michael Cocca soars past his opponents to take home the first big win of the meet! Way to go Mike!

(below) The long distance boys get together before their first race of the meet, good luck boys!





(left to right) Coach Winiarski, Kevin Muscarella, Wayne Gates, Aaron Shelanskas, Max Wiosna, Shawn DeFord, Mike Cooper, Mike Tassinari, Peter Masso, Coach Sinicrope, Colin Packard, Chris Ewald , Andy Martin , Robert Parise, Sean Jordan, Brian Carney, Jerry Hunihan, Brian Gracie, Jordan Mazur, Wesley Lowderback , Mike Ansman, Doug Hackenyos, Mike Cocca, Matt Rigby, Tom Parise, David Wilson

Meet Schedule

Developmental @ Hillhouse
Developmental @ Central
Developmental @ Yale
Dartmouth Relays
Developmental @ Glastonbury
H.K. Invitational
SCC Coach's Invitational
NCCC
State Championship Class S
State Open
New England Championship
NSIC Championship

(right) Sophomore Nicholas Shute fights off his opponent to win the puck.





(right) Sophomore Brian Depray races ahead of his opponent to intercept a pass.

(below) Senior captian Scott Vanhalturn waits for the drop of the puck to win the face-off for Suffield.



Scoreboard

Opponent	Score
Tri Town	03-07
Hall	00-05
Simsbury	00-04
Newington	04-06
Housatonic	05-02
Xavier	03-07
Fermi	00-15
Immaculate	01-08
Enfield	00-03
Fermi	07-02
Tri Town	02-10
Avon	05-05
Shepaug	03-04
Enfield	01-04
South Windsor	01-08
Avon	02-04

(left to right) Dean Tucker, Brian Depray, James Thompson, Scott Murdock, Barry Sonny, Mathew Breese, Dustin Tucker, Coach Richard Carney, Zachary Daniels, Bennet Sweeney, Joseph Lawrence, Curt Lapointe, Michael Dzoiba, Joseph Beeker, Steve Beck, Coach Bobby Hinckley, Nicholas Shute, Zachary Lombardo, Scott VanHaltern, Aaron Williams, Nathan Allard, Nicholas Roy, Michael Sullivan, and Mathew Frechette





"My mommy always taught me if you can't say anything nice, don't say anything at all."

- Scott VanHaltern '05





"We may not have won many games, but it was still a fun way to end my high school hockey carreer."

- Scott Murdock '05

Skating on Thin Ice

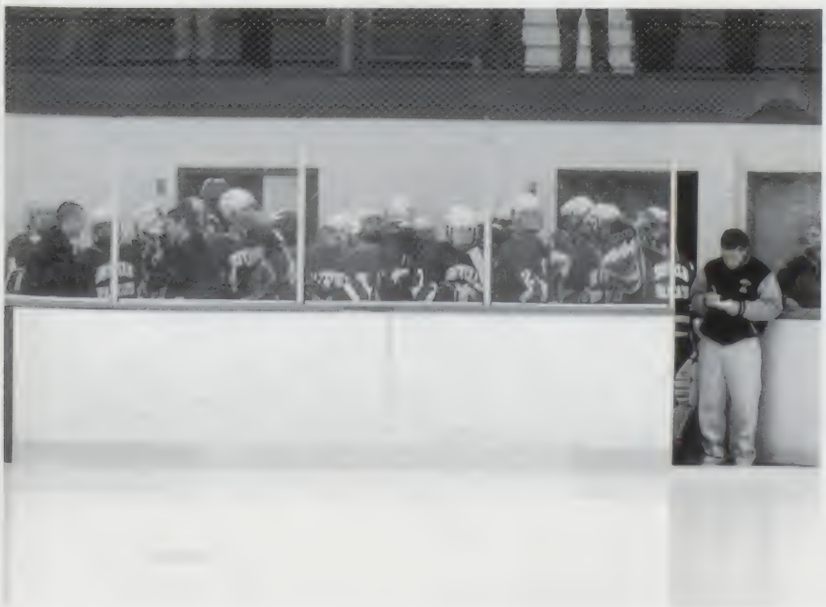
The hockey team started their season off with a few disappointing losses, however, their determination never seemed to quit. Losing most of their star players last year has made this year one for rebuilding. As if the graduated seniors weren't enough, the team also suffered from some injuries. The team was then truly skating on thin ice.



Although, the season may not have been a successful one, it showed some promising potential for the future. Freshmen and sophomores got more chances to shine, and were able to demonstrate their skills at the varsity level. Competing against older and stronger boys is not an easy task, but getting the experience is an important part of rebuilding.

Even though the team is young, the veterans from last year made their presence known. Their determination and perseverance they took away from last year was seen in every game and practice. The push and drive from these players demonstrates to the younger players what teamwork is all about.

Lastly, this team would be nothing without its unity. From fun times on the bus, to connecting on the ice, no team will ever be able to break that bond. With this team's great spirit and enthusiasm, it is obvious that winning really isn't everything. Hopefully with this season coming to an end, the team has learned a few things and will take this knowledge to be a fierce competitor next year.





(left) The team awaits eagerly for the game to begin.

(above in text) Coach Hinkley calls the team in for a quick talk to get them motivated for the rest of the game.

(above) The Junior Varsit team poses for a picture before their game.

"The team was so dedicated this year that we were better then ever"
-Lindsay Bertrand '05





" This year we have grown so much as individuals and as a team"
-Stay-C Cauley'06



This years cheerleading team has shown a lot of skill and determination. Many girls this year tried out for the team, and the determined made it to the top. In the past years, the team struggled trying to find enough people to be on the team. They didn't have a problem this year, many girls from last years team came back out for the team, and many freshmen decided to give it a try. The four seniors on the team Krystal Eisenhaure, Lindsay Bertrand, Catherine Brunette, and Ashley McMann have taken over the leadership position of the team. The girls push the underclassmen to strive only for the best.



Many people might think that cheerleading isn't a sport, but in reality they are. It takes athletic ability, skill, and dedication to perfecting cheers. Every afternoon in the gym and before the games you can find the girls practicing their cheers to perfection. After endless hours of practicing, many of the girls have many bruises to show the hard work they have put in to their cheers. At the end of practice, after the sweat and tears, the team is still smiling and enthusuastic about cheerleading.

When you attend the basketball games, at Suffield High School, you can see how individually each of the girls have improved their skills, from their kicks to their jumps. Not only individually have they improved, but they have also improved on working together as a team. Being part of a cheerleading team you need to work together as a team because of the tough and hard lifts they do. In the years to come, watch to see the team grow and become stronger.

Let's Go Suffield!



(right) The girls show off there moves during the boys home game.

(above in text) Brenna O'Brien and Kaitlin Baker take a break from practice for a quick picture.



(above) During halftime Krystal Eisenhaure and Amylia O'Neil do a cheer for the audience.

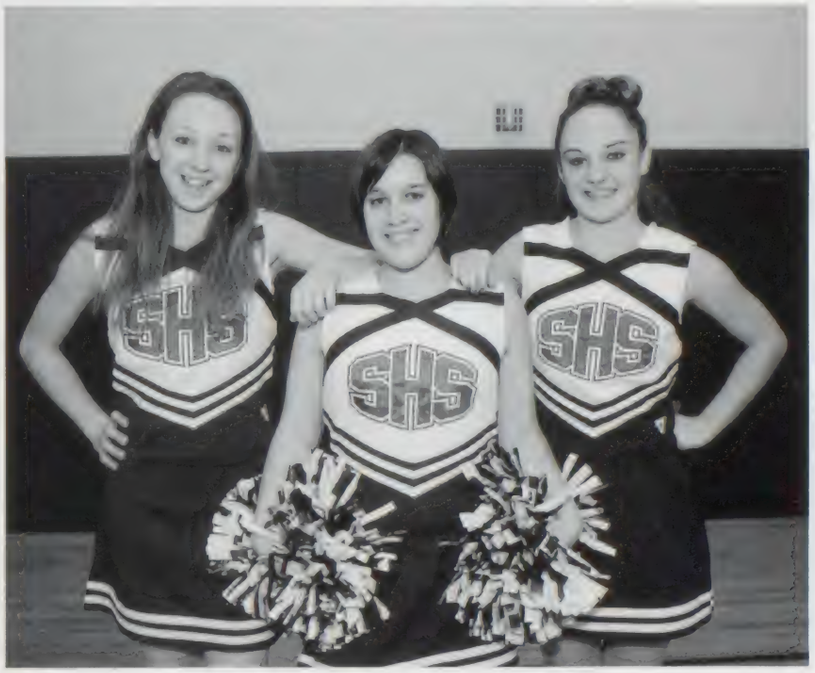


(left) During halftime the team lifts Ashley Labarre, Lindsay Bertrand, and Amylia O'Neil into the air.



(left) Stay-C Cauley, Catherine Brunette, and Krystal Eisenhaure get ready for there next cheer.

(below) The three seniors Krystal Eisenhaure, Catherine Brunette, and Lindsay Bertrand pose for the camera.

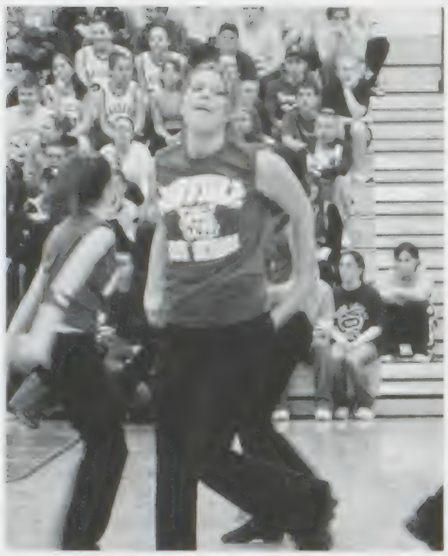




(left to right) Coach Gereem Nicholson, Kayleigh Brown, Rebekah Higginbotham, Krystal Eisenhaure, Brenna O'Brien, Ashley LaBarre, Cassandra Pavel, AmandaElcock, Kristen Pepler, Chelsea Sterling, Stay-C Cauley, Alisha Olschafskie, Catherine Brunette, Kaitlin Baker, Amylia O'Neil, Lindsay Bertrand, Rachel Cosker Not Pictured: Ashley McMann



(right) The first move is just as important as the last.



(right) Lauren Scandera knows how to get the crowd pumped up for the rest of the game.

(below) In holiday attire Eleanor Sutton leads her group in an exciting new dance.





Dance Team 2004-2005

Artist	Song
Huston	"I Like it Like that"
Destiny's Child	"Loose my Breathe"
Ciara	"Hotline"
Ciara	"1, 2 Step"
Mya	"Do you only wanna Dance"
Jock Jams	"Mix"
Jock Jams	"Tootsie Roll"

Lauren Scandera, Alexandra O'Halleran, Jacki Czerniak, Samantha Ridley, Jennifer Senefonte, Valerie Longhi, Karah Laprade, Jessica Banks, Kathryn Spencer, Ashley Agudelo, Rachel Brueno, Rachel Sullivan, Alyssa Frechette, Danielle Sullivan, Eleanor Sutton, Kelly Blais, Nicole Engel, Jenn Cmara, Jen West, Stephanie Gauthier, Kelly Spremulli, and Tiffany Doane





"It has been difficult without a coach and we've been through a lot. But we have pulled through strongly."
-Valerie Longhi '06





"I love being on dance team. It has really helped with the transition from middle school to high school."
-Ashley Agudelo '08

Although the season began with the difficulty of finding a new coach, the girls proved that they could keep it together. With a lot of dedication from the team's seniors, the dance team was able to create their own dances. The captains spent a lot of time teaching the dances, and the underclassmen worked hard to learn them, which shows the girls' determination. Although the team had long practices, and some differences in opinion, they always ended practices satisfied with the work that was accomplished.



One major fundraiser this year was the raffle. Many students, family, and friends helped to support the team by purchasing raffle tickets for various businesses. Much appreciation was given to Kathy Doane, the team's parental support for the whole season. Hopefully this good luck will continue to come to the girls on the team.

The dance team does an excellent job of drawing in the crowds to Varsity basketball games. The girls change the dances for each game, along with their outfits in order to mix things up a bit. During the holiday season the girls dressed with holiday cheer by wearing bright red and Santa hat's. At the annual Suffield vs. Windsor locks, the girls supported our team by wearing blue Suffield High School tee shirts. Hopefully the fun and energetic dances played a part in the many wins that our basketball teams had this year.

Through everything, the dance team managed to look amazing with every move they made. The team put their hearts and souls into the season and the members hope that everyone enjoyed their performances throughout the basketball season. The team can not wait to see you all next year!

Can You Keep Up?





(left) Kathryn Spencer, Alexandra O'Halloran, Eleanor Sutton and Alyssa Ferchette wish the crowd Happy Holidays.

(above in text) The freshman are ready for any challenge the upper- classman throw at them.

(above) Seniors Nicole Engle, Kelly Spremulli, Kelly Blais, Jennifer Cmara, Jennifer West, Stephanie Gauthier, and Tiffany Doane.

"We accomplished many great things as a team this year and I believe that all the girls put in their hardest effort."
-Cpt. Melissa Rancourt '04





"As a team we all worked really hard and did what we needed to get where we did, I think everyone should be really proud of themselves."
-Cpt. Katie Tunsky '04



Showing No Love

Girls Varsity Tennis has a new motto that has been proved through the 2004 season. The girls have successfully filled the places that were left by graduating seniors last year. The girls were left with two very important slots to fill: First Singles and First Doubles. The girls showed their ability and motivation by winning many matches. Although they didn't have as many wins as they had expected, there was never a time that the girls gave up. The girls have also had to deal with the addition of a new coach. Mr. Senofante brought nothing but success during this season; he added plenty of good leadership to the team. His positive attitude, persistent talks, and practices added to the many accomplishments this year. The girls ended the season with a 4-14 record but showed their teamwork with the appearance at the NCCC where the girls placed third. These girls have worked as hard as possible, individually and as a team, to finish the year on top and show that they can come back next year continuing their motto: "Showing No Love..."





(above) Ali Bromson completes her shot with great follow through.

(above in text) Amanda Morris, Melissa Rancourt, Katie Tunsky, Jess Rafolowski, Kasi Soni, and Jackie Lewis.



(right) Sarah Brueno is determined to win the point.

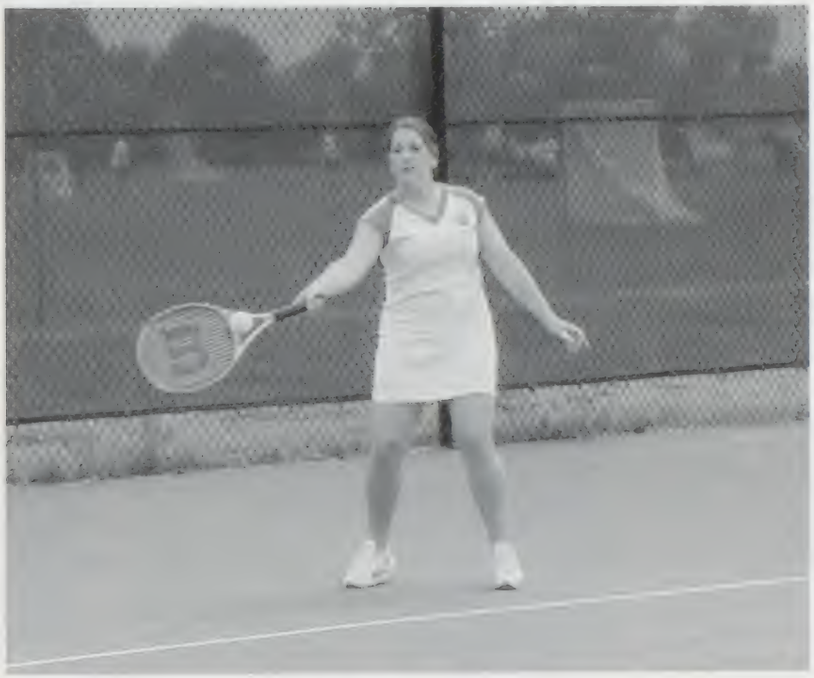


(left) Riel Hoffacker straddles across the court to reach the ball.



(left) Bethany Klose concentrates on the ball to prepare her serve.

(below) Jen Senofante completes the shot.





(left to right) Mr. Senofante, Sarah Brueno, Bethany Klose, Jessica Rafalowski, Lindsay Zavisa, Christina White, Annie Santaniello, Jenni Sansom, Amanda Morris, Kassi Soni, Jennifer Senofante, Jackie Lewis, Messisa Rancourt and Katie Tunsky

Scoreboard

Opponent	Score
Enfield	6-1
Canton	2-5
East Granby	1-6
Tolland	0-7
Granby	3-4
Windsor Locks	7-0
Avon	0-7
Enfield	6-1
Canton	3-4
East Graby	2-5
Tolland	3-4
Granby	1-6
Windsor Locks	7-0
Avon	0-7

(right) Mitchell Buder stands poised awaiting his opponent's serve.



(right) Mike Schorr finishes strong to contribute to a first doubles victory.



(below) Colin Packard and Mike Ansman work in tandem in order to win a competitive doubles match.



Scoreboard

Opponent	Score
Enfield	07-00
Canton	06-01
Windsor Locks	06-01
Tolland	01-06
Enfield	06-01
Granby	04-03
Tolland	02-05
Avon	00-07
Granby	03-04
Windsor Locks	06-01
Avon	01-06

(left to right) Coach Beigel, Colin Packard, Devin Potter, Mitchell Buder, Mike Ansman, Mike Schorr, Sam Forster, Jimmy Chmiel, Eric Lacivita, Trey Hall, Adam Davidson, Dave Hoogeworf, Brent Creighton, Rob Farenholtz not pictured: Patrick Pease, Matt Dombrowski, Colby Johnstone



"The team excelled in many matches and walked away from the season with many great victories."
-Devin Potter '05





"We had high expectations with four seniors and I think we did well."
-Mike Ansman '06

Simple tennis etiquette states: excessive cheering and celebrating is not permissible at a match. The athletes compete in their matches, congratulate their opponents, and celebrate off the courts. The Boys Tennis Team decided that they would bend the rules this season.

The season started with a bang as the team defeated Enfield seven matches to none. They continued to play well until they suffered a loss to Tolland who proved to be their first challenge of the season. Coach Beigel encouraged his team to do their best so that they would not lose momentum. "We thought we could have played better so we kept our heads up and kept going," said Mike Schorr.



Luckily, the team didn't put their heads down after the loss and finished the season with a 6-5 record. Many of the players felt that the season was a huge success. Each player improved his individual skills.

On a spring afternoon, don't be surprised if you hear cheers echoing from the tennis courts at Suffield High School in support of the team.

What's With All the Racket?





(left) Jimmy Chmiel charges the net, ready for a strong return. (above in text) Pat Pease focuses on the ball to return a solid forehand shot. (above) Eric Lacivita relaxes after scoring a point on his opponent.

"It felt like a banner season, but it wasn't. Despite our record, I feel we came out on top."
-Allison Duni '05





"I always look forward to golf season. We have a great time out on the course together. It's definitely been a learning experience."
-Caylene Frechette '05



Golf is not usually thought of as the most exciting sport, but when you watch the Suffield Girls Golf Team play, there's definitely enthusiasm and fun. The girls team has improved greatly this year, winning six of their twelve matches.



The team is coached by Ms. Cunningham and Mr. Kilby, two people who never lack support or team spirit. Every player appreciates their coaching talents and enjoys having them as the coaches. They have what it takes to lead the girls to the green.

A smile can always be found on the faces of each team member during the season. The team is composed of genuinely nice and funny girls. You will always have a good time talking to each golfer on and off the course.

Not only have the girls improved individually from their first year, they have become a team. Their standings have risen greatly and the popularity of women's golf has spread through the school. We congratulate the girls golf team on their successful season. Keep swinging.

One, Two, Three, FORE!!



(above) Amber Higley strikes her famous golf pose.

(above in text) Allison Duni and Coach Cunningham decide where to drive the ball.



(right) Teresa Rogers drives far as teammate Amber Higley looks on.



(left) Caylene Frechette hopes to sink her putt.



(left) Allison Duni watches her ball as it sails toward the green.

(below) Kristen Lefferts concentrates while in the rough.





(left to right) Caylene Frechette, Amber Higley, Sarah Griffin, Jessica Masso, Allison Duni, and Ms. Cunningham not pictured: Kristen Lefferts, Michele Longhi, Chloe McKay, Teresa Rogers, Megan Sweeney, Caitlin Woods

Scoreboard

Opponent	Score
Farmington	195-214
Cheshire	195-191
Bacon Academy	243-271
Bacon Academy	247-265
Farmington	224-231
Simsbury	216-209
Mercy	220-218
Avon	197-204
Manchester	205-208
Cheshire	195-190
Simsbury	208-206
East Catholic	207-202

(right) Brian LaFlesh gets ready for a putt.





(right) After a powerful swing, Jason Thresher watches as the ball soars to the green.



(right) Peter Masso is preparing to make a winning putt.

Scoreboard

Opponent	Score
Canton	170-166
Tolland	170-151
Ellington	177-161
Somers	177-171
Windsor	174-173
South Windsor	174-161
EO Smith	169-171
East Granby	163-157
Enfield	163-168
Granby	179-167
Canton	179-175
Windsor Locks	181-171
Enfield	181-162
Tolland	149-149
Avon	149-170
Bolton	175-174
Portland	149-171

(left to right) Coach McCullough, Dave Pianki, Jay Adamczyk, Jason Thresher, Peter Masso, Brian LaFlesh, not pictured: Coach Aniello, Runyan Lewis





"We did not work up to our full potential."
-Jay Adamczyk '04





"I think we did fairly well this year but we could have won more matches if the team stepped up a bit more."
-Brian LaFlesh '05

Swing Easy, Hit Hard

This year the boys golf team has defeated some of the best teams in the league. With great determination and practice, the boys have stuck together to ensure a successful season. The team had twelve wins, four losses and one tie; a more successful season than most.

Brian LaFlesh, who has been on the team since his freshman year, says, "I have had a good experience on the golf team and have learned a lot while participating in matches." The team's two coachs, Kyle McCullough and Francis Aniello have been determined to help increase the professionalism and accuracy of the boys.



Everyone feels that being on the team this year has been a learning experience. Sophomore Peter Masso thinks, "This season has been great and we have a lot of valuable people, but hopefully next year will be even more successful." Coach Aniello says, "It is a very young team, but with some very experienced players, so it made for a great season."

Even though the team is small, they have proved to be a strong threat to their opponents. Everyone feels that this year has been very successful and can't wait until next year.





(left) Runyan Lewis gets ready to make a perfect putt.

(above in text) David Pianki gracefully executes an accurate putt.

(above) The freshman boys stop to pose for a quick picture.

"We played to our potential and had a successful season."
-Nate Rheault '06





"We had a fun team and a solid season. What more could you ask for?"
-Billy Kingman '04



Keepin' Their Eye on the Ball...

Though they got off to a rough start, losing their first two games of the season, this team really knows how to pick up the slack. After sitting out until game four, due to rain, the boys had a 7-3 win against Granby. This was only the beginning of their four game winning streak.



Since then they have played with much determination. Winning thirteen of their nineteen games, the year has been promising. They managed to get into the state tournament, which has not happened since 1997. Some of the highlights of the season were Bryan Sullivan's one-hitter against East Windsor and the 10-00 win against Stafford.

Before the game during warm-ups, every teammate is encouraged by another. While Coach Eggleston hits balls into the outfield for the players to relay in, one can be sure to hear the voices of other players giving encouragement. The usual comment heard is Tim Mandirola's "You got it, you got it," as the ball flies towards his teammate.

During a game, one can see much determination on the players' faces. Even if they don't win, it's easy to see that they have worked hard.

Next year will be a rebuilding year because of the eight graduating seniors. Hopefully, next year the boys will maintain the enthusiasm that they showed throughout this season.





(above) Tim Dupuis waits for the ball to come to him at third base so he can get the first out of the inning.

(above in text) Tyler Diprato gets ready to take a practice swing before the first state tournament game.



(right) Nate Rheault slides into third base safely as the opposing player fails to tag him in time.



(left) Bobby Kingman makes contact with the ball, swinging with all of his might, as he hits a double.



(left) Aaron Smith gets ready to drive the ball into the outfield.

(below) Tim Mandirola is ready to scoop up the ball before throwing it to first base.





(left to right) Coach Fortunato, Matt Zaczynski, Aaron Smith, Tim Dupuis, Tim Mandirola, Mike Koistenen, Coach Eggleston, Bobby Kingman, Sam Janik, Cory Weathers, Tyler Diprato, Roger Sircar, Billy Kingman, Brian Duncan, Nate Rheault, Bryan Sullivan, not pictured: Coach Savoie

Scoreboard

Opponent	Score
Windsor Locks	02-08
Canton	01-02
East Granby	06-05
Granby	07-03
Avon	07-06
Avon	08-02
Enfield	09-03
Ellington	15-02
Tolland	02-17
Stafford	10-00
Somers	07-05
East Windsor	08-01
Windsor Locks	04-03
Canton	07-03
East Granby	07-02
Granby	01-02
Fermi	06-00
Fermi	04-11



(above) The Junior Varsity boys gather around home plate to congratulate Jimmy for an awesome hit.

"We had our bumps and bruises but all together it was a good season"
-Corey Vogt '07



"Playing for Coach Gatto was interesting. Most of us have played together a long time with the same coach so it has been different"
- Dan Bartus '07





(right) Team Captains Steve Tregila and Mark Beltramello

They may not be varsity, but they played and worked just as hard as any baseball team. Coach Gatto saw the potential he had with his team, and pushed them to do their best. In the end, they had the record of 8-6 with two ties. Many of the players may have complained of being worked too hard, but coach Gatto was just getting them ready for varsity. They all played great at times, but everyone had their bad days, and everyone makes mistakes. Each one of the boys on the team has learned from their mistakes to make them a better player. They went in with some experience and came out with more appreciation for the game of baseball.

Field of Dreams



(left to right) Jimmy Sanville, Rob Poit, Dan Bartus, Ricky Burke, Joel Lee, Mike Devine, Coach Gatto, Shawn Jordan, Erik Zacznsky, Peter Bermani, Kyle Eisenahure, Cory Vogt, Steve Treglia, Mark Beltramello

Stealing Home



(left to right) Kathryn Spencer, Coach Bauyer, April Nicotera, Jennifer Crandall, Kathryn Betts, Lydia Nicoll, Liz Lancaster, Lauren Cicitto, Kate McKeon, Stay-C Cauley, Christina Doane, Ashley LaBarre, Carina Slimm, Caitlin Breault, Brynn Scozzari

This year was a learning experience for the Junior Varsity softball team. Most of the girls had never played softball before, or the last time they did play, they were learning to walk at the same time. They may not have won a lot of games this year, but they enjoyed their time on the team. Coach Bayuer made learning fun for all the girls. His intention was to teach the girls, but keep their interest at the same time. That's exactly what he did. Their record was 2-12, and even though they didn't win every game, all the girls enjoyed the season. It didn't matter if they won or lost as long as they had fun and got the experience under their belts.



(left) Kathryn Betts stretches for the ball to put the tag down.



"Coach Bauyer made the experience on JV softball enjoyable even though most of us never played softball before this year."
–Caitlin Brault '07



"This year playing softball was great! I learned a lot and gained a lot of experience at the same time."
-Kate Mckeon '07



(above) Ashley Labarr waits for the throw so she can take out the opposing team.

"This year was a learning year for me being a freshman on the team, The upperclassmen like Tiffiany and Krystal made it easier"
-Sam Boljeskewi '07





"Jeannette and Kelly did a really nice job pulling us through the season! We had a great time playing together."
-Melanie Chapman '07



A League of Our Own

Many people do not think that softball is a tough sport. All of the ladies on the Varsity Softball team will tell you differently. Late practices, big bruises, and many injuries occurred throughout the season, but the team managed to get through it together.



Winning was not the goal for this season. How well the ladies played together was what mattered the most. "It was a building season, and I'd say we did well,"said Jeannette Burke, one of the leading pitchers for the team. These girls supported each other on and off the field. The varsity team went through many changes from last year to this year. The team lost all their starting players, so they had to start from scratch. It was a hard year to adjust to for the returning varsity girls. "Coach Presser was a lot harder on us, knowing that we have more experience from last year," Krystal Eisenhaure,one of the five returning girls, explained. This whole season was a learning experience for all the girls; they played great games whether they won or lost.





(above) Beth Alaimo catches an outside third strike.

(above in text) Jeanette Burke, this year's team captain.

(right) Tiffany Doane keeps her eye on the ball, ready to hit.



(left) April Mcwha puts the tag on the opposing team at home plate for the out.



(left) Krystal Eisenhaure knows how to stay cool in the outfield.

(below) Jess Orr plays the ball at shortstop





(left to right)
Krystal Eisenhaure,
Ashley Parker,
Jeanette Burke,
Beth Alaimo, Jess Orr,
Heather Luzusky,
Coach Presser,
Valerie Longhi,
Tiffany Doane,
April McWha,
Melanie Chapman,
Sam Boljeskewi
not pictured: Kelly Blais
and Jaime Pearsons

Scoreboard

Opponent	Score
East Windsor	10-08
Canton	05-13
Granby	01-08
Avon	08-03
Avon	01-08
Ellington	05-20
Tolland	04-10
Stafford	07-11
Tolland	00-12
Somers	03-13
Enfield	05-15
East Windsor	02-18
Windsor Locks	00-05
Canton	04-14
Windsor Locks	00-11
Granby	01-06
Coventry	04-03

(left) Danielle Loughrey leads the 4 x 400 relay team with a look of determination.





(left) Whitney Tagliavini waits in anticipation to long jump at the Journal Inquirer Invitational.

(below) Emily Willoughby leaves it all on the track as she keeps pushing hard with only a few laps left.



Scoreboard

Opponent	Score
Ellington	57-93
East Granby	113-19
Windsor Locks	123-14
Avon	67-82
Stafford	62-89
Tolland	53-96
Somers	78-69
Enfield	119-20
East Windsor	79-60
Granby	67-79
NCCC	3rd Place
Class M States	10th Place

(left to right) Jen West, Coach Sinicrope, Emily Willoughby, April Morrison, Chelsea Lawrence, Danielle Loughrey, Tracey Minch, Jessica Giller, Amanda Martin, Coach Winiarski, Katelyn Willoughby, Rachael Dardanelli, Whitney Tagliavini, Kayla Fahey, Andrea Ruotolo, Navina Vemuri, Nora Parsons, Jen Cmara, Tara Kirkland, Erin Waters, Danielle Monsiegneur, Holly Benard
not pictured: Nicole Boudreau, Sonia Hill, and Ayesha Nims





"I had an awesome season. I'm honored to be a part of such a great team and I hope we have even more success in the years to come."
- Nora Parsons '06





"This season we really came together as a family. Overall, it was such a great experience and next year we are going to win everything!"
-Danielle Monsiegneur '07

On the Right Track

This was a season of pure challenge. The Girl's Track Team was left to fend for themselves without the help of graduated seniors who not only motivated the team, but also lifted them to a nearly perfect last season. The team, with only two seniors, was dominated by underclassmen. However, they were able to overcome all the odds through a little confidence and a great deal of unity. This season, the track team was introduced to new leadership, events, and techniques. With new obstacles presented, including a great deal of injuries, the season determined how serious team members were about the sport and their wishes to continue track. With high hopes, the team placed fourth in the small school division of the Journal Inquirer Invitational with strong finishes from Sonia Hill, Whitney Tagliavini, and Kayla Fahey. As the NCCC approached, Suffield beat the odds (and injuries!) by placing third with a total of sixty-nine points. However, the injuries were a major detriment. Coach Sinicrope stated: "I don't think we had as a good of a season as we could have because of injuries, but we still had some successes." Overall, the Suffield girls track team may not have been the biggest, but the heart and effort exhibited added numbers. The team can best be described with a quote from the famous Mark Twain, "It is not the size of the dog in the fight. It is the size of the fight in the dog."







(left) Jessica Giller gives a quick hand off to graduated Sonia Hill during the last leg of the 4 x 400 relay.

(above in text) A quick team huddle with Coach Winiarski eases those pre-meet butterflies.

(above) On the starting line, Danielle Loughrey and Danielle Monsiegneur look to the officials to start the race.

"I'm proud of how the guys progressed through this season. Our future looks bright."
-Michael Cocca '05





"Everyone really pulled together and did their part this year. It was a great season."
-Matthew Rigby '06



With hard work and persistency, the Boys Track Team has once again proved they will have a strong finish. Many team members stepped up and trained for new events. True sportsmanship shined throughout this season. From running to jumping, throwing to hurdling, each player contributed to the team in one way or another. The team learned the meaning of teamwork this year, working together to beat some of the most difficult teams. Not always did they prevail, but they always came home knowing that they gave it in. The rigorous workouts and challenging practices keep the athletes performing at their best. Lifting weights and running for miles each day are only a small part of what track team members do to stay in shape for their intense competitions. This season, however, brought a great deal of new talent. It was one the of largest boys teams ever. With a strong finish of third place at NCCC, the team ended on a high note. Yes, next season should be a difficult one; however, they have already overcome great odds and will continue to do so for years to come.



We'll Track You Down



(above) Jon Haslam hands the baton to William Hill during the 4x100 meter relay race.

(above in text) Wayne Gates mentally prepares himself for the important race he is about to run.



(right) "Junior" flies over the high jump bar, breaking a personal record.



(left) Billy Chapman pulls ahead to add another victory to his record.



(left) Sean Willoughby performs an amazing long jump at one of the first meets of the season.

(below) Robert Hill prepares to throw the javelin to bring home another win for the team.





(left to right) Coach Sincrope, Matthew Rigby, Tom Parise, Billy Chapman, Ben Bielonko, Joe Stepanksky, Sean McGuiness, Coach Winiarski, Andy Martin, Matthew Brew, Michael Cocca, Ben Wilkensen, Sean Willoughby, Joe Antelmi, Jen Cmara, Jen West, Holly Bernard. not pictured: Craig Hunter, Mike Sullivan, William Hill, Robert Hill, Jamie Brause, Larry Cauley, Ryan Forcecllina, Jon Haslam, Wesley Lauderback, Jeff Sandora, Alex Sauter

Scoreboard

Opponent	Score
Ellington	45-105
East Granby	115-35
Windsor Locks	110-40
Avon	90-60
Stafford	70-80
Tolland	61-88
Somers	81-65
Enfield	76-68
East Windsor	72-78
Granby	85-60
NCCC	3rd Place
Class M States	6th Place

(right) Lauren Smith goes for a goal while evading the opposing team.





(right) Danielle Moores stands ready for the next play.

(below) The Suffield team defends the goal against the opposition.



Scoreboard

Opponent	Score
Simsbury	05-07
Hall	09-01
Simsbury	09-08
Granby	05-08
Somers	Forfeit
Granby	11-08
Simsbury	08-07

(left to right) Mrs. Shuman, Kyla Phelps, Kalina Nowak, Chelsea Slawski, Charlotte Simmons, Alison Winne, Emily Corallo, Katelyn Rickard, Sarah Shea, Gretchen Eastman, Betsy Pagan, Jamie Regan, Shannon Delaney, Danielle Moores, Diana Mark, Alyssa Johnson, Lauren Kochanek, Crista Rookey, Jessica Banks, Veronica Nunes
not pictured: Danielle Sitler, Lauren Smith, Catherine Thresher, Brianna Flynn, Eleanor Sutton, Anna Kubetin, Katie Donovan, Andrea Roccanti, Kristine Kiely, Alisha Baumann, Rachel Cosker, Shannon Heyse, Kathryn Simison, Morgan Denno, Rayshelle Mazur, Amanda Scozzafava, Katie Vaughan





"The lacrosse team has seen much improvement due to new players and new talent."
- Catherine Thresher '04





"This season was a lot better than last season. Thank goodness for our coach!"
- Katie Donovan '06

Overcoming Expectations

This year's Girls Lacrosse team has made a big improvement since last year. They went from having fifteen people on the team to thirty-six. Lacrosse has made a rise in popularity, which in turn has encouraged more girls to try out for the team. The new coach, Ms. Schumann, has made a lot of progress with the girls. She has dedicated her time and effort to the team and it is really starting to show. The girls have really enjoyed this season, and although being on the team is a lot of work, it is well worth it for all of them. "I just like the adrenaline rush," said Jamie Regan, one of the many talented players.



At games, the girls showed a lot of enthusiasm. Even if the team lost, they were not brought down. They were happy to learn from the experience. Next year we expect more wins and a bigger team. Hopefully, with Coach Schumann, the girls lacrosse team will be better than ever.





(left) Shannon Heyse gets ready to pass the ball to her teammates. (above in text) Captains Lauren Smith, Catherine Thresher, and Brianna Flynn. (above) Brianna Flynn chases a loose ball.

"The season had its ups and downs, but overall the team played well. With only four graduating seniors, the team looks to have great potential for upcoming years."
-Cpt. Ben Walsh '04





"It was a rebuilding year, but it was a lot of fun. The underclassmen really stepped up to the challenge and will provide a lot of talent to the team next year."
-Cpt. Mike Maagero '04



Sit Back and ReLAX

From training hard every day after school for two hours, to hammering opponents into the ground during games, these boys do everything but relax. In Suffield, lacrosse is becoming more popular every year and the Varsity Boys Lacrosse Team has much to do with that. Among the many spectators at every home game are the youth players that learn from the team.



With a first year goalie, many other new players, and many returning players, the team has managed to win six games with only nine losses. Even though the team did not have a perfect record, they played well every game and never gave up.

The team's hard work and determination finally paid off. They made the State Tournament by winning half of their NCCC conference games.

Going into the tournament, things were not easy. Their first game was against Brookfield, who had the same record as Suffield. The team lost 10-5; however, once again the team dominated and played to the very end.

The team continued to grow and improve from past years and the future only looks brighter. "Being a freshman on the team, the expectations were high which made it tough, but it's only going to get harder next year," claimed Ben Sweeney on next year's season.

Next year, Suffield can only expect the Varsity Lacrosse team to put in even more time and effort, and come out on top.



(above) Ben Sweeney muscles by an opposing player to advance the ball in the attacking end of the field

(above in text) Coach Bayzeck gives the team a riveting speech at half time to get the team ready for the next two periods.



(right) Kasey Christian prepares to steal the ball from his opponent and quickly cradle it down the field.



(left) Goalie Dave Moriarty makes a crucial save as a Rockville attacker whips the ball at him.



(left) Mike Dzioba carries the ball down the field and advances in the attacking third.

(below) Jay Halse works to get open for a pass in hopes that he will score a goal.





(left to right) Danielle Caldwell, Amanda Dupuis, Mike Maagero, Joe Cavallaro, Brian Bujak, Scott Murdock, Corey Hinkley, Brian Duprey, Coach Bayzek, Ben Walsh, Nick Jubrey, Dave Moriarty, Wes Webber, Jay Halse, Ryan Kappa, Mike Dzioba, Ben Sweeney, Matt Conway, Nick Schute and Chris Ewald not pictured: Kasey Christian, Doug Hackenyos, Kory Peterson, and Scott VanHaltern

Scoreboard

Opponent	Score
Newington	04-10
Rockville	11-03
Housatonic	03-14
Granby	12-02
Norwich Tech	16-00
Somers	03-13
Farmington	02-16
Stonington	06-08
Avon	03-08
Tolland	09-03
Pomperaug	08-05
Northwest Catholic	04-08
Norwich Free AC.	12-05
Fitch-Groton	05-09
Trumball	06-08



(above) Andy Gabel quickly advances the ball down the field looking to score.



Despite the many losses, the team managed to keep a positive attitude. This optimism was demonstrated in everyone and was critical to their success.

"We didn't lose, we just came in second."
-Greg Tower '06



"The season was alright. But I definitely plan on playing next year."
-Joey Lawrence '06

Joey is a prime example that winning wasn't everything to the players and they will just work harder next year.



(above) Justin Foss lunges to catch the ball as it is passed to him from a teammate.

The word success is defined as:

suc · cess

n.

The achievement of something desired, planned, or attempted.

People define success as winning games, but this team was successful in many ways. "I was very happy with the team for how hard they worked every day. Suffield High School lacrosse has a bright future to look forward to," stated Coach Steve Dudeck. The team achieved what they desired. They improved their skills and worked together as one. The team has defined success.

Defining Success...



(left to right) Brian Betts, John Calderone, Matt Breeze, Greg Tower, Coach Dudek, Dylan Keenan, Dan Holmes, Justin Foss, Mike Romano, Joey Lawrence, Andy Gabel, Dale Rollet, Mark VanHaltern, and Zachary Donais not pictured: Derrick Matthews, Evan Moreau, Jeff Colapietro, Mike Cooper, Ben Brown, Mike Binczewski

Crowd Appreciation...



"As I sit in the locker room preparing for the game ahead, I can hear the crowd roar. When I smash through the door, the crowd is yelling my name. The crowd has always been there to support and cheer us on. I have to say thanks for the crowd who supports the Suffield High School athletes." -Aaron Smith '05

We the athletes at Suffield High School appreciate the students and faculty who come to support us. It would not be the same without the fans cheering us on.











Clockwise from top:
Kristin Lefferts proudly shows off Nate Lamagna during the evening wear portion of the Mr. Suffield pageant.

Nate Rheault and Alli Duni get pumped up before their next game at the Volleyball Marathon.

Jamie Braus gets ready to smash a cupcake into the face of Tommy Parise in the NHS booth at Suffield on the Green

Events

Jenn Cmara takes the stage in the play "Anything Goes," as she glides across the floor.



What would Suffield High School be like if it consisted of only academics and sports? Much of our time in high school is spent planning and attending special events such as prom, spirit night, or the Mr. Suffield pageant. Many people do not realize how much work is put in in order to give everybody a good time. Oftentimes these events bring people closer together and provide a base for new friendships. A lot of effort is put into each event in order to plan it and to actually pull it off.

One of the biggest events to plan is Spirit Night. This is the perfect opportunity for each class to set a tone for the remainder of the school year. The seniors usually pull off an awesome skit, which is the main focus of Spirit Night itself. This event is always very entertaining also because of the interesting contests held such as the limbo contest.

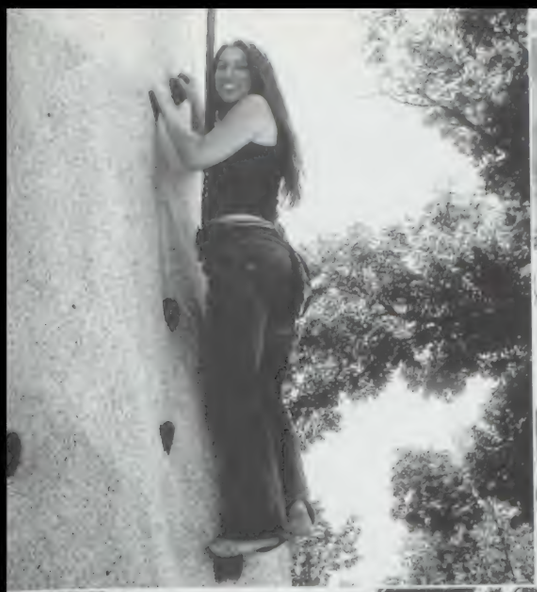
Other events make for a great time also, such as the first annual Mr. Suffield pageant. This particular event was held as the senior fundraiser for the class of 2005, and it was a huge success. About half of the student body showed up to support the senior class, and everyone had positive things to say about it. This was a great way to create a fun atmosphere for the people who attended, as well as for the participants.

Yet another fantastic event this year was the junior/senior prom. The theme was "Unforgettable," and the night certainly lived up to its name. Everyone danced all night and had a great time. All of these events created many wonderful memories.



Once a year in Suffield, on the town green, hundreds of people gather to have fun. Suffield on the Green is a benefit for various organizations throughout the town and is a big success. Each class at Suffield High School has a booth in order to raise funds. This year, the seniors sold snow cones and it was a big hit. The juniors set up a Dance Dance Revolution game, which proved to be very successful. The ever popular dunking booth was set up by the sophomore class. The freshmen created a children's game and it was a great way to raise money. Along with these booths, there are also organizations such as NHS and swim team that set up booths to collect money. NHS received much support with their clever new game of smashing cupcakes in one another's faces. Whatever the booth may be, it can usually be seen with a crowd of people around it on Suffield on the Green.











Having Fun on the Green

Clockwise from top left:

Emily Merrick cringes as Daniel Book smashes a cupcake into her face at the NHS booth

Chelsea Donahue bravely climbs the rock wall, approaching the top with determination

Chelsea Lawrence and Mitch Buder laugh at Aaron Smith's enthusiasm while working at the Class of 2005 booth

Lauren Kochanek gets dunked at the Class of 2007 booth

Collin Packard tries to beat his younger opponents at Dance Dance Revolution

Jen Case, Brittany Crosby, and Melissa Prute fill their swimming pool with water for the Class of 2008

Liz Lancaster gets some assistance on the rope bridge from a group of Boy Scouts

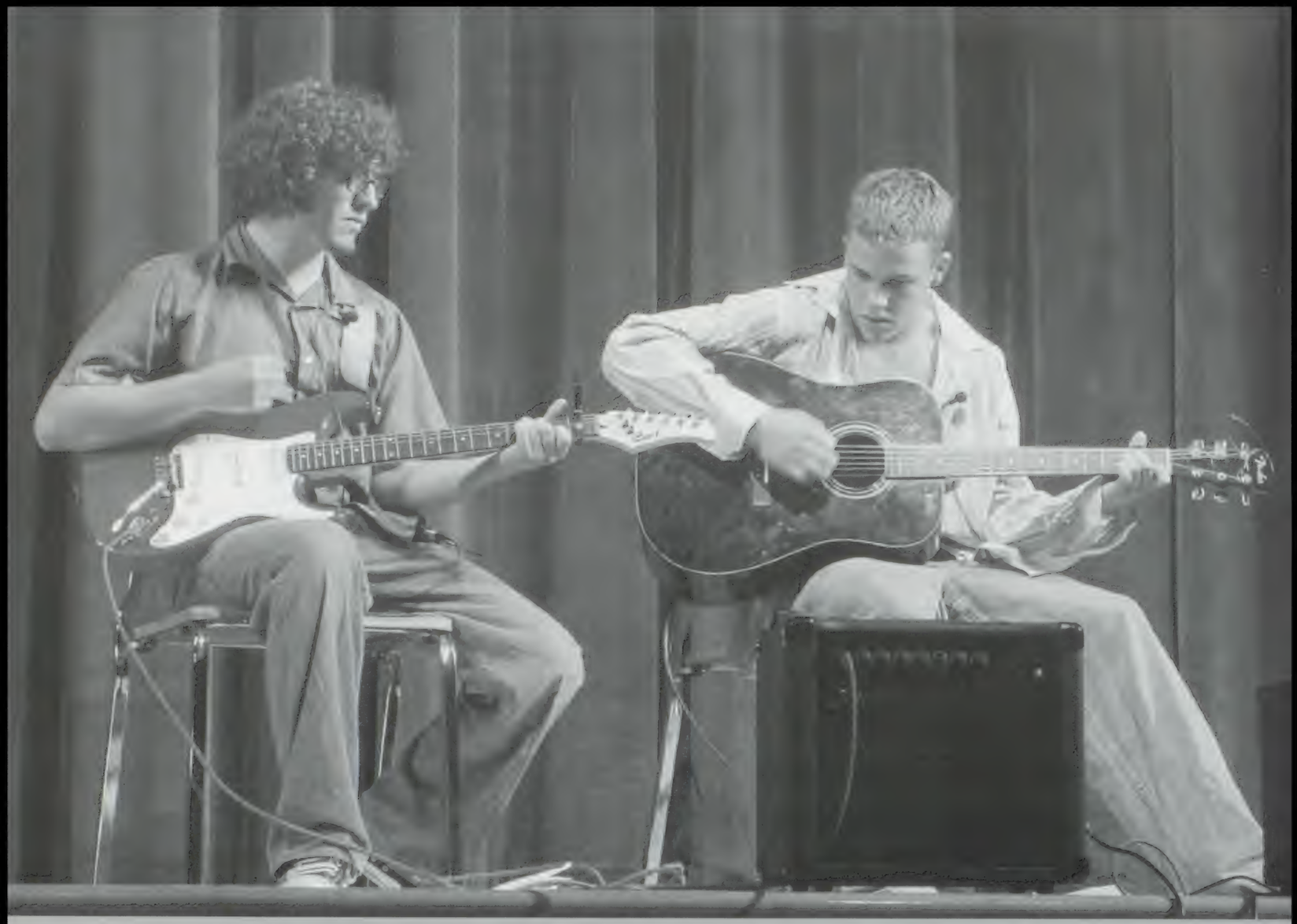
Suffield On the Green





"Suffield on the Green is a very important part of fundraising for Suffield High School."

-Colby Johnstone '05



When the time came for the Class of 2005 to choose a senior fundraiser, they pondered many options. One of which was a pie sale, another meat fundraiser but none of the options appealed to the council. After hours of brain storming the council finally decided to hold an event rather than a sale. The decision was final and the class of 2005 would put on the first Mr. Suffield competition. Meetings were held and the list of contestants was composed. The event was planned and the decorations were ordered. As the date approached, the contestants began to ponder their outfits and talents that could potentially capture the title of Mr. Suffield. The night finally arrived and the seats were filled. As the audience cheered, the contestants finally emerged from the back of the auditorium dressed in white t-shirts, jeans, and work boots. The crowd went wild as the night of fun and entertainment began. The first event was evening wear. Each contestant presented themselves in their most formal attire. The next was the bathing suit contest. Some of the boys went with the traditional suit while others wore muscle shirts, flippers, and even a wet suit. After the talents, which included a dance, poem, vocals, as well as a guitar performance, the men were interviewed by the hosts and asked three questions. Finally, it was time for the audience to vote for the contestant who performed the best. The contestants waited anxiously behind the curtain as the votes were tallied, and when they finally emerged the first Mr. Suffield was crowned. The runner-up sash was presented to Chris Rueli and as everyone's hearts pounded, the mc finally declared the winner. Nate Lamagna was named the first Mr. Suffield. He was crowned and given a scepter which signified his victory. The night was a huge success and everyone had a blast. Best of all, Nate Lamagna would play the role as Mr. Suffield for the year ahead.









Mr. Suffield

Mr. Suffield





The Contestants

Clockwise from top left:

Nathan Lamagna and Scott VanHaltern perform a guitar duet as their talent.

Nick Jubrey and Christopher Bronson pose during the swimsuit competition.

Edwin Edwards ponders an answer to the difficult questions asked by the hosts.

Dave Moriarty shows his unique personality with a very creative swimsuit.

Scott VanHaltern announces that if there were an eighth day, it would be called "Respect Your Parents Day."

The contestants stand in front of the crowd awaiting the results.

Five of the contestants pose as they are being introduced to the audience at the opening of the contest.

"I like to think that I won Mr. Suffield because of my personality, but my grandmother assures me that it was a miracle."
-Nathan Lamagna


BOSTON
RED SOX







A Ghoulin' Good Time

(clockwise from top left)

Tom Parise, Joe Antelmi and Josh Hirst take a break from basketball courts to join all the fun in the commons.

Rob Lowe, dressed as a magnificent king, gives our yearbook photographer a dignified look.

As one of the few costume contest winners, Nate Rheault and Ashley Fleming have an excellent reason to smile.

Sarah Loveland, Chelsea Seabury and Kara Pellin wear the red and navy, representing the recent World Series Champions- the Boston Red Sox.

Nate Lamanga, Nathan Sheridan, Katelyn Willoughby and Jessica Giller sit with a bunch of students, all anticipating the "witches brew" chugging contest.

Halloween Bash



Although the Halloween Bash is a new program, it has already established itself as a main event for the student body to attend. The National Honor Society sponsors the bash and with Allison Duni and Nathan Rheault chairing the event this year, everything went incredibly well. The commons was packed with students from every grade, the majority of which were dressed up in creative costumes- some home made, some purchased. Throughout the night, a series of contests were run, such as: a donut eating contest, a pumpkin painting contest, a chugging contest and the essential costume contest. For the chugging contest, a "witches brew" was created- a mixture of various drinks from fruit punch to cola combined together for a not so delicious treat. In the pumpkin painting contest some very colorful pumpkins emerged and the costume contest practically everyone participated in. Several categories divided the costume contest: best group, most creative, scariest and best homemade costume. Some of the winners were the "Three Stooges"- Aaron Smith, Timothy Dupuis and Nathan Rheault as the best group. Ashley Fleming won the best home made costume as a whimsical fairy. Overall, the costumes varied from famous actors to a radiation protection suit- all quite amusing! In addition to a variety of contests, students took advantage of various activities, such as, open basketball and volleyball courts, and much more. It was a night of socializing and fun, a chance to catch up with friends and laugh about the good old times. The feedback was very positive and it is definite that the Halloween Bash will be an annual event looked forward to with enthusiasm for years to come. It surely was a bash!

Crazy pictures, beautiful dresses, and spiffy ties: semi formal, the non pressured form of prom, is a night for good friends and good fun. Whether it's a romantic date with the one you love or a night on the town with all your girls, nothing beats a night of dancing in a winter wonderland. This year there were memories made that will last forever and there were moments that filled the night with laughter. Having such a good bond between the Juniors and Seniors made the event that much more enjoyable. Semi formal was with out a doubt one of the most popular events of the year and got everyone in the mood for the holidays. The decorations alone brought joy and warmth to the night and created an atmosphere that had the night lasting for hours. There wasn't a dull moment in this magical night and it will surely be kept in the hearts of all those who attended.







Celebrating in Style

Clockwise from top left:

Micheal Ewald giving the crowd a show with his impressive dance moves.

Christina Wiens and Whitney Tagliavini taking a time out from dancing to strike a pose.

David Shumany and Stephanie Gauthier dance the night away with each other.

Sarah Padgham, Melanie Brown, and Lauren Grisdale) dance to the rhythm of the music.

Gregory Tower and Valarie Longhi show their ever-lasting love in a very spiritual hug.

Rachael Chittenden and Nicole Burgess pose together for the camera.

Brian Rajik, Nicole Engle, Wesley Webber, Kellie Lee, and Lindsay Bertrand get together for a group pose with their significant others.



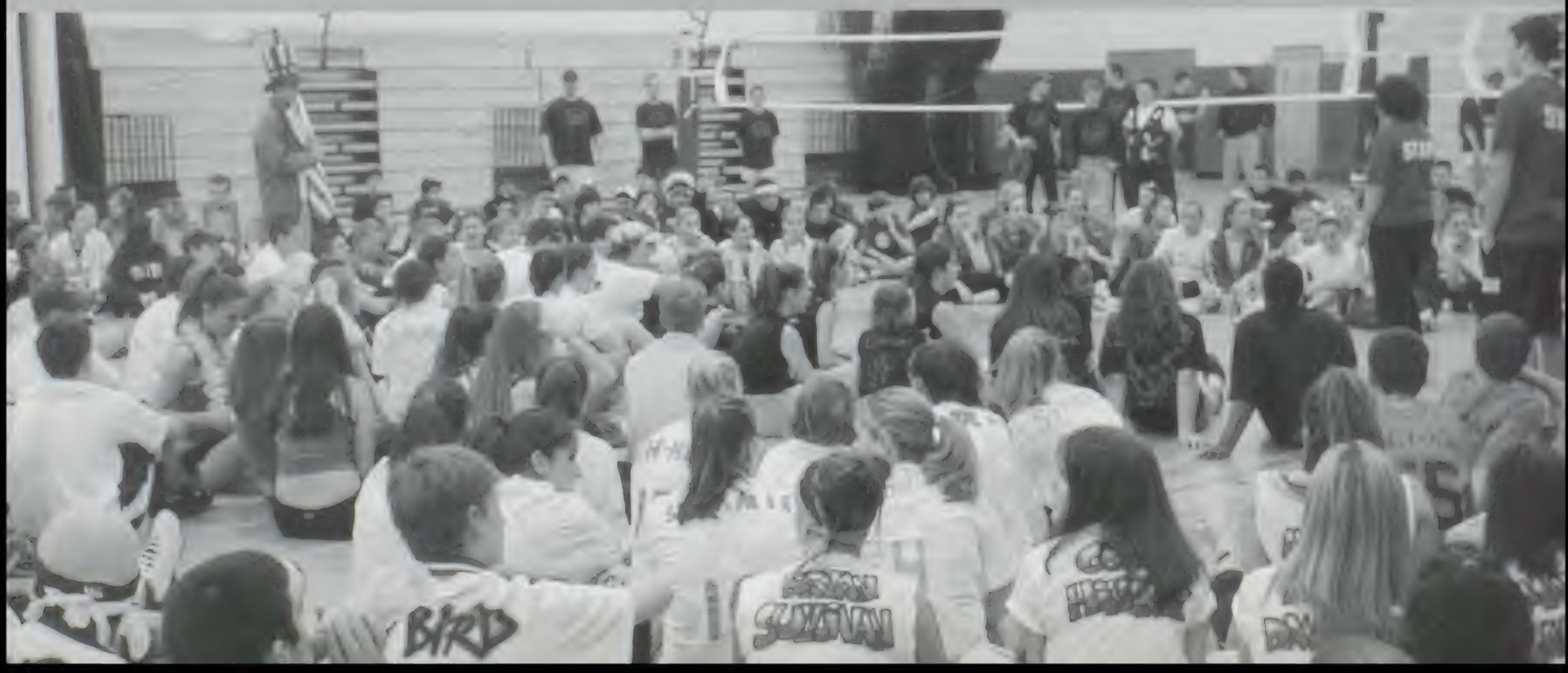
Dancing in a Winter Wonderland





"Semi truly was a winter wonderland"
- Chris Bromson

The announcement is out, the volleyball marathon date is set and excitement fills the halls. The Volleyball Marathon is one school event that most students cannot wait to attend. This year that was especially the case. After one team dropped out, the champion team from last year was granted the remaining spot being the first team on a long waiting list. It was definitely a year to remember.The teams arrived precisely on time and turned their designated sections into a mass of pillows, blankets and food. In the gymnasium, teams huddled and exchanged wise words to work hard and have fun. As usual, the older teams won the majority of the matches. However, each team had something to give at each game and some were real nail biters, especially the championship game, where team Liberty Tax emerged victorious. Overall, the Volleyball Marathon lived up to its reputation of being the best, most engaging school event ever.









Volleyball Marathon

Volleyball Marathon





Spiking Your Way to the Top

Clockwise from top left:

A team of underclassmen prepare to spike the ball for a win.

Students who are not in the middle of a game relax and rest in the commons.

Two junior teams face off against each other, each hoping to advance to the next level.

Early in the evening each team has to check in and settle down before they get down to the games.

Team Liberty has proudly poses after winning the championship game.

Sarah Padegimas, Kristen Letters, and Aaron Smith stand guard at the entrance before a long night of volleyball.

Every team gathers in the gym to be welcomed and instructed on the events to be held later in the night.

"Even though some teams were really competitive, everyone had a great time."
-Tim Dupuis



It was very difficult to choose what the play was going to appear on stage this year. Tht teacher who took the difficult task of starting this production was the new but excited Ms. Fasoli. "I chose this play because as simple as it is complex it portrays how critical it is to appreciate life and all its beauty before it is too late." Our student director who had the difficult task of direct his peers, was Aaron Stepanek. Another person who was a big help producing this play was Lisa Muscarella who was our real backstage stage manager. Our Town starts with the Stage Manager, Ben Zavisza talking about the mornings in the little town of Grover's Corner, New Hampshire. Following the lives of Emily Webb played magnificantly by Richelle Ouellette, and George Gibbs played enthusiasitically by Victoria Christian. The audience can see how the lives of these two main characters are affected by the town and the people in it. The second act is all about falling in love and being in love and last but certainly not least the third act shows the loss of one of the main characters. This is truely a play that makes everyone who see it affected in one way or another. After seeing this play one should think about what is really important in his or her own life. As the Stage Manager says in the play, " You got to love life to live life or live life to love life!"









Our Town

Cast 2004

In order of apperance: Benjamin Zavista, Benjamin Hunt, Meghan Fletcher, Michelle Kelly, Madison Munson, April Nicotera, Victoria Christian, Richelle Ouellette, Kelly Blair, Lanze Spever, Siera Peckham, Peter Brunette, Heide Michalewicz, Elisabeth Keenan, Lauryn Richmond, Joshua Hirst, Lisa Fasciale, Laura Rinaldi, Allison Zaczynski, Samantha Bielski, Kim Toussaint, Micnie Santago and Michele Santiago

(clockwise from top left) Benjamin Zavista, Richelle Ouellette, and Victoria Christian.

Mrs. Webb (April Nicotera) and Mr Webb(Peter Brunette) have a cup of coffee before their long day begins.

Stage Manager (Benjamin Zavista) tells the audience a little story.

Constable Warren (Laura Rinaldi) and Si Crowell (Allison Zaczynski) talk about new news in town about the town.

Aaron Stepanek was an excellent assistant director.

George (Victoria Christian) with his wife, Emily (Richelle Ouellette) on their wedding day.

The women's choir in Grover's Corner New Hampshire.



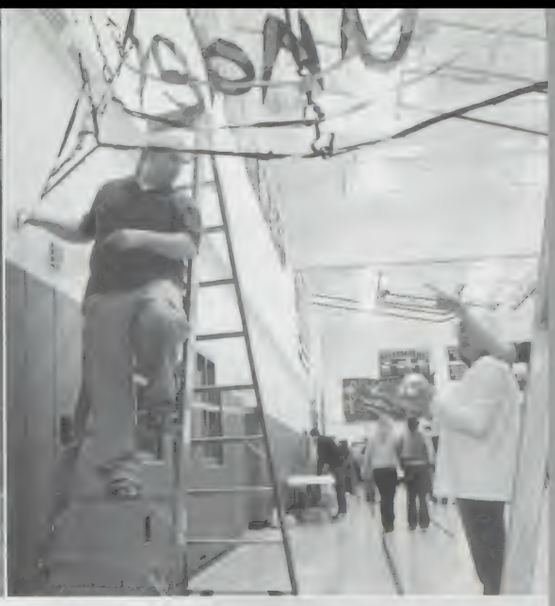


"Directing was difficult but rewarding."
-Aaron Stepanek,
Assistant Director

Spirit night was once again a wild night! It began with the skits and dances. The freshman started with their theme of "car wash" and performed the best freshmen skit we've seen so far. next was the sophmores with their "through the years" theme and they took us through the 70's, 80's, 90's, and today. The juniors scared us away with their "2006 feet under" theme, and then the seniors took away the show with "las vegas". It was an intense competition and the gym was overflowing with energy. when the events began, many people were anxious and excited to participate. everyone cheered on their classmates with a lot of yelling, chanting, and laughter. Some of the contests included the pie eating, pudding feed, obstacle course, screaming contest, human knot, donut on a string, limbo, and the toilet paper wrap. one of the more memorable parts of the night was while the judges were conversing to decide on a winner for the skits. the dj started playing "the cha-cha slide" and the bleachers emptied onto the gym floor. Everyone began dancing together and the excitement level was brought way up. When the judges returned with their decision, everyone quieted with anticipation. mr. garvey announced that the seniors won best decorations, the juniors won overall, and the seniors were victorious in winning the best skit! It was an exciting, fast-paced night.









Spirit Night

Spirit Night

Show Your Spirit

(clockwise from left)

The freshmen step it up during their dance and show everyone that they can hold their own.

April Morrison and Nate Lamagna take a spin around the gym after winning the jackpot during the senior skit.

Mr. G. helps the Juniors put up some of their decorations before the night begins.

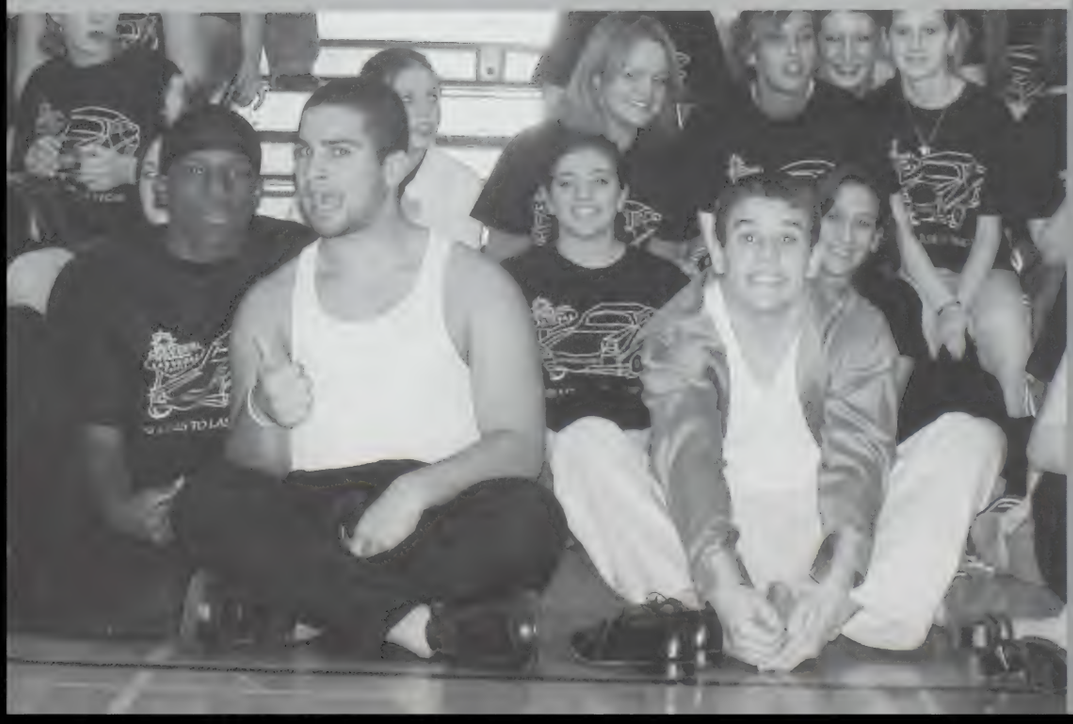
The sophmores come together on the gym floor to perform their decades skit.

Alex Carroll and Billy Chapman fight to be the first to finish their pies.

Nick Fubrey and Scott VanHaltern get excited about spirit night.

The showgirls from the senior skit get together for a quick picture after the skit.





"This spirit night was one to remember and the memories that were made here will NEVER be forgotten."

- Rachael Dardanelli

Over one hundred students from Suffield High joined together to make one of the most incredible musicals that has ever shown at our high school. There were a lot of good times, but all and all this musical took a long time to create to the best of our ability. The set of the over 25 feet high U.S.S. American took more than 2 weeks to build and paint. With the most incredible directors that a cast could have, "the Big Three" Margie Secora, Lyle Pearsons, and Christine Hoffacker knew how to take our humble feet and make them tap like there was no tomorrow. "We couldn't have had a better cast than the one we had this year! It was magical how we all worked together to make such an amazing show." Madison Munson, who had one of the few lead roles in the musical. It is not the people who get the lead roles that make a great musical. Leads are very important to make the show, but there is one thing that makes a show fabulous....the Cast. Without the whole cast there would be an empty stage, no movement and no reaction. Our "Anything Goes" cast brought the stage to life, and we created memories that we will continue to remember and that will last forever. Whether it is the flighty angels, the tap dancing sailors, or the swooning jail bird, the cast of 2004 made everyone aware that in Suffield High School anything can happen and "Anything Goes".







Anything Goes

Anything Goes



Cast 2004

Jennifer Ambler, Kelly Blair, Sarah Brunet, Catherine Brunette, Victoria Christian, Lauren Cicero, E.J. Clark, Jennifer Cmura, Heather Colon, Erica Corsair, Annie Cusano, Rob Fairchild, Timothy Fearns, Brianna Flynn, Steven Gober, Sarah Griffin, Alaina Hoffacker, Benjamin Hunt, Laura Kaiser, Michelle Kelly, Chris Kiesz, Elizabeth Lancaster, Jacklyn Lewis, Jason Lohan, Ben McMurray, Sara McMurray, Hugh Michalewicz, Traci Mindt, Alexander Munson, Madison Munson, Lisa Musciano, April Nicosia, Veronica Nunez, Alexandra O'Halloran, Patricia Onikienko, Pamela Cassandra Perez, Jamie Pearson, Tyler Pearson, Chelsea Phillips, Christina Ruggiero, Laura Rinaldi, Melanie Ruppert, Amanda Sanzaferro, Bryce Slocum, Dave Scarzari, Chelsea Seabury, Kelly Sobieski, Sean St. George, Aaron Stopanik, Bruce Stopanik, Jessica Towne, Kimberly Tomasino, Emily Willoughby, Shawna Wither, Julie Wisniewski, Allison Zacarski, Benjamin Zanese

Clockwise from top left

The amazing set built by students, teachers, and a lot of special helpers.

Jennifer Cmura and E.J. Clark entertain together in the musical's sweet serenade 'Delovely.'

Madison Munson (playing Reno) sings out proudly.

Alexander Munson (playing Whitney) meets the four dozen angels Christina Ruggiero, Kelly Blair, Alexandra O'Halloran, and Jamie Pearson.

Dave Scarzari, Aaron Stopanik and Jessica Towne discuss what is going to happen next.

The cast tells the audience Bon Voyage.

"Musicals are yet another symbol of the power of our children to transcend into the world of magic through tremendous hard work."

-Ms. Hoffacker, Director



As the end of each year approaches, prom is the perfect opportunity to get together with friends for one last time. After much anticipation and planning, prom time finally arrives. The theme for the prom of 2004 was "Unforgettable," which really reflects the whole of the night. The music was great, and everyone got in on dances, such as the "cha-cha." Whether students went with a date or just with a group of friends, everyone had a great time dancing, socializing, and posing for pictures. Months of preparation are required in order to make prom night a memorable one. Many students go out to buy dresses, rent tuxes, make hair and nail appointments and much more. Even though it is only one night, people look forward to it every year. It is the one occasion that everyone loves to get dressed up for and to have a great time with friends. All of the work that was put into this event was definitely worth it, which was shown by all of the smiles and laughter.









Prom 2004

Prom 2004

"UNFORGETTABLE"

Clockwise from top left: Shawna Jones, Christy Biddlecom, Ashley McMann, Krystal Eisenhaure, and Kelly Blais strike a fun pose before getting into their limo to go to the prom.

Jackie Blazy insists that Amber Higley stops dancing to pose for a quick picture, since Amber is already tired out and obviously needs a break.

Heather Luzusky breaks it down on the dance floor.

April Morrison shows off her smile as she and Wesley Weber pose for a picture before leaving towards the end of the night.

Robyn Smith, Lauren Ciccitto, Jaime Pearsons, and Sarah Loveland bravely hit the dance floor.

During dinner, Colby Johnstone hugs his date, Taryn Ramsdell.

Tina Kirkland, Kelly Spremulli, and Jen West smile for the camera while they are waiting in the lobby.

Lauren Ciccitto, Robyn Smith, Jaime Pearsons, and Sarah Loveland strut their stuff during an upbeat song.





"Unforgettable, that's what you are
Unforgettable,
though near or far."
-Natalie & Nat King Cole



It was twelve o'clock in the afternoon on February 17, 2004 when the ten ladies and five gentlemen of the First Annual Prom Fashion Show and Silent Auction for the Make-A-Wish Foundation were released from school. The gentlemen were off to Yale Genton in West Springfield to pick up their designer tuxedos. After a quick lunch, they were on their way to meet the ladies at The Cuttery hair salon in Windsor Locks. After their coifs were immaculately styled, the gentlemen headed home to relax before the big event. The girls spent a little more time at the salon, becoming beautiful. Extravagant hairstyles were put into place, and dramatic runway make-up was applied. After hours at The Cuttery, the ladies also returned home to relax. An hour and a half later, at 5:30, the models arrived to find The Commons transformed into something straight out of New York's Fashion Week. The runway was assembled and a silk curtain separated the audience from the chaotic backstage. Soon everyone was in their first elegant tuxedo and breathtaking gown, graciously lent by Stars Boutique of Avon, and Hope, the show's backstage coordinator, was efficiently getting everyone into place. While the audience snacked on gourmet hors d'oeuvres, the models prepared to make their first promenade down the runway. The ladies held exquisite flower bouquets, donated by Exquisite Designs, that matched their gowns perfectly. The night progressed like a dream, the models' changes flowed smoothly like a river, and the gentlemen were ready and waiting on the runway platform. This first annual event was an incredible success and can only get better in the future.









Prom Fashion Show

The Models

Clockwise from top left:

Michael Schorr and Jaclyn Blazy take a minute to pose for a quick picture after the show.

Erin McHugh turns to face the camera backstage in her first gown.

Backstage, only thirty minutes before the show is scheduled to begin, the not-yet changed Christopher Bromson stands for a picture with the Class of 2004's Melissa Rancourt.

Emily Merrick, Mike Schorr, and Mitchell Buder pose for a picture after the show in their final outfits.

Jess Rafalowski and Mitchell Buder fit perfectly together as they walk out as the last couple of the evening.

Chris Bromson and Lauren Chaplin glide down the runway like professionals in their simply elegant evening wear.

Stephanie Raducha, Emily Merrick, and Lauren Chaplin pause for a photograph as they make their way backstage to await the begining of the show.





"We grant the wishes of children with life-threatening illnesses to enrich the human experience with hope, strength, and joy."

-The Make A Wish Foundation







Clockwise from top:
Kelsey Sheehan makes a hot chocolate at the Atlas Coffee House.
Creative Clips Pet Salon & Boutique.
The First National Bank of Suffield offers its support to the yearbook.

Ads

Mary Kenney works at Highland Park Market, one of the many businesses that supported our yearbook.



We would like to thank all the businesses and parents that contributed their ads to our yearbook. Your support was greatly appreciated and helped us immensely in making our yearbook. Every ad we received was important in allowing us to create the best yearbook that we could imagine, and because of you, our high school years will be remembered forever.

- Class of 2005



"Luck is when preparation meets opportunity." - Neil Peart

Joseph Abrams

NHS 10, 11 & 12
Spirit Night 11
Hartford Academy 9, 10, 11 & 12

"Either make it count or give up now because you're wasting everyones time" -Original

Christine Adams



"El tiempo pasara pero los buenos recuerdos siempre esta ran en mi corazó." - Dany Andrade

Dany Andrade

Soccer 12



"Live as if you were to die tomorrow. Learn as if you were to live forever." - Gandhi

Holly Benard

Band 9, 10, 11 & 12
Giraffe Club 10, 11 & 12
Field Hockey 10, 11, & 12
Jazz Band 10 &11



To Christopher:

When you were just a little boy
you always brought us so much joy
and even though the years have passed
The joy you bring just grows and lasts

Wherever the road takes you Toph
Our love will always be with you

Gig and Max

Congratulations to Christopher Edward,
his friends and the Class of 2005





"Mistakes from the past only make you stronger in the future."
- Unknown

Lindsay Bertrand



" I am not interested in money. I just want to be wonderful."
- Marilyn Monroe

Christy Biddlecom

J.V. Softball 9 & 10
Varsity Softball 11
Cheerleading 10 & 12



"Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." - Matthew 6:34

Kelly Blais

Softball 10, 11 & 12
Dance Team 9, 10, 11 & 12
NHS 10, 11 & 12
Camerata 10, 11 & 12
SAB 11 & 12



"Pictures are better than words because some words are big and hard to understand."
- Family Guy

Jackie Blazy

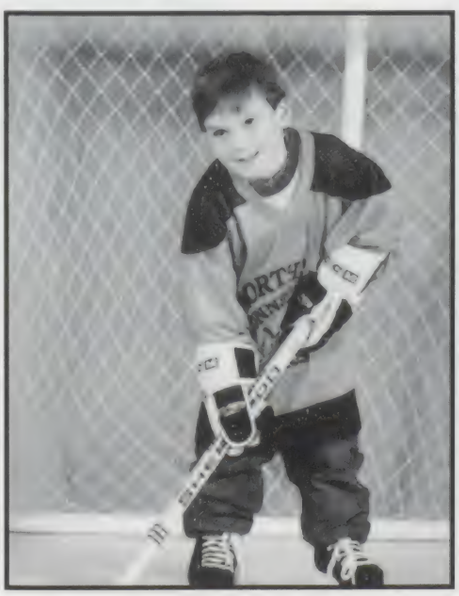
Debate Team 9, 10, 11 & 12
Student Senate 10, 11 & 12
Indoor Track 9, 10, 11 & 12
Track & Field 9 & 10







CONGRATULATIONS SCOTT
ALL NEW BEGINNINGS SHOULD START WITH OPTIMISM, DILIGENCE, AND HIGH EXPECTATIONS. GOOD LUCK SR, YOUR FUTURE LOOKS BRIGHT!
LOVE,
MOM, DAD, AMANDA, AND DEXTER









"Never let your sense of morals get in the way of doing what is right."
- Isaac Asimov

Daniel Book

NHS 11 & 12
Robotics 9, 10, 11 & 12
Jazz Band 9, 10, 11 & 12



"To the world you may be just one person, but to one person you may be the world."
- Unknown

Kathryn Brewer

NHS 11 & 12
Giraffe Club 11 & 12
Cross Country 10 & 11
Indoor Track 9, 10, 11 & 12
Spirit Night Committee 9, 10, 11 & 12



"Perfection is the ultimate addiction."
-Janice Dickinsen

Chris Bromson

NHS 10, 11 & 12
Pole Vaulting 9 & 10
Yearbook Editor 11 & 12
Class Council 9,10,11 & 12
Student Senate 9,10,11 &12

"In the end you're just like the rest. Still lost at sea and the storm you fear is only you."
-Go Betty Go

Catherine Brunette

Anime Club 12
Musicals 9, 10, 11 & 12
Drama Club 10, 11 & 12
Cheerleading 9, 10, 11 & 12
Japanese Culture Club 10, 11 & 12

Congratulations
Michael

We are so proud of you and your accomplishments in school and track. Continue to set your goals high and you'll be successful at whatever you do. Chase your dreams and never settle for less than your best.

We love you,
Mom, Dad
Meghann, and Rachael





P.S. Run Forrest Run

CHELSEA,
CONGRATULATIONS!
WE ARE BEAMING WITH PRIDE FOR YOU AND YOUR ACCOMPLISHMENTS.
WITH ALL OUR LOVE,
MOM & DAD



CONGRATULATIONS BRIAN!

WE ARE SO VERY PROUD OF YOU AND YOUR ACCOMPLISHMENTS. MAY YOUR FUTURE BE FILLED WITH AS MUCH HAPPINESS AS YOU HAVE BROUGHT US OVER THE YEARS.

**LOVE,
MOM, DAD, AND
PAUL**



It is not the position, it's the person.
It is not the present circumstances that count
But the circumstances you create that are important.
The only limit on your ability is you,
And all that is needed is a plan, a roadmap,
And the courage to press on to your destination.
With God's help, Your possibilities are endless.



May All Your Dreams Come True.....
We are so proud!!

Love,
Mom, Ashley &
Dylan
Kiwi, Petey, Tabby,
Tessa, & Tilly



"If a little dreaming is dangerous, the cure is not to dream less but to dream more."
-Marcel Proust

Peter Brunette

NHS 12, 11 & 12
Art Club 10, 11 & 12
Anime Club 10, 11 & 12
Drama Club 10, 11 & 12
Literary Magazine 11 &12



"I was sitting around Thursday night looking for a quote, when I realized I can't sum up my life in 110 letters."
-Mitchell Buder

Mitchell Buder

NHS 10, 11 & 12
Tennis 10, 11 & 12
Soccer 9, 10, 11 & 12
Class President 11 & 12
Debate Team 10 Captain- 11 & 12

"Life is like riding a bicycle. You don't fall off until you stop peddling."
-Claude Pepper

Lauren Carroll



"We think about tomorrow, then it slips away, we talk about forever but we've only got today. We'd better start living right now."
-Unknown

Nina Caruso

Soccer 9, 11 & 12
Spirit Night Committee 9, 10, 11 & 12



Congratulations

Kara Pellin

and Class of 2005

We have always admired your determination and perserverance.
You are so special to us.
You have made us so very proud of your accomplishments and achievements.
May all of your future dreams come true.
We love you!

Love always,
Mom, Dad, Michael and Katelyn,
Molly, Ted, and Russell





"A day without laughter is a day wasted."
-Charlie Chaplin

Lauren Chaplin

Interact Club 11
Horseback Riding

"Concentration and mental toughness are the margins of victory."
-Bill Russell

Billy Chapman

NHS 11 & 12
Giraffe Club 10, 11 & 12
Basketball 9, 10, 11 &12
Cross Country 9, 10, 11 & 12
Track and Field 9, 10, 11 & 12



"What if some kids dreamed of being farmers, but sometimes settled for being astronauts?"
-Pupoint Ad

Vicky Christian

NHS 10, 11 & 12
FFA 9, 10, 11 & 12
Camarata 10, 11 & 12
Musical 9, 10, 11 & 12
Track and Field 10, 11 & 12



"If I brought happiness to just one person, if I have loved and learned, then my time here has been fulfilled."
-Unknown

Jen Cmara

Track 10, 11 & 12
Dance Team 9, 10, 11 & 12
Spirit Night 9, 10, 11 & 12



LAUREN KATE CICITTO

From little Red Sox fan to graduatiing senior.

Congratulations! We are so proud of you.

Love,
Mom, Pop
Livie & Maddie



LANZE, we are so very proud of you!
Good luck in college and life as you
"Manifest Your Greatness!"



We Love You,

Dad, Mom,
Nana, Rachel,
& Jade.

Christy,
Congratulations! We're so proud of you. Remember... you can achieve anything you reach for.





We love you,
Mom, Dad and Ashley

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Fri. 9:30-6
Sat. 9:00-2



"Impossible is nothing."
-Unknown

Michal Cocca

NHS 11 & 12
Indoor Track 11 & 12
Outdoor Track 11 & 12



"You only live once, but if you live it right, once is enough" -Unknown

Sarah Connolly

"Only the curious have something to find."
-Nickelcreek

Christina Couture

Softball 10
NHS 10, 11 & 12
Drama Club 10 & 12



"Live your life to the fullest."
-Unknown

Rachael Dardanelli

Gymnastics 9 & 10
Indoor Track 11 & 12
Spirit Night 10, 11 & 12
Outdoor Track 9, 10, 11 & 12

Only as high as you reach can you grow.
Only as far as you seek can you go.
Only as deep as you look can you see,
Only as much as you dream can you be.
-Karen Ravn

Always keep your dreams alive, Megan!

We are so very proud of you, And love you as much as the moon and the stars...
Mom and Dad



Stephi, love and congratulations!
Mom, Dad, and Laurel









"Life is like a piece of wood, its hard."
-Cunningham
"Whoooooo"

Paul D'Elia



"There can be no deep disappointment where there is not deep love."
-Martin Luther King, Jr.

Tiffany Doane

Gymnastics 9
Giraffe Club 11
Softball 10, 11 & 12
Dance Team 10, 11 & 12
Student Activity Board 12



"The only thing that matters is just following your heart and eventually you'll finally get it right."
-The Ataris

Chelsea Donahue

Track 9, 10, 11
NHS 10, 11 & 12
Newspaper 9, 10 & 11
President of '05 9 & 10



"You know this livings not so hard as it seems Don't let your dreams be dreams."
-Jack Johnson

Allie Duni

NHS 10, 11 & 12
Golf 9, 10, 11 & 12
Soccer 9, 10, 11 & 12
Basketball 9, 10, 11 & 12
Class Council Rep. 10, 11 & 12

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Congratulations Class of 2005

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Did you ever know you are my hero?
You are the wind beneath my wings, Christopher.
I love you and know you are going to soar!!!
Love, Mom



"I don't believe in regret. Even if something turns out negatively, you can learn from that situation." -Eve

Krystal Eisenhaure

SAB 12
Yearbook 11 & 12
Dance 9, 10, 11 & 12
Softball 9, 10, 11 & 12

"Excellence is not a singular act but a habit, you are what you repeatedly do.
-Shaquille O'Neal

Tom Emery

Soccer 9
Football 10
NHS 11 & 12
Basketball 9, 10, 11 & 12

"You gotta go! NOW! NO PASS!
-Senor

Nicole Engel

Track 9
Cross Country 9
Dance Team 11 & 12



"Go confidently in the direction of your dreams. Live the life you've imagined."
-Henry David Thoreau

Kayla Fahey

NHS 10, 11 & 12
Giraffe Club 10, 11 & 12
Indoor Track 9, 10, 11 & 12
Outdoor Track 9, 10, 11 & 12
Cross Country 9, 10, 11 & 12

CONGRATULATIONS ASHLEY!
Keep your dreams alive!

I am so very proud of you and all your accomplishments, and the wonderful young women you have become.

You have made me VERY PROUD!!!!
I LOVE YOU, MOM







CONGRATULATIONS JASON!
WE ARE VERY PROUD OF YOU.
MAY ALL OF YOUR HOPES AND DREAMS COME TRUE!
LOVE,
MOM, GLENN & MICHAEL

CONGRATULATION!
LAURA
We Love You,
Grandma, Grandpa and the family



CONGRATULATIONS
KEVIN AND
FRIENDS!!!!!!!!!!!!!!!!!!!!!!!!!!

We are so very proud of you.

Good Luck in college!!!!

Love, Mom, Dad, Patrick and Craig





"There are so many choices, opportunities abound, just be sure to keep things straight, and be sure to stand your ground." - AFI

Ashley Fleming

Swimming 9, 10, 11 & 12
Prom Committee 11 & 12
Spirit Night 9, 10, 11 & 12
Giraffe Club 9, 10, 11 & 12



"We never grow out of this feeling that we won't give up."
-The Starting Line

Caylene Frechette

Golf 10, 11 & 12
NHS 10, 11 & 12
Soccer 9, 10 & 11
Giraffe Club 9, 10, 11 & 12



"It's all right to have butterflies in your stomach. Just let them fly in formation."
-Unknown

Christina Gancarz

Talent Show 10
NHS 10, 11 & 12
Prayer Group 10, 11 & 12
Swimming 9, 10, 11 & 12



"If we weren't so afraid to let go, we wouldn't feel so free when we finally did."
-Dawson's Creek

Stephanie Gauthier

Yearbook 11 & 12
Spirit Night 11 & 12
Dance Team 9, 10, 11 & 12

Major To Minor Auto Repairs

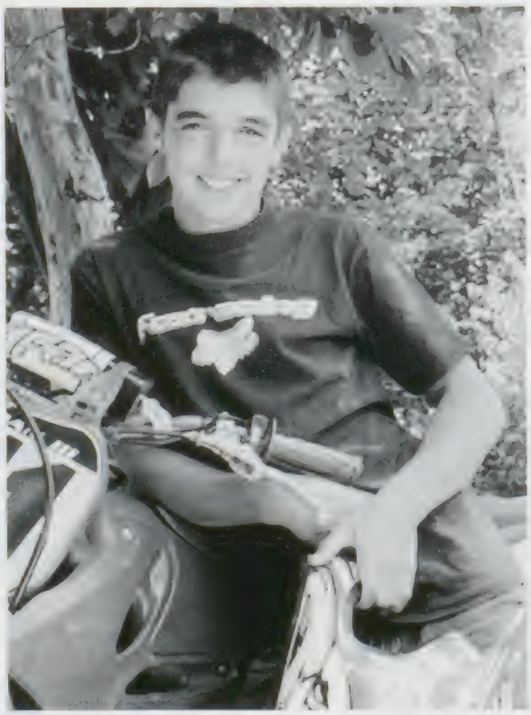
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CONGRATULATIONS JIMMY AND THE CLASS OF 2005!
FROM MOM, DAD, AND JUSTIN





"I'll never reach my destination if I never try, so I will sail my vessel until the river runs dry."
-Garth Brooks

Lauren Hall

NHS 12
Yearbook 11 & 12
Swimming 9 & 10
Interact Club 11 & 12



"I'll spread my wings and I'll learn how to fly- I'll do what it takes til' I touch the sky."
-Kelly Clarkson

Amber Higley

Swimming 12
Golf 9, 10, 11 & 12
Basketball 9, 10, 11 & 12
Giraffe Club 9, 10, 11 & 12

"Be yourself regardless of what others think."
-Oringinal

Laura Hinckely

"Just who up, there is time. Just walk in the light, And all you desire will rise like tides."
-Onelinedrawing

Brianna Hunt

Basketball 9, 10 & 11
Film Festival 10 & 12
Cross Country 9, 10 & 11



Sisters last forever, and so can dreams.
May all your dreams and aspirations come true!
Love Mom, Dad and Kelly



Congratulations
and
Best Wishes to

Laura

and the class of 2005!

Love, Dad, Mom and Keri

CONGRATUALTIONS
ERIN!!

This is how it all started.
Good luck in college
Love you,
Dad









I am so very proud of you, and have enjoyed and will cherish all the years gone by. I look forward to seeing your future unfold as well. I hope for much happiness to you and the class of 2005.
Love, Mom



CONGRATULATIONS
ASHLEY MARIE McMANN!

You have met all of our expectations, personally and professionally.

Love you,
Aunt Sharon
Sentry Security & Detective Agency



RISS,
CONGRATULATIONS!!
GOOD LUCK IN SCHOOL, EVEN THOUGH WE KNOW YOU'LL DO GREAT. WE ARE BOTH EXTREMELY PROUD OF YOU.
LOVE,
DAD AND SHAYNA

Whitney,
Congratulations on the lovely lady you have become. May all your dreams come true. God bless and always know you are loved.

Mom, Dad, Drew & Chris



"Dont tell me the sky's the limit- there are footprints on the moon."
-Unknown

Julie Jenkins

Drama 12
Lacrosse 11
Giraffe Club 9, 10, 11 & 12



"True greatness knows no limits."
Emmitt Smith

Nick Jubrey

Wrestling 11 & 12
Football 9, 10, 11 & 12
Lacrosse 9, 10, 11 & 12

"Play like it's a sin to lose."
-Unknown

Alex Justesen

"First" 10 & 11
Team Invictus 11 & 12



"No eye has seen, no ear has heard, no mind conceived what God has planned for those who love him."
- 1 Cor. 2:9.

Laura Kehoe

NHS 10, 11 & 12
Camerata 9, 10, 11 & 12
Jazz Band 9, 10, 11 & 12
Prayer Group 9, 10, 11 & 12
Student Senate 9, 10, 11 & 12

CONGRATULATIONS
AND
BEST WISHES
SUFFIELD HIGH CLASS OF 2005

from

THE LAW OFFICES OF BROMSON AND REINER

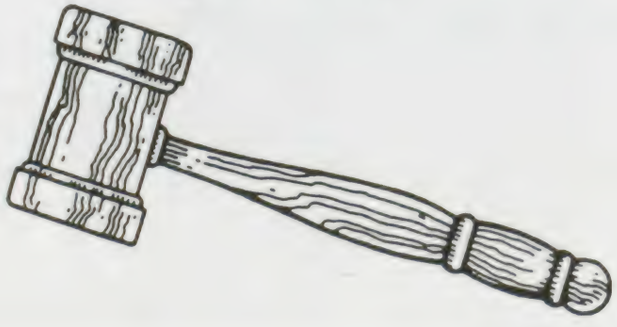
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Mary T. Bergamini, Associate

Donald G. Leis, Jr., Partner
Harry N. Sanderson, Jr., Associate

546 Halfway House Road
Windsor Locks, CT
(860) 627-9341

and

343 Hazard Avenue
Enfield, CT 06082
(860) 749-1146



"Everyone of us gets through the rough times because somebody is there, standing in the gap to close it for us."
-Unknown

Marissa Kiley



"Two and two always equals five."
-Radiohead

Haley Kirkland

Indoor Track 9
Ski Club 9, 10 & 12
Swim Team 9, 10, 11 & 12



"Sometimes in life you've gotta go up the down escalators."
-Unknown

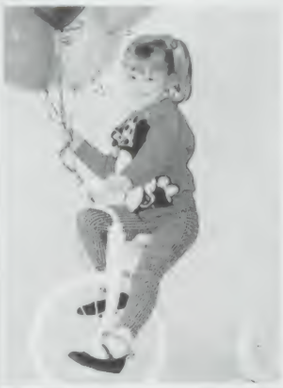
Tara Kirkland

Dance Team 11
Track 9, 10 & 11
Ski Club 11 & 12
Yearbook 11 & 12
Gymnastics 9 & 10

"Action is the foundational key to success."
- Tony Robbins

Brian LaFlesh

Basketball 9
Giraffe Club 10
Scholar Athlete 11
Golf Team 10, 11 & 12
Scholars Breakfast 9, 10, 11 & 12



Congratulations Ashley!

Reach for the stars. You can be anything you want to be. Grandpa would be so proud of your accomplishments!

Love you,
Nana

P.A. Bland & Associates

Patricia & Jerry Bland
Agents

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Fax: 860-668-3910



Congratulations Krystal on all your achievements. Now you are off to college, where has the time gone? We are so proud of you.

Love Mom, Dad, and Kyle

Congratulations, Robyn! We are very proud of you and love you very much.
Love. Mom. Dad. and Shannon



CONGRATULATIONS OOOH-DAH!
GOOD LUCK IN COLLEGE!
MAKE US PROUD!



LOVE,
BUB

Congratulations and Best Wishes to

Scott

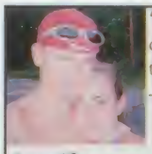
and the Class of 2005!





We are so proud of you and all that you have become!

Love always,
Mom, Dad & Mark



"What's better... a lie that draws a smile or the truth that draws a tear?"
-Unknown

Jennifer LaPlant

Yearbook 11 & 12



"Tomorrow is no place to place your better days."
-Dave Matthews

Chelsea Lawrence

Student Council 11 & 12
Giraffe Club 10, 11 & 12
Indoor Track 9, 10, 11 & 12
Outdoor Track 9, 10, 11 & 12

"The only thing that matters is just following your heart and eventually you'll get it right."
-Unknown

Kelie Lee



"The time has finally come when I can say, that this has all been wonderful, but now I'm on my way."
-Phish

Kristen Lefferts

NHS 10, 11 & 12
Soccer 9, 10, 11 & 12
Giraffe Club 9, 10, 11 & 12
Peer Mediation 10, 11 & 12
Class Council 9, 10, 11 & 12

Ashlee,

We are so proud of you!
Good Luck in your future endeavors.

Love,
Gram and Mom



Congratulations, Jaime!
We are so incredibly proud of you and all you'be accomplished
All our love,
Mom, Dad and Tyler





Congratulations!
May all your dreams come true.
SKATE ON!!

Love,
Mom & Dad

CONGRATULATIONS
Aaron Smith, Ashley Taylor, Chris Bromson, and THE CLASS OF 2005!
From The Yearbook Staff

It seems so far, but yet so near.
That you were just a little dear.
Now here you are all grown up and ready.
To meet new challenges slow and steady.
We loved you then and even more now.
So go on ahead and take a bow!



Love, Mom, Dad, Jeff, Marisa & Evan

Caylene,



17 wonderful years and counting.
Congratulations!



Love Mom & Dad

Joe-

Always remember the music in life.
Always remember your desire to fly.
We love you,
Mom, Dad, J.J. & J.





"History will be kind to me for I intend to write it."
-Winston Churchill

Emily Leveille

Musical 90
NHS 10, 11 & 12
FFA 9, 10, 11 & 12
Student Senate 11 & 12
Envirothon 9, 12, 11 & 12

"Say goodnight before you ever say goodbye."
-Vendetta Red

Kristin Liquori

Track 9 & 10
Soccer 9 & 10
Indoor Track 9, 10 & 11



"Be who you are and say what you feel, because those who don't matter mind and those who do matter don't mind."
-Unknown

Sarah Loveland

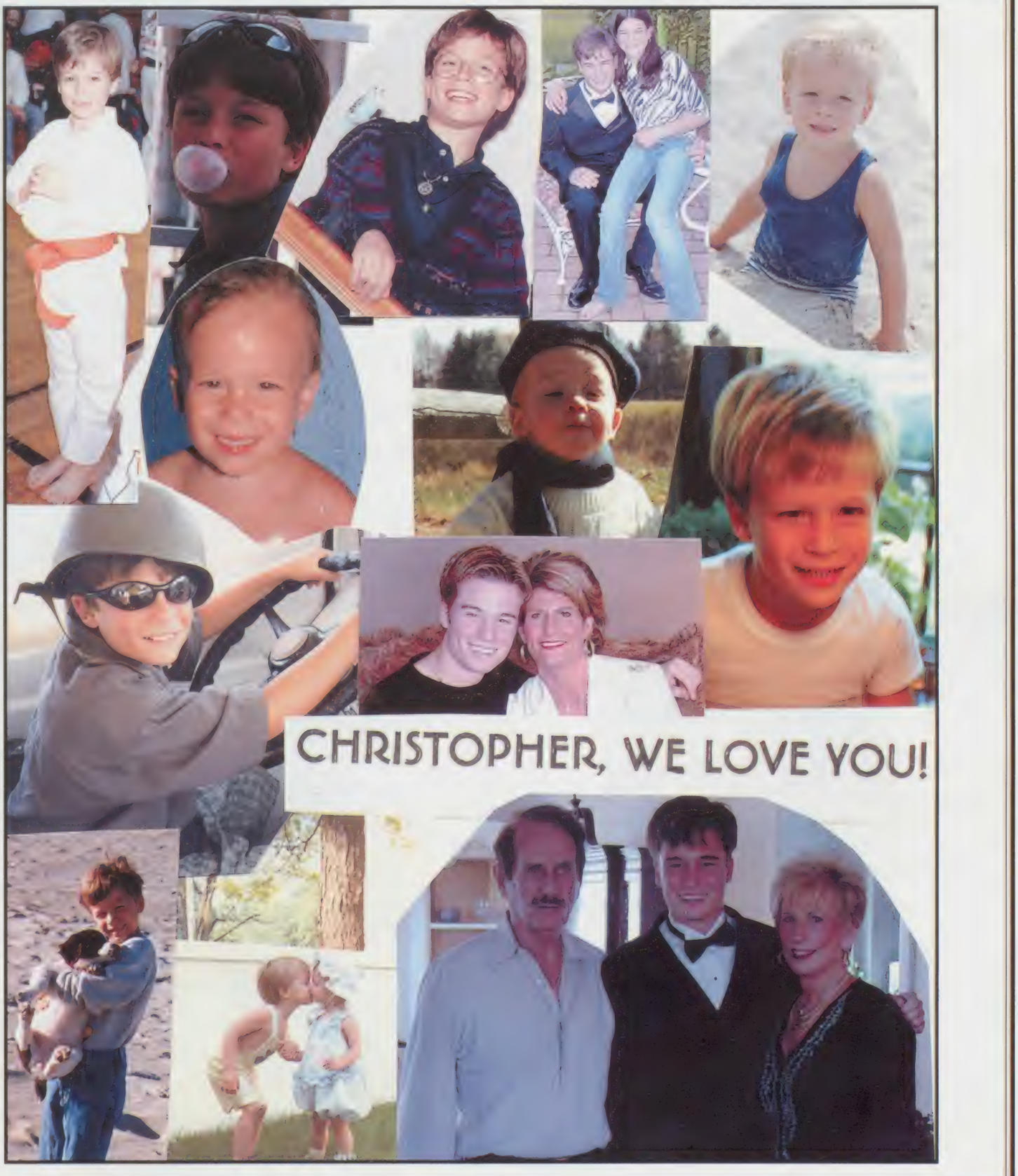
Drama 10, 11 & 12



"The future belongs to those who believe in their dreams."
-Unknown

Heather Luzusky

Softball 9, 10, 11 & 12





"Be not angry that you cannot make others as you wish them to be since you cannot make yourself as you wish to be"
-Unknown

Christina Marek

Varsity Baseball Manager 11



"Could a greater miracle take place than for us to look through each other's eyes for an instant?"
-Thoreau

Emily Merrick

NHS 10, 11 & 12
Giraffe Club 9, 10, 11 & 12

"What we do in life echoes in eternity."
-Gladiator

Sean McGuiness

"The Hobbit" 10
Life 9, 10, 11 & 12
Track 9, 10, 11 & 12
Debate Team 9 & 10



"If you only have two pennies, buy a loaf of bread with one and a li with the other."
-Chinese Proverb

Erin McHugh

Track 1
NHS 10, 11 & 1
Yearbook 11 & 1
Soccer 9, 10, 11 & 1
Giraffe Club 10, 11 & 1



From Kindergarten to High School!! You've come a long way #18!!



Congratulations Sarah! Love Mom, Dad and Paul











Jaclyn,
You make us proud everyday.
We love you!
Mom, Dad, Julia and
Buddy







Congratulations, Devin!!!
"Go confidently in the direction of your dreams."
We are so very proud of you!!!
Love, Mom, Dad, and Tyler





"I decided long ago, never to walk in anyone's shadow. If I fail, if I succeed, at least I did as I believe!"
-Whitney Houston

Ashley McMann

Softball 9 & 10
Police Explorers 11 & 12
Musical/Drama 9, 10, 11 & 12
School Partnership Program 11 & 12



"Yesterday is history, tomorrow is a mystery, today is a gift; that is why it is called the present." -Unknown

April Morrison

Cross Country 9 & 10
Outdoor Track 9, 11 & 12
Student Senate 10, 11 & 12
Indoor Track 9, 10, 11 & 12
Class Treasurer 9, 10, 11 & 12

"Hold fast to dreams, for if dreams die, life is a broken winged bird that cannot fly."
-Langston Hughes

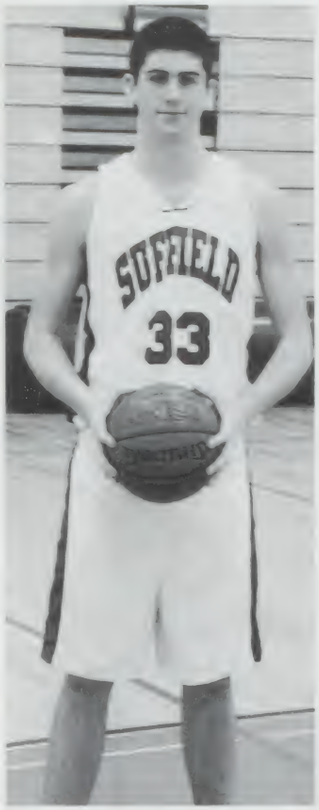
Jillian Moser

FFA 9, 10, 11 & 12
Envirothon 9, 10, 11 & 12

"No matter where you go, there you are."
-Crash

Alex Munson

TaeKwonDo 10
Debate Team 11
Vocal 9, 10, 11 & 12
Camerata 9, 10, 11 & 12



BILL

CONGRATULATIONS

WE ARE VERY PROUD OF ALL YOU
HAVE ACCOMPLISHED IN HIGH SCHOOL

GOOD LUCK IN COLLEGE
REACH FOR THE STARS

LOVE MOM, DAD, ROB, & MICHAEL



Congratulations Ashley!

Wishing you continued happiness & success as you go off to college. We are very proud of you & we love you!

Love,
Mom, Dad & John

Emily,

"Put your future in good hands— your own."

Author unknown

You have blossomed into the daughter, student and scholar any parent could hope for. You have made us proud every step of the way.

Graduation is just the begining of a wonderful journey!

Love you always,

Mom and Dad



"You miss 100 percent of the shots you never take."
-Wayne Gretzky

Scott Murdock

Soccer 9
Football 10
Lacrosse 11 & 12
Hockey 10, 11 & 12

"The world's a stage and most of us are desperately unrehearsed."
-Sean O'Casey

Lisa Muscarella

Newspaper 11 & 12
Drama Club 10, 11 & 12
Literary Magazine 10, 11 & 12



"Experience is a hard teacher because she gives the test first, the lesson afterwards."
-Vernon Saunders Law

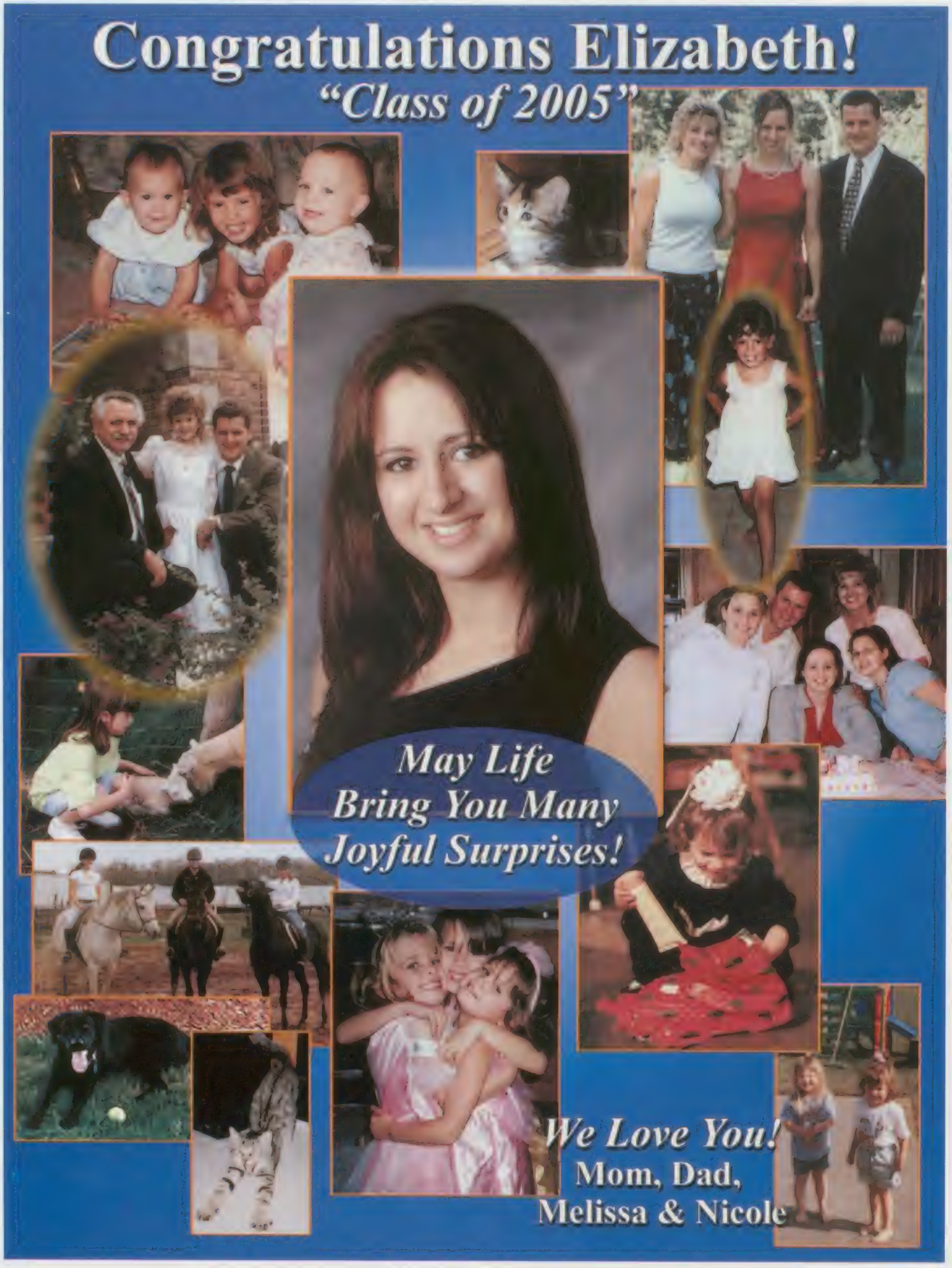
Sarah Padegimas

Giraffe Club 12
NHS 10, 11 & 12
Track 10, 11 & 12
Soccer 9, 10, 11 & 12
Dance Team 9, 10, 11 & 12

"Be content with what you are, and wish not to change; nor dread your last day, in or long for it." -Unknown

Rachel Panasiewicz

Swimming 9, 10, 11 & 12

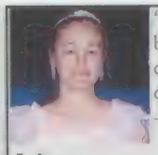




"Never let the past dictate who you are."
Unknown

Lisa Pastula

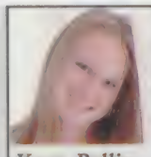
Swimming 11
Musical 10 & 11
Drama Club 10, 11 & 12



"Life is a series of beginnings that bring us closer to the realization of our dreams"
-Edith Lederberg

Jaime Pearsons

NHS 12
Band 9, 10, 11 & 12
Softball 9, 10, 11 & 12
Camerata 9, 10, 11 & 12
SHS Musicals 9, 10, 11 & 12



"Very little is needed to make a happy life; it is all within yourself; in your way of thinking"
-Marcus Aurell

Kara Pellin

Basketball 9
Field Hockey 10
Softball 9, 10 & 11
Student Helping Society 9 & 10

"Fighting liberals with half of my brain tied behind my back."
-Rush Limbaugh

Tim Pepler

Anime Club 10 & 11









For memories never forgotten,
and those still left to be made
Best of luck in the future!

Love Mom, Greg, Gram, Billy, Lynne, Molly, Simba, Toe-Ball, Spot, Lilly, and Tiger





"The easiest question to ask is why, the hardest question to answer is why not! - created by Kory "Peabody" Peterson

Kory Peterson

Peabody - forever!
Lacrosse 9, 10, 11 & 12
Sprit Night 9, 10, 11 & 12

"Fall seven times, stand eight."
-Japanese Proverb

Siena Picchino

Art Club 11 & 12
Drama Club 10, 11 & 12



"It is in your moments of decision that your destiny is shaped."
-Tony Robbins

Robert Poit

NHS 12
Baseball 9, 10, 11 & 12
Scholars Breakfast 9, 10 & 11



"Ask not what your country can do for you; ask what you can do for your country."
-John F. Kennedy

Devin Potter

Tennis 11
Indoor Track 9
NHS 10, 11 & 12
Giraffe Club 10, 11 & 12
Student Senate 9, 10, 11 & 12

Congratulations Lisa!

We are so very proud of you!!

Be adventurous.
Be trusting.
Be courageous.

Be daring.
Be patient.
Be ready.

Be passionate.
But most of all,
Be yourself.



Love always,
Mom, Dad, Jessica,
Grandma and Grandpa



"I am an optimist. But I am an optimist who brings my raincoat."
-Harold Williams

Stephanie Raducha

NHS 10, 11 & 12
Giraffe Club 10, 11 & 12
Debate Team 10, 11 & 12
Irish Step Dancing 9, 10, 11 & 12



"You dont want to be here in the future, so you say, the present is just a pleasant interruption to the past."
-S.C.-

Taryn Ramsdell

Soccer 9, 11 & 12
Basketball 9, 11 & 12
Baseball 9, 11 & 12
Debate Team 9, 10 & 12
NHS 11 & 12

"Two things are infinite: the universe and human stupidity; and I'm not sure about the universe."
-Einstein

LeRoy Robinson

Newspaper 11 & 12
Hartford Student 3 - 12
Student Senate 10, 11 & 12



"You're the reason I live, You're the reason I die, You're the reason I give, When I break down and cry, Dont need no reason why."- Angel

Mary Robinson

NHS 10, 11 & 12
Musicals 9, 10 & 11











Congratulations Andrew!
You are an amazing person.
Your gifts of love, laughter, and joy touch the lives of many, especially your family. How truly blessed we are by your presence.
Best wishes for a bright and shining future.

We love you,
Mom, Pop, Nanny, Christine, Leonard, Emily & Mathew
xoxoxoxoxoxoxoxoxo

















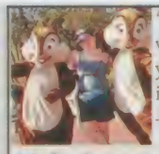
Nick
Roder-Hanna

NHS 12
Lacrosse 9 & 10

"Great spirits have always encountered violent opposition from mediocre minds."
-Albert Einstein

Teresa
Rogers

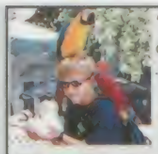
Golf 10, 11 & 12
Soccer 9, 10, 11 & 12
Basketball 9, 10, 11 & 12



"Why be difficult when, with a little bit of effort, you could be impossible?"
-Unknown

Melanie
Romano

NHS 12
Musical 9, 10 & 11
Anime Club 11 & 12
Camarata 9, 10 & 11
Literary Magazine 10, 11 & 12



"Dream until your dreams comes true."
-Steven Tyler

Chris Rueli

Football 1
Indoor Track
Giraffe Club 10 & 1
Ski Club 9, 10, 11 & 1



Lauren,
In the journey to your excellent future, carry with you our forever love.
The best is yet to come.

Love,
Mom, Dad, Mark, Alex & Eddie



Congratulations Tara!
Good Luck in College.
We are so proud of you!
Love,
Mom, Greg, Caitlin and Kieran

Congratulations Ryan!
We are so proud of you!

Love,
Mom, Dad, Travis and Shannon



"I have learned all the rules there are to playing guitar... Now it is time to break them."
-Unknown

Dan Sablotny

"Life's a blank canvas. Are you gonna fill it? Or are you just gonna doodle?"
- Michael Carney as Todd Foley

Becky Schnaars

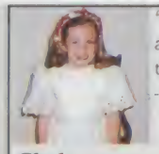
FFA 9, 10, 11 & 12



"I only regret that I have but one life to give for my country."
-Nathan Hale

Mike Schorr

NHS 10, 11 & 12
Tennis 10, 11 & 12
Giraffe Club 11 & 12
Soccer 9, 10, 11 & 12
Student Senate 10, 11 & 12



"Faith, hope, and love abide and the greatest of these is love."
-1 Cor. 13:13

Chelsea Seabury

Interact Club 11
NHS 10, 11 & 12
Giraffe Club 11 & 12
Camerata 10, 11 & 12
Musical 9, 10, 11 & 12

Nate;
Every child an honor, a gift, a challenge.



Once you can accept the universe as matter expanding into nothing that is something, wearing stripes with plaid comes easy.

Albert Einstein



Dear Mary,
We are very proud of you and all that you have accomplished. With hard work and determination you can achieve all of your dreams. We believe in you.

Love Mom and Dad



Steph:
You are a great daughter, friend, and a very special young woman. I am so proud of you! Best of luck in college-I miss you already!

I love you with all my heart!
Mom



Mazel Tov to Elianna and Selena Starr



The joy and light of our lives.

Love you always,
Mom and Dad



"Live life to the fullest."
-Nate Slater

Kelsey Sheehan

NHS 12
Ski Club 9, 10 & 12
Cross Country 9, 10 & 11



"Always forgive your enemies–Nothing annoys them so much."
-Oscar Wilde

Jimmy Sheridan

Mountain Bike 11
Wrestling 9, 10, 11 & 12
Student Senate 10, 11 & 12



"Nothing in the world is accomplished without passion."
-Unknown

Katelin Sherman

Ski Club 9 & 10
Yearbook 11 & 12
Swimming 9, 10, 11 & 12



"I don't always know what I'm talking about but I'm right."
-Muhammed Ali

Aaron Smith

NHS 10, 11 & 12
Baseball 9, 10, 11 & 12
Football 9, 10, 11 & 12
Basketball 9, 10, 11 & 12
Class Council 10, 11 & 12

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Kathryn Brewer
and
the Class of 2005!



"Don't copy customs of this world, but be a different person with a fresh newness in all you do."
-Romans 12:2

Robyn Smith

NHS 10, 11 & 12
Band 9, 10, 11 & 12
Peer Mediation 10, 11 & 12
Giraffe Club 9, 10, 11 & 12
Prayer Group 9, 10, 11 & 12

"If it can't get better, it can always get worse."
-Unknown

Lanze Spears



"Our time here is short so we might as well give life all we've got."
-Unknown

Kelly Spremulli

Drama 10
Spirit Night 10, 11 & 12
Dance Team 9, 10, 11 & 12
Yearbook Committee 11 & 12

"Illusions are art for the feeling person, and it is by art that you live, if you do."
-Elizabeth Bowen

Elianna Starr

NHS 12
Giraffe Club 9 & 10

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"Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep."
-Scott Adams

Selena Starr

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Giraffe Club 9, 10 & 11



"In Learning you will teach, and in teaching you will learn, you'll find yourself beside the ones you love."
- Phil Collins

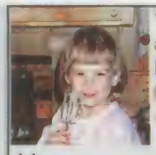
Aaron Stepanek

NHS 12
Football 11
Drama 11 & 12
Musical 9, 10, 11 & 12
Camerata 9, 10, 11 & 12

"Love ain't an emotion, man, it's a way of life."
-Unknown

Steve St.John

Philosophy
Music, Comp. & Theory



"What would you attempt to do if you knew you could not fail?"
Unknown

Megan Sweeney

NHS 12
Golf 11 & 12
Soccer 11 & 12

Katelyn with that warm hopeful smil
Agirl of precious class and style,
Touched by our love all the while
Every year brings awesome views–
Lines at Disney, the Vineyard beach
Your ambition to learn and teach
Now to wider worlds you proudly reach.



Love,
Mom, Dad, Emily and Sean



Congratulations Holly!
We are so proud of you.
Your future looks as bright as your smile.
God Bless
Love Mom and Dad



ALLIE...
You are a wonderful, terrific, and special person.



If you don't go after what you want, you'll never have it. If you don't ask, the answer is always no. If you don't step forward, you're always in the same place.
-Nora Roberts



We hope only good things for you. You know that we love you.
Dad, Mom, Erik, Barton and Gus





Chelsea

From preschool to high school, you've amazed us with your talents, impress us with your wisdom, and blessed us with your love.

Now follow your dreams, do great things, and be happy!



LOVE, Mom Dad + Jackie



"Do not be overcome by evil. but overcome evil with good"
-Romans 12:21

Whitney Tagliavini

NHS 11 & 12
Yearbook 11 & 12
Soccer 9, 10, & 11
Track 9, 10, 11 & 12
Indoor Track 9, 10, 11 & 12

"Don't give up on something you can't go a day not thinking about."
-Unknown

Ashley Taylor

NHS 10, 11 & 12
Yearbook 11 & 12
Basketball Manager 9, 10, 11 &12

"Present yourself with power."
-Dino (Dad)

Liz Tittarelli

Indoor Track 10
Swim Team 11 & 12
Horseback Riding 9, 10, 11 & 12



"There are those in life who make things happen, watch things happen, and those who say, what happened?"
--Original

Jason Trombly

Ski Club
Mountain Bike Team Captain

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"Live like you were dying."
-Unknown

Scott VanHaltern

Soccer 9, 10 & 12
Lacrosse 9, 10 & 11
Hockey 10, 11 & 12

"It's your life, live it the way you want. Just take hold and run with it."
-Original

Morgan VonEisengrein

FFA 9, 10, 11 & 12
Student Senate 9 & 10
Morning Announcements 10, 11 & 12



"Courage is the power to let go of the familiar."
-Raymond Lindquist

Nadine Wright

Band 9, 10, 11 & 12
Newspaper 9, 10, 11 & 12
Field Hockey 9, 10, 11 & 12



"Give the world the best you have, and the best will come back to you."
-Mary Hinge DeVere

Ryan Wilson

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"Work like you don't need the money, Dance like noone's watching you, Love like you've never been hurt."
-Unknown

Katelyn Willoughby

Indoor Track 10 & 11
Giraffe Club 10, 11 & 12
Field Hockey 9, 10, 11 & 12
Outdoor Track 9, 10, 11 & 12



"In a thousand years, after a thousand tears, I will find my original crew."
-OAR

Christina White

Yearbook 11 & 12
Tennis 10, 11 & 12
Giraffe Club 10 & 11
Spirit Night 9, 10, 11 & 12



"Everything in life happens for a reason."
-Unknown

Jennifer West

Track 9, 10, 11 & 12
Spirit Night 10, 11 & 12
Swim Team 10, 11 & 12
Dance Team 10, 11 & 12



Shaundre Brown







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Lauren
Cicitto



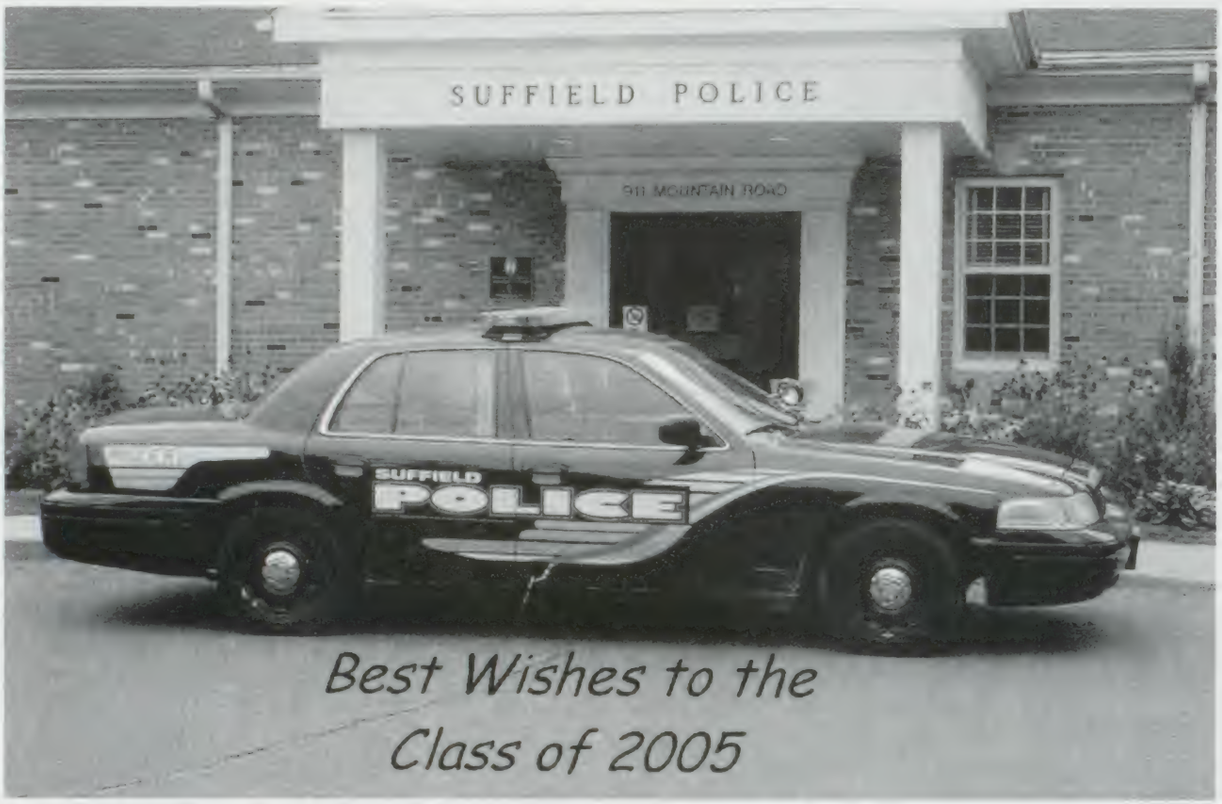
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Edwards



Ashlee
Harnedy



Katelyn
Lavoie



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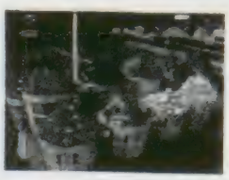


Congratulations Rachael and the Class of 2005

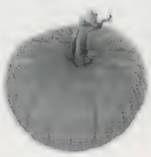


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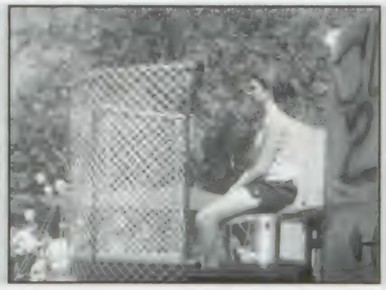


Best Wishes to the Class of 2005 and especially to Brian, Wes, and Andy!

-The Suffield Fire Dept.









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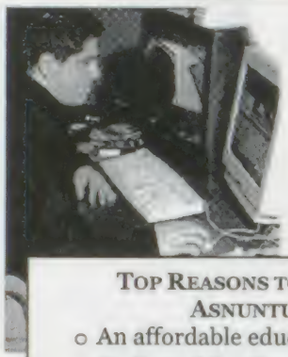


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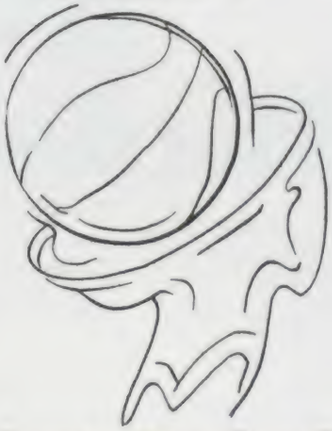
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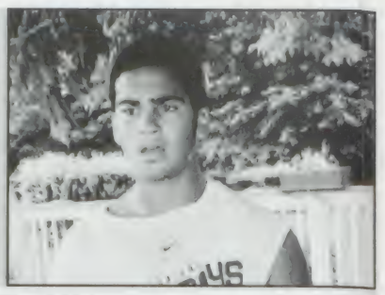
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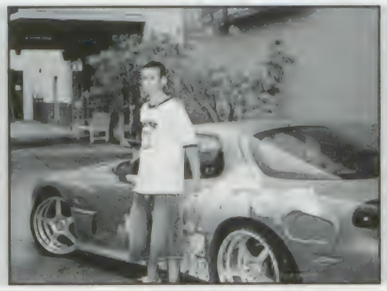
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Good Luck Jimmy!

Love,
Edzui, Laurie
and Holly

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Congratulations
Brian Laflesh
and
Justin Drenzek

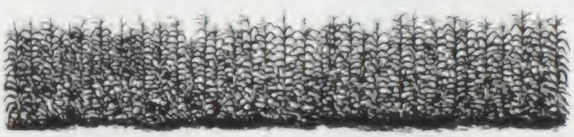


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LOOK OUT WORLD.....

HERE SHE COMES!



CONGRATULATIONS LAUREN!
WE LOVE YOU
DAD, EILEEN, GREG AND PARKER

CONGRATULATIONS TO THE CLASS OF 2005!

FROM ALL OF YOUR FRIENDS IN YEARBOOK.

Good Luck to Our Stars!!!



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THE MAGIC DOESN'T JUST HAPPEN, WE MAKE IT HAPPEN










Sarah-
Congratulations!!
We are very proud of you!
May all your dreams come true!

Love,
Mom, Dad, Amanda & Tom



Kristin,

I am so proud of you!







Love, Mom

Congratulations Tom!

Just like the Red Sox,
your championship run
has just begun!



Love, Mom, Dad, Joelle,
Rob and Amanda







Aaron, Wishing you happiness & success!
Love, Mom, Dad & Sean










Congratulations Chris

and the Class of 2005!
We're very proud of you!




Love,
Mom, Dad, Brendan and Brian






LeRoy!
You have made us proud!
Congratulations on completing the first phase of your future
Continued success and best wishes for all your future endeavors.
May all your dreams come true.

Love,

Mom, Dad
and Simone



CONGRATULATIONS TO THE CLASS OF 2005

FROM ALL YOUR TEACHERS

THE SUFFIELD EDUCATION ASSOCIATION

BEST WISHES FOR SUCCESS IN ALL OF YOUR FUTURE PLANS!

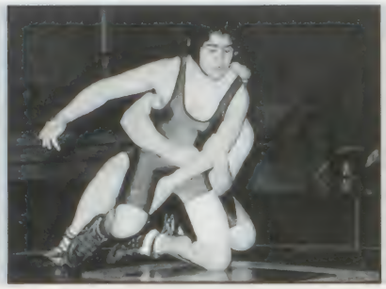
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Sarah Padegimas & The Class of 2005!!

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CONGRATULATIONS Kelly!

You have given us so much joy-
and so many reasons to smile.
Your optimism and energy will take you
on a wonderful journey if you follow your dreams!

Love, Mom & Dad, RJ, Scott, Matt, and Chris



Jen

Congratulations! It seems like yesterday you were starting school and now you are graduating. You have grown into a beautiful young woman and we are so proud of your accomplishments. Continue to follow your dreams. We wish you every success in whatever your future holds.

All our love always,

Mom, Dad, and Michelle












Congratulations Shawna!

(a.k.a. Smidge, Scrunchy, Tweet)

Walking in the path of life is ever changing.
Don't let the fences get in the way of your dreams.
We know you'll succeed at everything you want to.
Follow your heart, follow your dreams, reach for the stars!

We love you,

Mom, Chris and Ryan





Congratulations Jenn!



May all of your dreams come true!
We are so proud of you!






Love,
Mom, Dad and Kelley









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